

# Neah-Kah-Nie Middle School

June 2025



## From the Principal

### Dear Parents and Guardians,

As we wrap up another memorable school year, I want to extend my heartfelt thanks for your continued support, involvement, and encouragement. It's been an incredible year full of growth, learning, and community, and none of it would have been possible without the partnership between home and school.

This year, our students accomplished so much—both in and out of the classroom. Academically, they've tackled new challenges, deepened their critical thinking, and built strong foundations for future success. Just as importantly, they've grown socially and emotionally, learning how to collaborate, problem-solve, and support one another.

Beyond academics, we celebrated many exciting events and experiences together:

- Students showed their school spirit during Spirit Week, bringing energy and unity to our halls.
- Our athletes demonstrated perseverance and teamwork across multiple sports seasons, representing our school with pride.
- The school dances brought students together for evenings filled with music, laughter, and connection.
- We made a meaningful impact during our Day of Service, showing the value of giving back to our community.
- Creativity shone brightly at our Art Show, where students proudly displayed their talent and hard work.
- Thanks to the **Mudd-Nick Foundation**, students participated in several enriching field trips that broadened their horizons and brought learning to life.

Each of these experiences helped shape a year that was not only successful, but unforgettable. Thank you for cheering us on every step of the way—whether it was from the sidelines, during

student-led conferences, or through a note of encouragement.

As summer begins, I hope your family enjoys a season of rest, adventure, and time together. Encourage your child to keep learning through reading, exploring, and asking questions—they'll be amazed at how much they grow even when school isn't in session.

We look forward to seeing our students return in the fall, ready for a fresh year of possibilities. Until then, wishing you a safe and joyful summer.

Warm regards,

Lori Dilbeck  
Principal, Neah-Kah-Nie Middle School

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## Important Dates To Remember

**June 2:** 6th Grade Field Trip to Biz Town

**June 4:** Attendance Field Trip to Bowling

**June 6:** 7th Grade Field Trip to Hatfield Marine Science Center

- Students need to be dropped off at **7:15 a.m.** and need to be picked up at **5:00 p.m.**

**June 11:** 8th Grade Field Trip to Bullwinkles

**June 12** - Last day of school - early release

*Important Dates to Come...*

2025/26 Online Registration/Verification - Opens August 1.

Middle School in-person registration - Date TBD. Please follow our social channels and check your email for updates.

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## 8th Grade Promotion

In celebration of the Neah-Kah-Nie Class of 2029.

Come congratulate our 8th graders as they move forward on their academic road to success!



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## Locker Cleanout/ Lock Return

Locker cleanouts and lock returns will be held June 9-11. Please remind your student to check and make sure they have their lock to turn in. Cleanouts will follow the below schedule:

7th Grade: June 9  
8th Grade: June 10  
6th Grade: June 11



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## Field Trip Reminders

### Hatfield Marine Science Center Field Trip

All 6th grade students attending the Hatfield Marine Science Center field trip on Friday, June 6th will need to be **dropped off at school no later than 7:15 a.m.** Buses leave at 7:30 a.m. Students will **return at 5:00 p.m. and will need to be picked up.**



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## Yearbooks

Now is the time to purchase your 2024/25 yearbook! Please order as soon as possible. If you want one, but the cost of a yearbook is prohibitive, please reach out to us. There are funds available to help cover the cost.

<https://store.shopyearbook.com/nkn2025-yearbook>



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## 2025-26 Online Registration/Verification

Registration and verification for the new school year opens on August 1st, 2025.

Online registration is only for students who are **NEW** to the district who have never attended here before! Current students who have previously attended Neah-Kah-Nie schools will use the **VERIFICATION PROCESS**.



Middle School in-person registration is still TBD. Please like us on Facebook or Instagram and be on the lookout for an email letting you know more information.

**Enrollment**

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# Tropical Pool Party Dance



## Athletics

### Sports Physicals

If you know your student is planning to participate in sports next school year, make sure you complete a sports physical beforehand. We recommend trying to schedule these physicals to happen over the summer, so there is no interruption once practices and events begin for the new year.

Sports physicals can be completed at your normal doctor, or at the Student Health and Wellness Center.

Once completed, a copy of the physical should be turned into the middle school front office. They are valid for two years from the date of the exam.



