

H1N1

FACTS:

- Arrived 4/09, World Health Organization declared pandemic 6/09
- A "mild" virus, flu symptoms for several days-up to a week
- Little immunity, so widespread impact (seasonal flu affects 15% of population, H1N1 projected to affect 30-35% of population)
- Transmitted person-to-person by droplets from coughing or sneezing
- Confirmed and probable incidence rate highest for: age 0-4, 5-24
- Hospitalizations highest for age 0-4, 65 and over

PREVENTION STRATEGIES:

- Cough or sneeze on sleeve, the "Dracula Sneeze"
- Hand washing (up to 20 seconds) or alcohol-based hand sanitizers
- Stay home when ill, up to 24 hours after fever, without fever-reducing medication
- Vaccination

PARKROSE SCHOOL DISTRICT PLANNING AND ACTIONS:

- Guidance from local level-Multnomah County Public Health Director
- MESD Health Services provides information to district point person
- Flu Facts, prevention information sent to parents, school staff
- Planning Regional Vaccination Clinic at PHS
 - Coordinated by MESD and Multnomah County Public Health
 - Evening clinics (3 to 7 pm) Mid-October through mid-December, on rolling schedule, multiple sites
 - Vaccine and supplies supplied by Federal government, offered at no cost to community (if insured, may bill administration cost to insurance)
 - District provides facility, volunteers, security, disseminates information
 - MESD or Public Health Nurses administer vaccinations
 - Parent authorization required

NEXT STEPS:

- Planning for impact of high student/staff absences
- Considerations for closure decisions: impact on missed learning time, contractual obligations, student activities, feeding program, etc.