



# SOUTH SAN ANTONIO INDEPENDENT SCHOOL DISTRICT

## Agenda Item Summary

Meeting Date: June 20, 2018

Purpose: ☐ Presentation/Report ☐ Recognition ☐ Discussion/ Possible Action

☐ Closed/Executive Session ☐ Work Session ☐ Discussion Only ☒ Consent

From: Diane Olivo, Health Services Coordinator

Michael Balderrama, Executive Director of School & Community Partnerships

Item Title: Approve the annual School Health Advisory Council (SHAC) written report that describes the discussions from district/community members to address the coordinated health needs of district students.

### Description:

Mandated annual report that is sent to the school board from the SHAC, as required by the Education Code 28.004(m) and SSAISD board policy BDF (Legal).

### Recommendation:

For review only, no purchasing or authorization of programs have been recommended by the Council.

### District Goal/Strategy:

Strategy 1 We will engage all school community members through transparency and effective communication to promote a positive perception and create a strong brand.

Funding Budget Code and Amount:

CFO Approval

N/A

APPROVED BY:

SIGNATURE

DATE

Chief Officer:

Superintendent:

  


6-1-18

6-14-2018



**South San Antonio Independent School District**

**Health Services Department**

**5622 Ray Ellison Boulevard. San Antonio, Texas (210)-977-7090 Fax: (210) 623-1832**

To: SSAISD School Board President and Trustees

From: Diane Olivo, RN Health Services Coordinator

Reference: Annual School Health Advisory (SHAC) Board Report

Date: June 20, 2018

Board of Trustees,

Attached is the annual SHAC Board Report as required by Education Code 28.004(m) and SSAISD Board Policy (Legal)

If you have any questions you may contact Diane Olivo, RN Health Services Coordinator at (210) 977-7090.

## **Board of Trustee's Annual SHAC Report**

**June 20, 2018**

The SHAC convened a total of four times for the 2017-2018 school year. The dates were as followed:

September 27, 2017

December 13, 2017

March 21, 2018

May 16, 2018

### **MEMBERS:**

- Nutrition Services: Christina Welch
- Health Education: Dyanne Munoz
- Physical Education: Robert Zamora
- Health Services: Diane Olivo
- Staff Wellness Promotion: Irma Paine
- Counseling and Mental Health Services: Loraine Deleon
- Health and Safe School Environment: Chief Eugene Tovar
- Parent and Community Involvement: Dr. Luisa Sandoval
- Head Start: Rosanna Carmona-Mercado
- Facilities, Transportation and Warehouse: Jesse Berlanga
- Parent: Vincent Escobedo

Respectfully submitted,

Diane Olivo BSN, RN  
Health Services Coordinator/SHAC Co-Chair

South San Antonio Independent School District

Department of Health Services

School Health Advisory Council (SHAC)

Board of Trustee's Annual Report

June 20, 2018

**Mission Statement: The South San Antonio Independent School District School Health Advisory Council (SHAC) is committed to promoting lifelong wellness by supporting a healthy learning environment for our students and their families.**

Each school district's School Health Advisory Council (SHAC) is required to submit to the board of trustee's a written report annually that includes:

1. Any SHAC recommendations concerning the school district's health education curriculum and instruction or related matters the council has not previously submitted to the board of trustees: None
2. Any suggested modification to a council's recommendation previously submitted to the board of trustees. None
3. An explanation of the council's activities during the period between the date of the current report and the date of the last prior written report. None
4. An explanation of council's activities during the 12 month period preceding the date of the report.
  - a. September 27, 2017
    - i. Review with departments of importance of 8 components participation with SHAC
    - ii. Athletic Dept continuing its spear heading providing curriculum geared on leadership building, relationship interactions, and S.T.I's general overview. They also facilitated CPR training for the Elementary coaches to be utilized on the Nursing Internal Response Teams for each Campus.
    - iii. Food services continue to update the wellness policy.
    - iv. Health Services introduced the NEW Lice Notification letter for parents upon confirmed findings of live LICE (classroom notice) mandated by: SB1566 Sec 38.031
  - b. December 13, 2017
    - i. Nutrition Services discussed more specifically on recommendations for schools to follow allowing adherence to updated Wellness Policy Plan (ie Introduction of Dairy Max)
    - ii. Annual Immunization report was completed and submitted to the state per mandate requirements.

