

NEAH-KAH-NIE SCHOOL DISTRICT NO. 56

January 9, 2023
New DO Board Room, and Virtual
504 N. Third Ave.
Rockaway Beach, OR 97136

Present

PRESENT

Board Members

Sandy Tyrer, Chair (virtually)
Kari Fleisher, Vice Chair
Carol Mahoney
Michele Aeder
Landon Myers
Renaë Scalabrin
Mike Wantland

District Office Staff

Paul Erlebach, Superintendent
Mark Sybouts, Business Manager
Kathie Sellars, Administrative Assistant
Student Representative
Jack Stanfield

Work Session Notes

Work Session Notes

Ms. Tyrer called to order the work session at 5:30 p.m. to discuss open/closed campus at Neah-Kah-Nie High School. Ms. Buckmaster and Mr. Keefauver reviewed the Focus Framework. Ms. Buckmaster stated that historically Neah-Kah-Nie has had an open campus. During COVID, the campus was closed for student safety. Ms. Buckmaster stated that vehicles have been off limits during lunch as well as the baseball field, the tsunami trail, or anywhere that student cannot be efficiently supervised. Another reason is attendance, most of the tardies occur after lunch. We are responsible for students door to door. Mr. Keefauver stated that in the other districts where he has worked, unmonitored access to vehicles was not allowed. The number one referral for the last five years was late back from lunch.

Ms. Fleisher stated that it seemed like access to lockers was an issue and that they had to pay for lockers. Ms. Buckmaster stated that students do have access to lockers, they do have to pay a \$5 lock fee. Students also have access to PE lockers. Ms. Tyrer stated that there are enough lockers for each student if you include the PE lockers. Ms. Fleisher asked about the areas that students have access to. Ms. Buckmaster stated that students do have access to the stadium, the library, the lower gym, hallways, and the galley.

Ms. Aeder stated that she did attend the meeting and got answers, she found it interesting that there were 50 letters written. She was informed that this was a writing assignment and students actually received credit for this. She stated that very few of the letters actually mentioned access to vehicles as an issue. She appreciated the time that went into this.

Mr. Myers asked when students did have open campus did staff patrol the grounds. Ms. Buckmaster stated that she did. Ms. Buckmaster explained her process for monitoring students leaving campus.

Ms. Mahoney stated that in the handbook, it does say closed campus, but under it, there is a reference to open campus. Therefore, she feels that it needs to be clearly communicated. Ms. Buckmaster stated that they do review the student handbook rules during advisory, and they do it multiple times during the year. Ms. Mahoney stated that she would like to see upper classmen have open campus and have that privilege used as a carrot in front of them, but she can see where it really is not feasible. We do not have places close enough for students to go off campus and get food off campus.

Ms. Aeder asked if this is an equity issue. Mr. Keefauver stated that someone who lives in Bay City or Manzanita those students cannot go home, and that is where they would see an equity issue.

Ms. Scalabrin shared that policy JHFA states that students can only be released to their parents, and if we have students getting in cars with other students, that seems to fly in the face of that policy. Ms. Buckmaster stated that is an excellent point, there are rules for 16-year-old students when driving other students, and they can only drive a sibling. Monitoring students who can ride with another student even for athletics, they must have the permission of the parents. Ms. Scalabrin went on to say, she read all the student letters and thanked them for their letters. One of the things that came out was the access

to cars during the day. She stated kids needing to go out to their cars would seem to be a drain on staff. Mr. Keefauver stated that it is a burden on Ms. Buckmaster and himself, they are the ones who take the students out to their cars. He mentioned that for the past four weeks he has not had to do that.

Ms. Tyrer shared that when she read the letters the issues were not consistent. She asked Ms. Buckmaster what she thinks is the percentage of students that really want open campus. Did students come to Ms. Buckmaster to tell her they wanted open campus? Ms. Buckmaster said that students did not come to her first to state that they wanted open campus. If you polled students, they would want open campus. If you poll staff, it would be 50/50. Starting at the lowest level was missed in all this. She had some students in passing asking to go to Center Market to get snacks.