#### AT NEAH-KAH-NIE HIGH SCHOOL

##### HOURS:

<b>Tuesdays</b>	8:30 am - 12:00 pm / 1:00 - 4:30 pm (Closed for lunch 12:00 - 1:00 pm)
<b>Wednesdays</b>	8:30 am - 12:30 pm / 1:30 - 4:30 pm (Closed for lunch 12:30 - 1:30 pm)
<b>Thursdays</b>	8:30 am - 12:00 pm / 1:00 - 4:30 pm (Closed for lunch 12:00 - 1:00 pm)

##### SERVICES AVAILABLE:

NKN Student Health & Wellness Center offers various medical services, including:

Regular check-ups	Dental screenings
Sports physicals	Blood-pressure screenings
Care for illness and injury	Health education
Immunizations	Counseling
Routine lab tests	Wellness opportunities
Prescription medications	Referrals for other medical services
Age-appropriate reproductive health	(Dental, X-rays, MRIs, Specialty)
Vision screenings	

Learn more at: [NKNHealth.org](http://NKNHealth.org)

NKN Student Health & Wellness Center | Telephone: 503-355-3500 | Fax: 844-720-1901



#### EN LA SECUNDARIA NEAH-KAH-NIE

##### HORARIOS:

<b>Martes</b>	8:30 am - 12:00 pm / 1:00 - 4:30 pm (Cerrado para almuerzo de 12:00 a 1:00 p.m.)
<b>Miércoles</b>	8:30 am - 12:30 pm / 1:30 - 4:30 pm (Cerrado para almuerzo de 12:30 a 1:30 p.m.)
<b>Jueves</b>	8:30 am - 12:00 pm / 1:00 - 4:30 pm (Cerrado para almuerzo de 12:00 a 1:00 pm)

##### SERVICIOS DISPONIBLES:

El Centro de Salud y Bienestar para los estudiantes de NKN ofrece varios servicios médicos, incluidos:

Control de rutina	Exámenes de rutina
Exámenes físicos para deporte	Exámenes de presión arterial
Atención de enfermedades y lesiones	Educación de salud
Vacunas	Asesoría
Análisis de laboratorio de rutina	Oportunidades de bienestar
Medicamentos de rutina	Referrals para otros servicios médicos
Salud reproductiva adecuada a la edad	(Dental, radiografías, resonancias magnéticas, hemogramas)
Estudios de visión	

Conozca más en: [NKNHealth.org](http://NKNHealth.org)

NKN Student Health & Wellness Center | Teléfono: 503-355-3500 | Fax: 844-720-1901

## Athletic Signups 2025-26

Sign up sheets are now available in the front office for Fall athletics, including: MS Football, Cross Country, and Volleyball. If your student is interested, please remind them to sign up during morning break or lunch.

### Athletic Permission Form

Please fill out this permission form if you know your student is planning to play sports next year. This form is good for all athletics for the entire school year.

## Robotics

NKN Robotics starts early in the school year. In fact, we have the Season Kickoff on **September 6th** which is the Saturday after the first week of school.

If your student participated in Robotics Bootcamp in March - you will get an email/text about registration and upcoming events.

If your student is interested in joining robotics this year, and didn't participate in Robotics Bootcamp, please email Ms. Harmon to get information about registration at [kathrynh@nknisd.org](mailto:kathrynh@nknisd.org).

The season goes from September to March, and students who do other activities as well as Robotics need to give at least one meeting per week to Robotics.

## Reminders

### Student Medication

If your student has any medication checked into the office that they are no longer using, please pick it up from the **office as soon as possible**. Medication can not be sent home with the student. For medication that they are required to take daily at school, please pick it up on the last day of school June 12th.

**Medication that is left after school ends will be discarded.**



## Lost & Found

Before heading out for the school year, please ensure your student checks the lost and found table for anything they may have left behind.

If your student is missing a smaller item, such as jewelry or earbuds, have them check in with the front office.

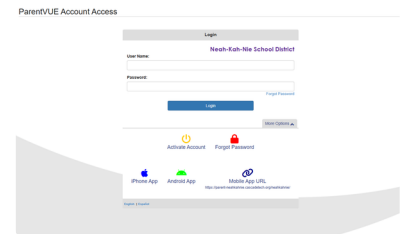


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## ParentVUE

**Registration Access, Grade Access, Attendance, Class Schedule and more**

ParentVUE is a web portal that allows parents to access real-time information related to their student's education progress. Parents can view their student's attendance, grades, assignments, and more. If you are a new user contact the Middle School for your activation code and get signed in!



**View Grades, Attendance and More**

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## On The Menu

# JUNE 2025

## NKN MIDDLE SCHOOL

A VARIETY OF DELI SANDWICHES ARE AN OPTION AT LUNCH!!