- iii. Presenters Amber Rios provided 2016 Statistics on Teen Births/Repeat Teen Births in SA.
- iv. SHAC placed its meetings as an announcement in Districts Webpage, & Parent questionnaire was promoted by Head Start in attempts to provide an outreach to all Parents for member recruitment to the council.
- c. March 21, 2018
  - i. Parent Vincent Escobedo gave accolades to his outreach project of the Skateboard Clinic and its members. They are part of the Mayor's Fitness Council for SA in leading an active life style.
  - ii. There is still a need for a curriculum based Wellness Program that addresses nutrition and physical wellness in the lower grades.
  - iii. Parent Lori Rodriguez, inquired about the possibility of adding a Mental Health universal screener for students to be preventative in violent outbursts.
  - iv. Health Services introduced the NEW changes for the DSHS mandated spinal screenings. They are to be Girls 10-12 y/o, Boys 13 y/o.
- d. May 16, 2018
  - i. Community First Marketing Representative came to reintroduce the services that are being offered by their organization.
  - ii. Nutrition advised on working on a phone App "Meal Viewer" to provide Parents with all the national components of all meals being served by the District. This would be very beneficial to the Nursing staff with Diabetic care and Carb counts. They also advised that their department is under consideration for be contracted out to outside vendors. They are in process of requesting for a proposal for outside sources.
  - iii. Health Services is reviewing and sending referrals home to all parents needing Immunization for Preparation for school year 2018-2019. There was also the completion and submission of the 2017-2018 mandated Vision, Hearing, Spinal screening Report to the TDHS.
  - iv. Head Start is in process of recruitment of 2018-2019 enrollment resulting in 320 applicants at present. They are also fostering a partnership with the Daughter of Charity in providing Dental and mental Health Services for the Department that could branch out to all grade levels.
  - v. UT Health Educator Carolyn Welker discussed overall totals on adolescents being provided abstinence education programs. Total served showed to be 1027 students. New programs being introduced are: Draw the line & Respect the line.
  - vi. Parent Vicente Escobedo advised his continued success on his skateboard club. Lastly, Metro Health has worked with him on developing an education video for student outreach to help promote active life styles, and develop self confidence.

**South San Antonio ISD**  
**SCHOOL HEALTH ADVISORY COUNCIL (SHAC)**

**September 27, 2017**

**South San Antonio ISD**  
**Administration Office Parent Center (Learning Zone 1)**  
**5622 Ray Ellison Blvd.**  
**San Antonio, Texas 78242**

The meeting was called to order at 9:05 AM by SHAC Co-Chair Mrs. Olivo. Quorum was established and not met. The call to action was read and lead by Dyanne Munoz. The minutes from May 16, 2017 were read individually and approved (1<sup>st</sup> motion Vincent Escobedo 2<sup>nd</sup> motion Dyanne Munoz . Mrs. Olivo welcomed all the members in attendance. She recognized the importance of each components for the accurate reflection of their Department on the health and educational instruction for the students.

**Members Present:** Christina Welch, Dyanne Munoz , Jessica Algueseva, Ana Alvarado, Celeste Longoria,

**Parents, Guests, and Community Members:** Parent from Palo Alto Mr. Vincent Escobedo

**Reports, Updates and Initiatives from the Components of Coordinated School Health:** All members present gave a brief overview and introduction of their role and current events and activities in their departments.