Mr. Wantland stated that if kids come to you and ask to go to their cars there is an opportunity to do that. If a student wanted to leave campus, they would be able to do that with the permission of their parents. He stated that he would be at the Center Market and see the carloads of kids rolling in and then he would see the way they would come back into the school. It has been clarified for him that students, with the permission of their parents, can leave campus.

Mr. Stanfield stated that as an upper classman and someone who lives really closed to the school he would want it. However, he can see why it cannot be that way.

Ms. Mahoney wondered if there was a way to reward the students that follow the rules by giving them one day a month as a reward.

Ms. Fleisher stated that it came out in the letters that students were asked for their keys, and were not allowed to go to their car on their own. Mr. Buckmaster stated that it was a one off situation.

Ms. Scalabrin stated that she noticed that Astoria, Seaside, and Nestucca are all closed campus, Tillamook is open only for lunch. Tillamook is the only school district that allows students to go to their vehicles.

Ms. Buckmaster stated that they need sight and sound supervision of students.

Mr. Wantland stated that if there were more supervision would you allow them to go hangout in their vehicle. Mr. Keefauver stated that he would have to be in every vehicle. Not all students make good decisions when they are unsupervised.

Mr. Erlebach stated that the school district is liable door to door. He also recommended reviewing the Focus Framework with the high school staff.

Ms. Tyrer stated that she has not been convinced that this is the role of the board to be involved in this decision. She took another step and talked with OSBA, who stated that this is not board policy, so this is not board work. She appreciates the effort of the students. She thanked Ms. Buckmaster and Mr. Keefauver for their time. The Board and administration has taken a lot of time to consider this issue.

Mr. Myers asked for clarification that OSBA has advised that this is not really board work, that it is more a day-to-day school administration issue. She asked Mr. Erlebach if that was his understanding. Mr. Erlebach stated that he agreed, that OSBA recommended that this is not board work. He feels it is important that the board take on board work and not administrator work.

Ms. Mahoney stated that this was an important exercise to hear from the students. To know about

issues that affect them at the school. She agrees that it is not board work, she is glad that they heard their concerns.

Ms. Aeder asked if the board could just agree by consensus that the board is supporting the decision of the administrators. Ms. Tyrer stated that we could, but the board will be doing that by way of a motion under unfinished business.

Ms. Tyrer adjourned the work session at 6:26 p.m.

Board Meeting
Official Minutes

BOARD MEETING OFFICIAL MINUTES

Call to Order

CALL TO ORDER

Chairman Tyrer called to order the regular meeting of the Board of Directors of the Neah-Kah-Nie School District at 6:30 p.m. Ms. Tyrer welcomed all staff, students and patrons of the district. All present stood for the flag salute.

Approve Agenda

APPROVE AGENDA

Motion to Approve

M-Fleisher/2nd Scalabrin to approve the agenda as presented. Motion carried unanimously

School Board
Recognition

SCHOOL BOARD RECOGNITION

Letter Recognizing Neah-Kah-Nie School District Board Members

Mr. Erlebach read the letter that he sent out to all staff recognizing Neah-Kah-Nie School District Board Members for all they do for staff and students in the district. Board members were presented with certificates, a vest with the Neah-Kah-Nie logo embroidered on it and a cupcake.

Consent Agenda

CONSENT AGENDA

Approve Minutes from December 12, 2022, Regular Board Meeting
Adopt Elementary Social Studies Curriculum

Mr. Myers asked if we could break the consent agenda up into three parts.

PERSONNEL

Hiring – Coach

Angie Douma as Neah-Kah-Nie Middle School Girls' Basketball Coach – **added at the meeting**

Motion to Approve A.

A. M-Aeder/2nd Myers to approve the minutes from the December 12, 2022 regular board meeting. Motion carried unanimously.