Monday	Tuesday	Wednesday	Thursday	Friday
French Toast <b>2</b> Hot Dogs & Baked Beans	Pancake on a Stick <b>3</b> Peppy Rotini	Banana Bread <b>4</b> Teriyaki Chicken	Strawberry Cr. Cheese Bagel <b>5</b> Tillamook Cheese Burger	Blueberry Muffin <b>6</b> Chicken Nuggets
Cook's Choice <b>9</b> COOK'S CHOICE	Cook's Choice <b>10</b> COOK'S CHOICE	Cook's Choice <b>11</b> COOK'S CHOICE	<b>12</b> Grab-&-Go Sack Lunch	<b>13</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>23</b>	<b>24</b>	<b>25</b> HAVE A WONDERFUL SUMMER!!!	<b>26</b>	<b>27</b>
<b>30</b>				

A variety of fresh fruits and vegetables are available daily on our offering bar. All of our breads and pastas are whole-grain or whole wheat. GF Options are available. Fat-free and 1% milks are offered daily. Whole grain cereals are an option at breakfast.

**"This institute is an equal opportunity provider"**

## Manage Mealtime Account

Breakfast and lunch are free for all students. Seconds, however, do cost money. Manage your students mealtime account here.

## Summer Lunches for Kids





## Summer Lunches for Kids — Grab n' Go

Starting Delivery – Monday, June 16.

Last Delivery – Monday, August 25.

A School Bus will deliver lunches for kids on **Mondays only**.

**These times and places:** Your children can pick up lunches for the week.

11:00 – 11:10 Wheeler – Roost Parking Lot

11:20 – 11:35 Mohler Co-Op Market Parking Lot

11:50 – 12:05 Manzanita Library Parking Lot

12:15 – 12:25 Bayside Gardens at Evergreen

12:30 – 12:45 Tohl at Echanie Court

The lunch sack will include one of the following: (These meals will need to be heated up.)

Mac N' Cheese

Ramen Noodles

Spaghetti O's

The sack lunch will also contain a juice drink, a couple of treats and a fruit cup.

**Wishing Everyone A Safe and Fun Summer!**

**Provided by Nehalem Bay Community Services**

**NBCS is an Equal Opportunity Provider.**

For More Information: [www.nehalembaycs.org](http://www.nehalembaycs.org)

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## Free Immunization Clinic



## Get one step ahead for fall

Summer is just around the corner — but before the backpacks get tucked away, make sure your child is ready for the school year ahead. Adventist Health is offering a **one-day walk-in immunization clinic** to help keep your child protected all year long. Whether they're starting kindergarten or gearing up for graduation, our caring team makes it easy to stay on track with school-required vaccines — no appointment needed.

### Recommended for ages 2–11

- Children in this age group may need routine vaccinations such as DTaP (diphtheria, tetanus, and pertussis), polio, MMR (measles, mumps, and rubella), varicella (chickenpox), and hepatitis A and B.
- Catch-up doses for those who may have missed earlier vaccines.

### Recommended for ages 12–18

- COVID-19 and boosters, influenza, varicella, MMR and Tdap. They also **may be recommended** for pneumococcal, meningococcal, hepatitis A and B and Haemophilus influenzae type B based on certain risk factors, such as health conditions.
- Catch-up doses for those who may have missed earlier vaccines.

Recommended: Unless otherwise advised by your provider.

**Just drop in for this one-day walk-in event for children ages 2–18!**

**Friday, May 30**  
8 a.m. – 5 p.m.

Medical Office – Plaza  
1100 Third St., Tillamook

**Questions?**  
Call 503-842-5546.



A service of Adventist Health Tillamook RHC/Medical Office Network

# Counselor's Corner

## A Note from the Counselor – Mrs. Atwood

As we wrap up another school year at Neah-Kah-Nie Middle School, I want to share how much I've truly enjoyed getting to know our incredible 8th graders. It's been such a joy to see them grow into confident, capable young people, and I'm excited to watch them take on the next chapter at the high school. They'll be missed, but I know they're ready!

I'm also looking forward to continuing my work with our amazing 6th and 7th graders next year—especially through programs like WEB and Student Voice—as we work together to make our school an even better place for all students.



As we head into summer, here are a few simple ways families can support their students' social and emotional well-being:

- **Encourage positive connections** – Support safe social time with friends through camps, activities, or neighborhood hangouts.

- **Build in time for mindfulness** – Journaling, quiet time, or outdoor walks can help kids stay grounded and manage stress.
- **Keep routines in place** – A balance of rest, play, and structure helps students feel secure and mentally healthy.
- **Open the door for conversations** – Use low-pressure moments (like car rides or meals) to talk about emotions, friendships, or future plans.
- **Model self-care** – Let your child see you taking care of your own mental and emotional health –they're always watching and learning!

Wishing all of our families a safe, joyful, and refreshing summer break!



**Marie Giani/Emily Massey**  
Head Secretary/Assistant Secretary