**Nutrition Services:** (Christina Welch) CONT to work on implementing Wellness Policy. (Bienestar curriculum) New: Elementary schools are having a Super snack for after school programs by SA Youth, Middle schools are still receiving traditional snacks. On Oct 9<sup>th</sup> Nutrition School Week, Food services introducing 4 new vegetables (kiwi, mango, confetti coins, sugar snap peas)

**Head Start:** (Jessica Algueseva, Ana Alvarado) Invited SHAC to collaborate with the upcoming Community Family Night to help facilitate parent interaction and awareness of SHAC council

**Health Educations:** (Dyanne Munoz) Provided Team schedules for 2017-18 District after school schedules for volleyball, boys basketball, boys soccer, Requesting to reintroduce Bienestar Health component for k-8. (has received SHAC approval for 3 years , review on financing program pending & with Board Approval) Also requesting to reintroduce Making Proud Choices. This is a curriculum geared on leadership building, relationship interaction, S.T.D. general overview. This would be done during 9<sup>th</sup> grade's 30 min mandatory academic time. (This is provided by a Federal Grant) for more information on these topics you may reach out to Ambar Rios UTHSCSA/UT Teen Health

**Health Services: Introduced New Lice Notification Letter for parents upon confirmed findings of LIVE lice (classroom notice)**

**Staff Wellness Promotions: (Irma Paine) Absent**

**Health and Safe School Environment: (Chief Tovar) Absent**

**Parent and Community Involvement: (Dr. Louisa Sandoval) Absent**

**Counseling & Mental Health: (Lorraine Deleon) Absent**

**Community Members: (Vicente Escobedo)**

**Presentations: None**

**Other Business:**

- **Calendar Dates for upcoming meetings (Dec 13, March 21, May 16)**
- **Brain storming ideas on Parent drafting for SHAC participation**
  - **Collaborate Dolly Armstrong for building strong family SHAC involvement**
  - **Inviting Illyria Segundo (6<sup>th</sup>) Student ambassador for SA Mayors Fitness Council**
  - **SHAC INFORMATIONAL BULLETIN placed on District Web Page**
  - **Prepare and hand out to all elementary schools parent questionnaire ballot to attain feedback from interested parents to join SHAC (collaboration w/Head Start)**
- **Nutritional services and collaborating with Athletics to provide snacks for afterschool sports**
- **Athletics agreed to facilitate CPR training to Elementary coaches for their inclusion in the School Internal Response Team.**

**Adjourn: 10:53 am**

**Respectfully submitted**

**Diane Olivo RN, BSN Health Services Coordinator**

**South San Antonio ISD**  
**SCHOOL HEALTH ADVISORY COUNCIL (SHAC)**

**December 13, 2017**

**South San Antonio ISD**  
**Administration Office Parent Center (Learning Zone 1)**  
**5622 Ray Ellison Blvd.**  
**San Antonio, Texas 78242**

The meeting was called to order at 5:10 pm by SHAC Co-Chair Mrs. Olivo. Quorum was established and not. The call to action was read and lead by Diane Olivo . The minutes from May 16, 2017 were read individually and approved (1<sup>st</sup> motion Amber Rios 2<sup>nd</sup> motion Christina Welch). Mrs. Olivo welcomed all the members in attendance. She recognized the importance of each components for the accurate reflection of their Department on the health and educational instruction for the students.

**Members Present:** Celeste Longoria, Christina Welch, Ambar Rios

**Parents, Guests, and Community Members:** None

**Reports, Updates and Initiatives from the Components of Coordinated School Health:** All members present gave a brief overview and introduction of their role and current events and activities in their departments.

**Presentations:** Dairy MAX (Information presented by Christina Welch)

**Other Business:** Ambar Rios provided 2016 Statistics on Teen Births/Repeat Teen Births in SA. Unfortunately, there has not been a great drop from previous year's data. Goals met from previous SHAC meetings was: SHAC announcement has been placed in District Webpage, SHAC Parent outreach questionnaire has been given to Head start to present to Parents for possible recruitment for membership

**Recommendations:** To utilize Dairy Max free Farm to School curriculum based Kits that are aligned with TEKS to fulfill the State mandated Health & Wellness Programs required and pending for the elementary grade levels. There will be further discussion over topic with Assistant Athletic Director (Dyanne Munoz) for her input for its facilitation by PE Coaches.