Motion to Approve B.

B. M-Scalabrin/2nd Mahoney to approve Angie Douma as the middle school girl's basketball coach. Motion carried unanimously

Motion to Approve C.

C. M-Mahoney/2nd Fleisher to approve the elementary social studies curriculum. Vote: Yes; Fleisher, Mahoney, Aeder, Scalabrin, Wantland, Tyrer; No, Myers. Motion carried.

Ms. Fleisher and Ms. Mahoney thanked the district for making the curriculum available. Mr. Erlebach stated that we would do that in the future.

VOLUNTEER OF THE MONTH

Mike Wantland, Nominated by Neah-Kah-Nie Middle School

Ms. Dilbeck read the letter she submitted nominating Mike Wantland as the volunteer of the month.

COMMUNICATIONS

Oral Communication

Public Input

Public Input

Jo Cooper, EVCNB Invitation to Board, February 4, 1:00-3:00 p.m.

Ms. Cooper introduced herself, she stated that she is a past employee and is loving retirement. She invited the Board to a presentation by Dr. Jonathan Allan, Coastal Geomorphologist, Oregon Department of Geology and Mineral Industries (DOGAMI). Ms. Cooper shared that Dr. Allen speaks worldwide on subduction zone earthquakes. The event will be held at NCRD.

Mr. Myers thanked Ms. Cooper and the EVCNB for all the work they do. It is an impressive group.

Student Input

Student Input

Neah-Kah-Nie Middle Student Update, Patrick Conner

Ms. Dilbeck introduced Mr. Conner, who teaches the 7th & 8th graders art every day. Mr. Conner thanked the Board for allowing him to share his presentation. Mr. Conner shared the focus for each trimester, and thanked the Board for supporting art in the schools. His presentation is attached to these minutes.

Ms. Scalabrin stated that her son is excited about the Nike design project. Mr. Conner used to work for Nike and reached out to some of his colleagues about this project. Mr. Erlebach stated that Mr. Conner's students would be working with an artist to develop a mural for the wall between the Health Center & the Wellness Center, which will be funded by a grant through the Rinehart Clinic.

Staff Input

Staff Input

Licensed Staff Update, Selena Clifton

Ms. Clifton presented the licensed staff update. The licensed staff update is attached to these minutes. Ms. Scalabrin stated that today was a professional development day, as opposed to the late start Mondays. Ms. Clifton stated that having a full day to plan together and collaborate was great.

Ms. Buckmaster stated that today we had the consolidated planning presentation. Staff had the opportunity to give feedback on the planning. Staff also had QPR training today as well. Having the time to deep dive into important work is so valuable.

Ms. Nugent stated that her staff really like this time, they reviewed the integrated guidance and she had some staff training time, but staff would like it more frequently. Her staff would like these collaborative times more often.

Staff & Student
Wellness Update

Staff and Student Wellness Update, Denise Weiss

Ms. Weiss shared the results of the Attitudes and Behaviors survey around alcohol and other substance abuse habits. This is the result of a grant that Neah-Kah-Nie School District has received. Ms. Weiss' presentation is attached to these minutes.

Ms. Scalabrin thought that the perception vs. reality data was good information. How do we communicate that to our students and families? Ms. Weiss stated that there would be a parent engagement meeting to have a conversation with our families.

Written
Communications

Written Communications

Ms. Tyrer reviewed the following written communications.

