



New World Black Belt Academy
15 W. Harrison Street
Danville, IL. 61832



<http://www.newworldtaekwondo.com>

April 19, 2011

Re: Anti-Bullying and Conflict Resolution Program

Dear Administration and Staff

My name is Emma Brown, Director and Instructor of New World Black Belt Academy. Our academy was contacted and asked to come to Georgetown Middle School and speak with students about anti-bullying and conflict resolution ideas.

An idea was brought to our attention about conducting small sessions throughout the day during physical education. Students would be provided with options of what they can do to make going to school safe and more enjoyable.

We would provide a handout that talks about how to avoid bullies, what to do and not do, how to ignore bullying and how not to be an easy target. The topics will cover different things they can do to help themselves, as well as others.

Introduce the "Peace Keepers" program. A few students would be selected as Peace Keepers. When a student is experiencing an uncomfortable (**minor**) situation with another student, and unsure of reporting it at that time, they can talk to a Peace Keeper. Many times, when given the duty, peers will stand up to help others, knowing that they can help make a difference in a positive way, especially when that duty is assigned to them.

At New World, we emphasize the importance of respecting **yourself** and others. There are several things that children can learn to avoid bullying at school and feeling safe about attending and enjoy learning.

Martial Arts are renowned for introducing and reinforcing the values of self-discipline and focus on self-esteem while enhancing non-violent conflict resolution, goal setting abilities and strength of character. Students need to know that only they can help themselves overcome being a target for bullying. Students can talk about their strengths, what they enjoy doing and things that they can do to achieve their potential.

We will provide demonstrations of our forms, to show that Tae Kwon Do is not just learning self defense, but that it is a way of life by showing the art side of it. The Tenets of our school are: Courtesy, Integrity, Self Control, Perseverance, Abdominal Sprit, Love, and Honor.

In attendance: Master Dorsey Boyd – Chief Instructor, Assistant Instructor and Danville Police Officer Mr. Joseph Blew and Ms. Christy Blew who is a current student. Christy suffered many years of torment from the hands of bullies while growing up. She would like to share how she overcame this with the help of her brother Joseph, who introduced her to New World and helped her learn to love and respect herself.

If you would like for New World to spend a day at Georgetown Middle School on Monday, May 2nd, please give me a call to secure this date. If this program is something that the administration, staff, parents and students may be interested in, we are willing to bring the training to your area. We also offer a summer program for either one or two days a week to work with students and prepare them for next year's school sessions. If you are interested, I will provide details for sessions, times and fees.

If you should have any questions with regard to this program, or any other program, please do not hesitate to contact me by e-mail: caji@aol.com , 217-597-2870 cell or 217-239-0912 academy. Also, please visit the academy on the website provided.

Sincerely,

Emma Brown, Director