


**Duluth Head Start**

**Serving preschool children and their families  
in Duluth since 1964.**



### Duluth Head Start Mission

- The mission of Duluth Head Start is to serve income eligible preschool children and their families. These services include opportunities to enhance social and cognitive skills, increase health and wellness and build upon family strengths.

### Duluth Head Start Locations

- Barnes Early Childhood Center
- Nettleton Elementary School
- Lincoln Park Elementary School
- Laura MacArthur Elementary School
- Stowe Elementary School
- YWCA Childcare Centers  
both Downtown and Spirit Valley
- Washington Center

### Funding Sources

- Federal grants fund our classrooms throughout the city serving 3 and 4 year olds.
- State grants fund our collaboration with the YWCA Childcare and Families in Transition serving families experiencing homelessness.

### Comprehensive Services

- Health
- Nutrition
- Education
- Mental Health
- Disabilities
- Family Advocacy
- Parent Involvement

### Eligibility

Head Start eligibility is based on the Federal Poverty Guidelines.

Family size and income limit.

• 1	\$10,830
• 2	14,570
• 3	18,310
• 4	22,050
• 5	25,790
• 6	29,530
• 7	33,270
• 8	37,010

For families with more than 8 persons, add \$3,740 for each additional person.

### Enrollment Requirements

- Families interested in Head Start complete enrollment paperwork with a Head Start staff person.
- Families provide proof of income, take their child to the doctor and the dentist for a check-up and any immunizations needed.
- Finding a doctor or dentist is sometimes hard to do. Head Start staff will assist parents with finding a family doctor and dentist.

### Curriculum

- Opening the World of Learning-A literacy rich curriculum used in all Head Start classrooms.
- Second Step-Supports social-emotional growth by helping children identify and manage feelings, learn to be with others and solve problems.
- Action Based Learning-These fun activities connect the brain and the body.

### Assessment

- Developmental Screening must be obtained or performed within the first 45 days of enrollment. (i.e. EPSDT /C & TC, Early Childhood Screening or classroom screening using DIAL-3 (PreK); ASQ-3 (Birth-2) and ASQSE (Birth-PreK) for Behavior/Social Emotional.

### Parent Involvement

- Home Visits
- Conferences
- Policy Council
- Parent/Family Events
- Community Involvement
- Ensuring regular attendance
- Supporting healthy child development

### For more information:

- Duluth Head Start  
2102 N. Blackman Ave.  
Duluth, MN 55811  
Phone: 218-336-8815  
Fax: 218336-8819
- Online @ <http://www.duluth.k12.mn.us>