Board and Administrator

December Enrollment Report

The Nehalem Nugget

Neah-Kah-Nie Middle School Newsletter

The Howler

Thank You Letter From Jen Hopkins to Darlene Wiswall
Thank You Letter From Jen Hopkins to Tillamook PUD
Thank You Letter From Jen Hopkins to the Eugene Schmuck Board Members
Thank You Letter From Heaven Hartford to Cami Hickman
Thank You Letter From Heaven Hartford to the Eugene Schmuck Board Members

REPORTS

Reports
FNRL Club
Presentation

Future Natural Resource Leaders Club Presentation, Steve Albrechtsen

Mr. Albrechtsen and several of his students presented a video of their first competition. Mr. Erlebach asked Mr. Albrechtsen to have the video posted on our website. Mr. Myers stated that if you could have seen the property before Mr. Albrechtsen and the students began working on it. There was nothing there; they have really made something out of that area. The students did Ninety percent of the work on that field. The other schools that participated would like to see the state competition on our site. Mr. Myers also recognized Marlene Acker for her efforts to support the club, and congratulated the students for a successful event. Mr. Erlebach thanked Mr. Albrechtsen and the students for their work and creativity. The club presented Board members with FNRL t-shirts.

Inclusion Alliance

Inclusion Alliance, Michele Aeder

The next meeting of the Inclusion Alliance will be Tuesday, January 17 at 5:30 p.m. It is a ZOOM meeting. They will revisit the day of the week their meetings are held in order to make it most convenient for committee members. They have completed their work on a Bias incident reporting form and checklist for administrators to use following a report. Ms. Aeder also reported that Oregon Department of Education has released new guidance for school districts. She read the following paragraph:

The Oregon Department of Education (ODE) fosters excellence for every learner and recognizes that academic success depends on a safe school environment. As an organization, we value equity for every student. Educational equity requires an educational environment that is safe and free from discrimination and harassment as well as one that ensures every student has equitable access to educational programs and activities. This guidance is designed to support schools and districts in meeting their responsibilities for creating safe and affirming school environments for every student, including gender expansive students.

UNFINISHED BUSINESS

Unfinished Business
HS HVAC Project

High School HVAC Project Update, Mark Sybouts

Mr. Sybouts stated that we do not have a guaranteed maximum price. We will meet on the 12th to discuss the scope of the project.

Superintendent Search Update, Sandy Tyrer

Ms. Tyrer stated that she spoke with OSBA, we have received eight superintendent applications. She encouraged any interested applicants to apply. The deadline is January 20.

Superintendent Search

Board Discussion on Open/Closed Campus

Ms. Tyrer stated that we have spent a lot of time on this issue with a lot of discussion. We had a work session tonight to review the Focus Framework. In speaking with OSBA this particular type of work is not board work. It is not one of the things that falls under the Board's area of responsibility. This type of policy is more of an administrative policy. The Board appreciates the passion of the students, encouraged them to follow the established process by starting at the lowest level.

HS Open/Closed
Campus

M-Tyrer/2nd Mahoney to uphold the current closed campus rule in the Board approved student handbook. Additionally, students will continue to request permission from the office to gain access to their vehicles during the school day. Motion carried unanimously.

Motion to Approve

NEW BUSINESS

Board Policy

- A. Board Policy Lead Sheet
- B. BBBA-Board Member Qualifications
- C. BCF-Advisory Committees to the Board
- D. CBC-Superintendent Contract
- E. GCAA-Standards for Competent and Ethical Performance of Oregon Educators – **This policy needs to be updated to state PreK-12.**
- F. GCQB-Research
- G. IFE-Curriculum Guides and Course Outlines
- H. IGAC-Teaching about Religion
- I. IGBB-AR-Complaints Regarding the Talented and Gifted Program and/or Services
- J. IGBBA-AR-appeal Procedure for Talented and Gifted Students Identification and Placement
- K. IGBBC-Programs and Services - Talented and Gifted

M-Scalabrin/2nd Fleisher to approve the policies as amended (GCAA will be amended to reflect PreK-12). Motion carried unanimously.

Motion to Approve

FISCAL

Payment of Bills

December Check Register

No board member raised an issue with the December check register

Fiscal
Payment of Bills

Fiscal Summary Sheet

Mr. Sybouts stated that we had a significant increase in income, this is a combination of property tax payments and interest rate increases. Interest rates have not been this high in five years.

