



East Lansing Public Schools

Rights, Respect and Responsibility: Recommended Curriculum

November 10th, 2025 - ELPS Board of Education Meeting



Presentation Overview

1. Overview of HIV/Sex Education for ELPS
2. Curriculum Review and Recommendation Process
3. Rights, Respect and Responsibility, Michigan Aligned, High School Lessons

Summary of HIV/STI and Sex Education for MI Schools



Every Michigan district is required to provide HIV education at least once at each building level (Elementary, Middle School and High School)

In the State of Michigan, it is optional to offer Sexual Health Education in addition to HIV education, however they must follow the law pertaining to content and process.

Michigan State Law requires that every district that chooses to implement sex education must have a sex education advisory board (SEAB).

Every district choosing to have a sex education program must have a sex education supervisor who supervises the instruction. Materials and methods must be approved by local school board before use in classrooms.

For Sex Education and HIV/AIDS instruction, parents and/or legal guardians have the right to:

- Review the content of the instruction.
- Review materials in advance.
- Their right to observe instruction.
- Their right to excuse their child without penalty

Sex Education Advisory Board (SEAB)



Michigan State Law requires that every district that chooses to implement sex education must have a sex education advisory board (SEAB).

- The SEAB must include parents, students, educators, local clergy, and community health professionals.
- At least half of the members must be parents

The SEAB is responsible for:

- Establishing program goals and objectives for knowledge and skills to reduce the rates of sex, pregnancy, and STDs.
- Reviewing and recommending materials and methods to the local school board,
- Evaluating, measuring, and reporting the attainment of program goals and objectives and reporting **at least once every two years.**

The mission of the East Lansing Public Schools Sex Education Advisory Board is to provide effective, age-appropriate sexuality education that teaches respect for self and others, safety, and healthy life-skills in partnership with family and community.

Michigan A-K Standards



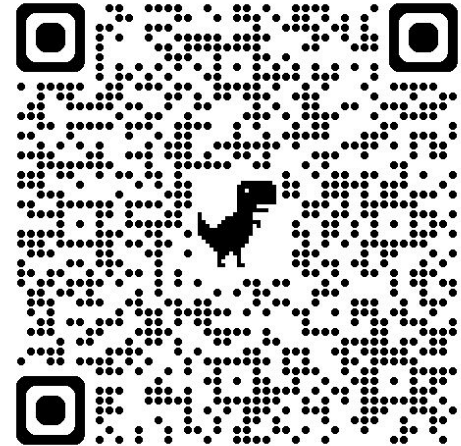
Michigan's "A-K" Content Standards for Sex Education

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| <ul style="list-style-type: none">A. Discuss the benefits of abstaining from sex until marriage and the benefits of ceasing sex if a student is sexually active.B. Include a discussion of the possible emotional, economic and legal consequences of sex.C. Stress that unplanned pregnancy and sexually transmitted diseases are serious possibilities of sex that are not fully preventable except by abstinence.D. Advise students of the laws pertaining to their responsibility as parents to children born in and out of wedlock.E. Ensure that students are not taught in a way that condones the violation of state laws pertaining to sexual activity.F. Teach students how to say "no" to sexual advances and that it is wrong to take advantage of, harass or exploit another person sexually. | <ul style="list-style-type: none">G. Teach refusal skills and encourage students to resist pressure to engage in risky behavior.H. Teach that the student has the power to control personal behavior. Students must be taught to base their actions on reasoning, self-discipline, a sense of responsibility, self-control, and ethical considerations such as respect for self and others.I. Provide instruction on healthy dating relationships and how to set limits and recognize a dangerous environment.J. Provide information about how young parents can learn more about adoption services and the safe delivery of newborns law.K. Include information informing students that it is unlawful to have sex or sexual contact with an individual under the age of 16. |
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HIV/STI and Sex Education at ELPS

- 4th - 6th Grades: Puberty the Wonder Years
- 7th -8th Grades: Michigan Model Growing Up and Staying Healthy: Understanding HIV and Other STIs
- 9th- 12th (High School): *Michigan Model Healthy and Responsible Relationships: HIV, Other STIs, and Pregnancy Prevention**

ELPS Sexual Health Education Handbook



*HIV/STI Education occurs in 5th,6th, 7-8th, and 9th-12th Grades

Search Criteria for New Curriculum



Up-to-Date	✓
Inclusive, comprehensive, and abstinence-based (Eaton RESA Curriculum Guide)	✓
Aligned with MI “A-K” Standards and State Law	✓
Digitally Accessible and Educator Friendly	✓
Cost/Affordability	✓

Rights, Respect, Responsibility: A K-12 Sexuality Education Curriculum Framework

Youth have the inalienable **RIGHT** to honest sexual health information, confidential, consensual sexual health services, and equitable opportunities to reach their full potential.

Youth deserve **RESPECT**. Valuing young people means authentically involving them in the design, implementation and evaluation of programs and policies that affect their health and well-being.

Society has the **RESPONSIBILITY** to provide young people with the tools they need to safeguard their sexual health, and young people have the responsibility to protect themselves.

Rights.
Respect.
Responsibility.

**Advocates
for Youth**
Young. Powerful. Taking Over.

Characteristics of 3Rs



- Includes age-appropriate content:
 - Consent
 - Boundaries
 - Anatomy
 - Healthy Relationships
 - STI/HIV/Pregnancy prevention
 - Safe online interactions
 - Growth and Development
- Includes age-appropriate skill building:
 - Communication and Refusal Skills
 - Decision-Making
 - Analyzing Influences
 - Accessing Health Information

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Rights, Respect and Responsibility, MI Aligned, High School




13 Lesson + 4 Supplemental Lessons

1. How well do I Communicate with Others?
 2. Unhealthy Relationships: Plan for Safety
 3. Image Overload for HS
 4. Decisions, Decisions
 5. Planning and Protection: Avoiding and Managing STIs
 6. Getting Savvy About STI testing
 7. STI Basics
 8. STI Smarts
 9. Know Your Options
 10. My Boundaries
 11. Rights, Respect and Responsibility: Don't have sex without them
 12. Trust it or Trash It
 13. Healthy Loving: Prevention and Treatment
1. Understanding Gender
 2. Sexual Orientation, Behavior and Identity: How I Feel, What I Do and Who I Am
 3. Sex Trafficking
 4. Sexual and Reproductive Anatomy

Michigan Adapted Lessons

- Removed references to abortion
- Scenarios have been adapted or added to meet the K-12 or the A-K content requirements
- Michigan laws regarding consent, sexting, legal responsibilities of parenthood, etc. have been included in applicable lessons
- Tailored Michigan Content in the Teacher's Guide

HIV and Sex Ed Curriculum Approval Process:

- Form curriculum review sub-committee and determine review criteria
- Review available option using criteria - SEAB identifies top choices
- Thorough review option options using rubric of district-based criteria
- SEAB identifies top option to progress through pilot process
- Pilot lessons and materials (Educator and Student Feedback)
- Conduct community meeting to collect parent/caregiver, student and educator feedback
- Based on feedback, SEAB recommends new/replacement curriculum to BOE
- **BOE holds two public meetings before formally approving any new curriculum** 
- Upon BOE approval, educator training and curriculum implementation begins

Questions? Comments?



Please don't hesitate to
contact me with any
questions or feedback!
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