**Adjourn:** 6:10 pm

**Respectfully submitted**  
**Diane Olivo RN, BSN Health Services Coordinator**



**South San Antonio ISD**  
**SCHOOL HEALTH ADVISORY COUNCIL (SHAC)**

**March 21, 2018**

**South San Antonio ISD**  
**Administration Office Parent Center (Learning Zone 1)**  
**5622 Ray Ellison Blvd.**  
**San Antonio, Texas 78242**

The meeting was called to order at 4:45 pm by SHAC Co-Chair Mrs. Olivo. Quorum was established and not met. The call to action was read and lead by Vicente Escobedo. The minutes from December 13, 2017 were read individually and approved (1<sup>st</sup> motion Vicente 2<sup>nd</sup> motion Celeste Longoria. Mrs. Olivo welcomed all the members in attendance. She recognized the importance of each components for the accurate reflection of their Department on the health and educational instruction for the students.

**Members Present:** Celeste Longoria, Jessica Algueseva (Head Start) Lori Rodriguez (Parent from Benavides)

**Parents, Guests, and Community Members:** Parent from Palo Alto Mr. Vincent Escobedo, Lori Rodriguez Parent from Benavides

**Reports, Updates and Initiatives from the Components of Coordinated School Health:** All members present gave a brief overview and introduction of their role and current events and activities in their departments.

**Parent:** Mr. Escobedo reported and gave accolades to his Skateboard clinic members. They are part of the Mayor's Fitness Council for SA that are spearheading an active life style. They have been recognized by Kens 5 for their successful participation in reaching out to the youth in the community. Mr Escobedo requested follow up on the UT Teen Health for 9<sup>th</sup> grade Making Proud choices that would be presented in PE class. At present, the program was tabled. However, the program facilitator will be contacted for updated data. Also inquiring about Growth & Development class and who is in charge of this.

**Parent:** Lori Rodriguez, inquired about have a component similar to PK to be used at a District Level. She was also inquiring about providing a Mental First Aide for Parents.

**Health Services:** Advised new changes to the Spinal Screenings as mandated by DSHS. The new categories are: Girls 10y/o & 12 y/o. Boys 13y/o. Introduced "Turnip the nutrition with common thread" health & wellness program. However, it will not be used due to it does not have a physical component.

Head Start: Provided information on Head Start Round up dates refer to flyer. Ms. Jessica also advised Head start has implemented a Mental Health age appropriate Universal Screen. This is used to provide preventative mental health care referrals to their parents. They are working collaborating with CHCS's Bear Cares for follow up treatment.

Nutrition Services: Absent

Health Education: Absent

Staff Wellness Promotion: Absent

Healthy and Safe School Environment: Absent

Parent and Community Involvement: Absent

Presentations: None

Other Business:

- Calendar Dates for 2018-2019 (September 12, December 12, March 20 & May 15)

Recommendations regarding

- Making SHAC announcement via Parent messenger
- Reaching out to Amber Rios for reintroduction of Making Proud choices curriculum
- Having SHAC review DAIRY MAX for curriculum to be introduced for the State Health & Wellness Program for the lower grades.

Adjourn: 5:05 pm

Respectfully submitted

Diane Olivo RN, BSN Health Services Coordinator

**South San Antonio ISD  
SCHOOL HEALTH ADVISORY COUNCIL (SHAC)**

**May 16, 2018**

**South San Antonio ISD  
Administration Office Parent Center (Learning Zone 1)  
5622 Ray Ellison Blvd.  
San Antonio, Texas 78242**

The meeting was called to order at 0905 by SHAC Co-Chair Mrs. Olivo. Quorum was established and not met. The call to action was read and lead by Diane Olivo. The minutes from March 21, 2018 were read individually and approved (1<sup>st</sup> motion Jessica A 2<sup>nd</sup> motion Vincent E.. Mrs. Olivo welcomed all the members in attendance. She recognized the importance of each components for the accurate reflection of their Department on the health and educational instruction for the students.