Fiscal Summary Sheet

Statement of Economic Interest, Mark Sybouts

Mr. Sybouts stated that he has gone through the training to set up Board member accounts. Board members will be getting an email. Mr. Sybouts will be sending out more information in the future.

Statement of Economic
Interest

SUGGESTIONS AND COMMENTS

Superintendent

Mr. Erlebach shared the following:

- Coffee and Conversation will be Wednesday, January 11 at 10:00 a.m. at the Bunkhouse Restaurant in Nehalem
- Neah-Kah-Nie Student Health & Wellness Center meeting is Tuesday, January 10, from 3:45-4:15
- At the February board meeting, Kate Pattison will present to the board the status of the Integrated Guidance/Continuous Improvement Plan. The board will approve the plan at the March board meeting
- This morning all staff met with Kate at the high school to review the Integrated Guidance and Continuous Improvement Plan initiatives. He thanked Ms. Aeder for representing the board at the meeting.
- He thanked Garibaldi, Nehalem and the Middle School for displaying art in the board room
- He will be reading selected stories to Nehalem Elementary students during the evening literacy night
- He met with media staff today to discuss their needs

Suggestions &
Comments
Superintendent

Ms. Tyrer asked Ms. Sellars to provide information on the May election. Ms. Sellars stated that she has received the filing information and application. The first day to file is February 4 and the last day to file is March 16, with the election being May 16. See Ms. Sellars for your application.

Board

Carol Mahoney shared that she has enjoyed being on the board for eight years. She is not going to run again, she is looking for a young person to come in and fill her seat. We have a great district and great staff. She will always support the school district.

Ms. Scalabrin stated that she is sorry to hear that Ms. Mahoney will not be sitting next to her. She really enjoyed the meeting tonight. We were able to see a lot of effort put into programs for the students.

Ms. Aeder shared she did read most of the guidance from ODE from which she read the paragraph. She is glad she was able to attend the Integrated Guidance presentation this morning. She is pleased with the plan that is being developed.

Mr. Myers thanked the presenters for giving great presentations.

Ms. Fleisher thanked the district for the gifts tonight. She stated that the County Health Department is going to have a mobile medical bus that will be going into rural areas.

Mr. Wantland thanked Ms. Dilbeck for the recognition. He stated that Mr. Conner's art class is phenomenal. He wants us to continue to support the things that interest our students. He thanked Mr. Albrechtsen and Ms. Acker for their work. This is going to be much bigger than just a club.

Mr. Stanfield thanked Ms. Weiss for the information from the drug and alcohol survey.

Ms. Tyrer thanked everyone for the presentations, it sounds like she missed a celebration. Her zone is also up for election this year. It is her intention to run again.

ADJOURN

Hearing nothing more to come before the board the meeting adjourned at 8:13 p.m.

Adjourn

NEXT MEETING

January 23, 2023, Screening Committee Training

February 13, 2023, Regular Board Meeting

Next Meeting

NKN MS ART

Content for Board Presentation

Jan 2023

For this section, please plan for three (3) slides.

Content of slides:

Slide 1- Share **Introductory to Art, Elements of Art and Principles of Design**. I will share a few student's work that was completed for this standard.

Slide 2- Share the focus of Tri 1 Visual Art Standards, which is **Creating- Generate and conceptualize artistic ideas and work.** I will share a few student's work that was completed for this standard.

Slide 3- Share the focus of Tri 2 Visual Art Standards, which is **Presenting- Analyze, interpret and select artistic work for a presentation.** I will share a few student's work that was completed and in process for this standard, with a focus on our current project collaboration with NIKE.

I will end the art section presentation with a quick overview of Tri 3 Focus and Mural collaboration for the area directly outside of the clinic.

