## Students

## Student Concussions and Head Injuries

The Superintendent or designee shall develop and implement a program to manage concussions and head injuries suffered by students during school or school-related activities, including but not limited to, intramural and interscholastic athletics. The program shall:

- 1. Comply with the concussion protocols, policies, and by-laws of the Illinois High School Association, including but not limited to, its *Protocol for NFHS Concussion Playing Rules* and its *Return to Play Policy*. These specifically require that:
  - a. A student who exhibits signs, symptoms, or behaviors consistent with a concussion in a practice, game or school activity shall be removed from participation or competition immediately.
  - b. A student who has been removed from an activity for a possible concussion or head injury may not return to that activity unless cleared to do so by a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer.
  - c. If not cleared to return to play the same day he or she is removed, a student athlete may not return to play or practice until the student has the school with written clearance from a physician licensed to practice medicine in all its branches in Illinois or a certified athletic trainer working in conjunction with a physician licensed to practice medicine in all its branches in Illinois.
- 2. Inform students and their parents/guardians about this Policy in an Agreement to Participate (for athletes) and via the Parent-Student handbook.
- 3. Educate staff members, coaches, students, and parents/guardians about the nature and risk of concussions and head injuries, including but not limited to, the risks inherent in continuing to play a sport or activity after a concussion or head injury using educational materials from the Illinois High School Association and this policy.
- 4. Require staff members to notify the parent/guardian of a student who exhibits symptoms consistent with that of a concussion or head injury.

LEGAL REF.: 105 ILCS 5/10-20.53.

CROSS REF.: 4:170 (Safety), <u>6:190 (Extracurricular and Co-Curricular Activities)</u>, 7:300 (Extracurricular Athletics)

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