

# WASHINGTON SCHOOL

## newsletter

APRIL, 2025

### CDAT CONSCIOUS DISCIPLINE ACTION TEAM

We continue to work on Brain Smart Start ideas to unite our school. Each morning Mrs Glenn and Miss Bus do announcements to unite, destress, wish well, and make a commitment.

Everyday Miss Dunne (our music teacher) also sings our “Be ready, Be safe, Be Kind song.” She even taught us new hand movements to go with it! The team is also exploring how to move away from tangible rewards, and move towards rewards that make a connection between students and/or staff.

### KINDER PLANNING

A team of Kindergarten teachers planned a 4 week start to the school year. The only focus for the first two weeks is social emotional learning, teaching school expectations/routines, and limiting transitions. after the initial 2 weeks, academics will be added in- focusing on Skills and Math.

The purpose of the slower start to Kindergarten is to develop connections with students and explicitly teach routines to help them feel safe before raising academic demands.



### CONSCIOUS DISCIPLINE PARENT NIGHT

On April 9<sup>th</sup> from 5:30-7:30 parents gathered in the DHS Cafeteria for an Conscious Discipline night put on by our Coach. They were given resources to practice breathing at home, how to implement a safe keeper ritual, and strategies to handling the upset of their children.