January 9, 2023
Certified Union School Board Report Information

	Professional Development	Collaboration	Family Engagement	Other
Garibaldi Grade School	We participated in the session about integrated guidance and then a Science of Reading PD on phonological awareness, and time to work together on planning.	It is really nice to be able to meet and plan with my colleagues on PD days.	We have a family SEL (social-emotional learning) family night coming up in January to share strategies we use at school.	
Nehalem Elementary	Participated in a session with the district consultant to go over the integrated guidance and provide feedback on the draft goals.	We had the opportunity to meet together to discuss the "Sold a Story" podcast . We also had time to meet and discuss reading interventions and make decisions based on data.	We have a family reading night planned in January where staff and community members will read their favorite books.	
NKN Middle School	Participated in a session with the district consultant to go over the integrated guidance and provide feedback on the draft goals. Attended test security training in anticipation of SBAC testing. Ongoing professional development around interim assessments as a formative assessment tool with support from ODE.	Department teams have been utilizing D&F data to improve systems of support for students who are struggling. Grade level teams are taking an active role in identifying students who are struggling and designing and implementing interventions.		43 students have applied to be selected to go on the Mudd-Nick DC trip. Applicants are now preparing their method of presenting their argument as to why they should be selected on the trip. Students are writing essays, making posters, producing videos, and more! Students will be able to spend their hard earned sand dollars to enter a basketball tournament, with the winners playing a staff team at the next

	Professional Development	Collaboration	Family Engagement	Other
NKN High School				<p>assembly.</p> <p>11 middle school and high school band students participated in the Oregon Music Education Association District III honor band. They were well prepared and represented the school very well. The performance was amazing.</p> <p>In advisory we will be embarking on a financial literacy journey with all students culminating with a Financial Reality Fair at TBCC and career speakers in the areas of business, finance and human resources.</p>

Other Comments:

Elementary PE:

2nd-5th grade students have just completed a PE unit through SPARK curriculum on floor hockey. Kids were highly engaged and learned/refined skills and concepts. Pre-K-1st grade students have been learning volleying, striking, and dribbling fundamental skills also through the SPARK curriculum. K-5 students have just begun working on ball handling skills through a new basketball unit. Students have been learning health concepts such as nutrition, safety, body systems, and communicable illnesses through The Great Body Shop curriculum. Collaboration between NES and GGS PE teachers continues to be an important piece to building a strong PE program.

----Kimberly Baertlein, GGS and Ali Duer, NES

NKN Counselors participate in a 504 training with Miranda Peters from ODE. It was a great refresher as well as new information.

Student Attitudes and Behavior Survey

Neah-Kah-Nie School District

Presenter: Diana Hu
December 2022



1

1

Prevention Solutions

Prevention is a climate not a program

- Private nonprofit organization
- **43** years of school-based substance abuse prevention
- **Over 2.5** million students, **70** countries
- **Over 130k** students surveyed
- Evidence-based and personal experience



2

2

Prevention Defined

Prevention is an empowering process that promotes individual, family and community health throughout life by implementing practical and effective strategies that:

- Identify and strengthen **protective factors** that contribute to well-being
- Identify and address **risk factors** that interfere with well-being
- Identify and **intervene on behaviors** that lead to disease



3

3

Survey Background

- Developed by experts in public health
- Completely anonymous
- 50 questions on substance use, student attitudes, school life, family life
- Supplemental questions
- 25 checks for inconsistent answers
- Respectful and curious students



4

4

Your School

- Administered Fall 2022
- Grades 6-12
- Web-based survey
- 305 completed responses
- **94%** valid response rate



Key Findings

The vast majority of NKN students hold positive beliefs, engage in responsible decision making, and exhibit healthy behaviors.



Alcohol

- **73%** of NKN students have never had a whole drink of alcohol.
- **53%** of 10th-12th graders have never had a whole drink of alcohol.
 - 6 cases of higher-risk drinking
- **0%** of 6th graders drank in the past year, versus **67%** of 12th graders.
- **13%** of all students agree with the statement “students at this school feel pressured to drink alcohol.”