**Members Present:** Celeste Longoria, Diane Olivo, Jessica Alguseva, J. Ramirez,

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**Parents, Guests, and Community Members:** Parent from Palo Alto Mr. Vincent Escobedo, Liz Madrigales (Community First Representative) Carolyn Welker UT Health Educator

**Reports, Updates and Initiatives from the Components of Coordinated School Health:** All members present gave a brief overview and introduction of their role and current events and activities in their departments.

**Presentations:** Community First (Liz Madrigales) advocating programs initiated by the Medicaid supplemental insurance company: Zumba Fitness class, Bicycle & Repair class, smart phone app to help facilitate services to the public. She also emphasized about the Value plan Community First offers their insured. These are services outside of the basic Medicaid services provided (ie Lose cost dental services for pregnant members, temporary phone help, free toddler booster seat when attending Mommy Mingle, or class for new fathers. She also advised they will participate in any school function to assist with helping families apply to program (PTA, Open house, etc)

**Other Business:**

**Child Nutrition:** Advised on working on App that would provide breakdown on all meal's national information. Called "Meal Viewer" This could be utilized by Nursing staff in dealing with carb counts. It was also brought to SHAC awareness that the District is going to request for a proposal to contract outside of the District for services.

**Head Start:** Advised that recruitment has resulted in 320 applicants at present. The program is also fostering partnerships with Daughter of Charity for Medical, Dental, Behavior health services for all grade levels. They can provide a mobile bus, and have 6 physicians on staff. All the counseling staff are Nuns, as well.

**Health Services:** Has recently completed and submitted the yearly report for Vision, Hearing, Spinal screening to TDHS. The SHAC yearly survey was completed. In this report though, we are still needing the Elementary component for the Health & Wellness. It must be curriculum based covering nutrition and Physical activity.

**UT Health Educator:** New Representative replacing Ambar Rios. She provided overall data totals on the adolescent abstinence programs being utilized in the Middle and High Schools.

- Reducing the Risk @ SSHS by coaching Dept 341 students reached 75% completed program
- Draw the Line & Respect the Line is being taught to the 6,7,8<sup>th</sup> graders
- Total students provided cumulative curriculum: 1027

**Vicente Escobedo (Parent):** Attention was given to Alyria, Ambassador for the Mayors Fitness Council in promoting Healthy Student lives. She was recently recognized through the Mayor, and V.P., CEO for the Food Bank. Lastly, Metro Health/ CIS has worked with Mr. Vicente in preparing a Video featuring the skateboard clinic as an education piece for student outreach to help promote self confidence in the youth.

#### **Recommendations regarding**

1. Print shop to create a provide a SHAC pamphlet to disseminate to all campus during registration.
2. Reach out to Agrilife & Common Threads to see if they can provide the needed Health & Wellness portion for the elementary setting (Nutrition, Physical Fitness w/curriculum)
3. To Provide District Website on 2018-2019 scheduled SHAC meeting.

**Adjourn: 10:05 am**

**Respectfully submitted**  
**Diane Olivo RN, BSN Health Services Coordinator**



## **SOUTH SAN ANTONIO INDEPENDENT SCHOOL DISTRICT**

### **DEPARTMENT OF STUDENT HEALTH SERVICES**

5622 Ray Ellison Drive :: San Antonio :: Texas :: 78242 :: (210) 977-7090 :: Fax (210) 623-1832

<input checked="" type="checkbox"/> <b>Action Required</b>
<input type="checkbox"/> <b>For Your Information</b>

**To: Michael Balderrama, Executive Director of Schools and Community Partnerships**

**From: Diane Olivo, BSN, RN, Student Health Services Coordinator**

**Date: May 24, 2018**

**Subject: SHAC AGENDA ITEM SUMMARY, YEARLY REPORT**

The SHAC has met for its 4 yearly sessions. The mandated yearly report discussing their overview has been completed. No purchasing or authorization of Programs have been recommended by the Council. I am providing said report for your review and to be forwarded to the School Board during their summer scheduled meeting. Last year, Ms. Deleon submitted the information.

Your support is greatly appreciated.

*Diane Olivo BSN, RN  
Health Service Coordinator  
South San Antonio ISD  
Office:(210)977-7090  
Fax: (210)977-7100*