7

Past-Year Alcohol Use

Q19. Have you used any of the following substances during the PAST 12 MONTHS? Do not include drugs used as prescribed by a medical doctor.

19a. Alcohol (at least one whole drink of wine, beer, malt beverage, wine cooler, liquor, mixed drink)

	6th	7th	8th	9th	10th	11th	12th	Total
Yes	0	3	4	8	8	12	22	57
	0.00%	6.38%	9.76%	15.09%	15.09%	32.43%	66.67%	
No	47	44	37	45	45	25	11	254
	100.00%	93.62%	90.24%	84.91%	84.91%	67.57%	33.33%	

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Alcohol rates compared to US Norms (MTF 2019)

Alcohol Use Lifetime Prevalence (Q5)

	MTF 8 th	NKN 8 th	MTF 10 th	NKN 10 th	MTF 12 th	NKN 12 th
Total	24.5	15.0	43.1	25.6	58.5	75.0
Male	23.1	15.8	40.8	27.3	56.8	76.5
Female	25.7	5.3	45.2	25.0	60.2	71.4

Alcohol Use Past 12 Months (Q19a)

	MTF 8 th	NKN 8 th	MTF 10 th	NKN 10 th	MTF 12 th	NKN 12 th
Total	19.3	9.8	37.7	21.4	52.1	66.7
Male	17.5	10.5	35.8	23.8	50.2	61.1
Female	21.0	0.0	39.4	20.0	53.8	71.4

Alcohol use at NKN is below U.S. norms in 8th and 10th grade and above US norms in 12th grade for all available measures.



9

9

Marijuana

- **80%** of all students have never used marijuana.
- Past-year marijuana use ranges from **0%- 39%** (6th-12th grade).
 - *(weed, pot, joints, grass, hash, edibles)*
- Most popular substance after alcohol.



10

10

Past-Year Marijuana Use

19e. Marijuana (weed, pot, joints, grass, hash, edibles)

	6th	7th	8th	9th	10th	11th	12th	Total							
Yes	0	0.00%	6	12.77%	3	7.32%	8	15.09%	8	15.09%	13	35.14%	13	39.39%	51
No	47	100.00%	41	87.23%	38	92.68%	45	84.91%	45	84.91%	24	64.86%	20	60.61%	260



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Marijuana rates compared to US Norms (MTF 2019)

Marijuana Use Lifetime Prevalence (Q17)

	MTF 8 th	NKN 8 th	MTF 10 th	NKN 10 th	MTF 12 th	NKN 12 th
Total	15.2	7.5	34.0	25.6	43.7	43.7
Male	13.6	5.3	32.9	36.4	43.7	41.2
Female	16.4	0.0	34.8	15.0	42.9	42.8

Marijuana Use Past 12 Months (Q19d)

	MTF 8 th	NKN 8 th	MTF 10 th	NKN 10 th	MTF 12 th	NKN 12 th
Total	11.8	7.3	28.8	21.4	35.7	39.4
Male	10.2	5.3	27.6	28.6	35.2	38.9
Female	13.0	0.0	29.7	15.0	35.5	35.7

Marijuana use at NKN is below or on par with U.S. norms for all available measures.



12

Smoking and Vaping

- **94%** of all students have not smoked a cigarette within the past 12 months.
- Past-year electronic vape use ranges from **0%-24%** (9th-12th grade).
 - *e-cigarettes, e-cigs, vape, vape pens, etc.*
- Rates of vaporizer use below US standards.
- Most popular substance after alcohol and marijuana.



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Other Substances

The vast majority of students at NKN do *not* use other drugs. Most common substances reported were inhalants, OCT medicines and narcotics.

19n. Inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high)								
	6th	7th	8th	9th	10th	11th	12th	Total
Yes	1 2.13%	0 0.00%	1 2.44%	2 3.77%	2 3.77%	2 5.41%	2 6.06%	10
No	48 97.87%	47 100.00%	40 97.56%	51 96.23%	51 96.23%	35 94.59%	31 93.94%	301

19p. Over-the-counter cold medicines used for non-medicinal purposes (Nyquil, cough syrup, etc.)								
	6th	7th	8th	9th	10th	11th	12th	Total
Yes	4 8.51%	3 6.38%	4 9.76%	4 7.55%	4 7.55%	5 13.51%	2 8.06%	28
No	43 91.49%	44 93.62%	37 90.24%	49 92.45%	49 92.45%	32 86.49%	31 93.94%	285

19h. Narcotics NOT prescribed for you (OxyContin, Vicodin, Dilaudid)								
	6th	7th	8th	9th	10th	11th	12th	Total
Yes	1 2.13%	1 2.13%	1 2.44%	1 1.89%	1 1.89%	3 8.11%	0 0.00%	8
No	48 97.87%	46 97.87%	40 97.56%	52 98.11%	52 98.11%	34 91.89%	33 100.00%	303



14

Other Substances

In general, students that drank more were more likely to report other substance use



15

15

Higher-Risk Drinkers

- **6** “higher-risk drinkers” in grades 11 and 12
- Consumed **5** or more drinks of alcohol on **1 or more** days within the **past 30 days**
- “Higher-risk drinkers” are at higher risk for a wide variety of negative emotional, health and social consequences, as well as use of other substances



17

17

Consequences of Higher-Risk Use

	"Higher-Risk Drinkers" n = 6	"Lower-Risk Drinkers" n = 17
Felt need or tried to cut down on drinking/other drug use	16.7	23.5
Thought they had a drinking/drug problem	16.7	5.9
Felt guilty about their drinking/drug use	0.0	17.6
Needed a drink or other drug first thing in the morning	0.0	11.8
Used alcohol or other drugs by oneself	50.0	35.3
Got drunk	100.0	64.7
Did something they later felt sorry for	60.0	17.6
Had a fight/argument/bad feelings with a friend/person I am dating	66.7	17.6
Had a fight/argument/bad feelings with a family member	66.7	17.6
Got into sexual situations that they later regretted	16.7	17.6
Missed or performed poorly at school/work/athletic event	33.3	11.8
Had trouble concentrating on homework/class work/other tasks	40.0	17.6
Felt really sick, vomited, or had a hangover	66.7	47.1
Drove a vehicle after drinking	16.7	0.0
Rode as a passenger in a vehicle after the driver had been drinking	66.7	11.8
Got in trouble at home/school	16.7	17.6
Got involved with people they think are a bad influence	0.0	17.6
Forgot what happened while they were drinking	66.7	29.4
Passed out because of drinking	33.3	5.9
Got hurt or injured	16.7	11.8
Had something to drink right before/during school hours	16.7	5.9



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Use Comparisons for Selected Subgroups

	"Higher-Risk Drinkers"	10 th -12 th Graders	"Lower-Risk Drinkers"	"Non-Drinkers"
Cigarettes	16.7	8.0	23.5	1.5
Electronic Vaporizers	100.0	21.6	41.2	4.5
Smokeless Tobacco	66.7	8.9	11.8	1.5
Marjuana	50.0	31.2	41.2	15.2
Ecstasy	0.0	0.0	0.0	0.0
Heroin	0.0	0.0	0.0	0.0
Narcotics	0.0	2.7	11.8	0.0
Amphetamines	0.0	0.9	0.0	0.0
Methamphetamine	0.0	0.9	0.0	0.0
Cocaine	16.7	1.8	0.0	0.0
LSD	0.0	1.8	0.0	0.0
Hallucinogens	16.7	5.4	5.9	0.0
Inhalants	0.0	3.6	17.6	0.0
Steroids	0.0	0.9	6.2	0.0
Over-the-Counter Medicines	0.0	8.0	11.8	9.1



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Let's Talk About It!

What did you think about the student use data at NKN?

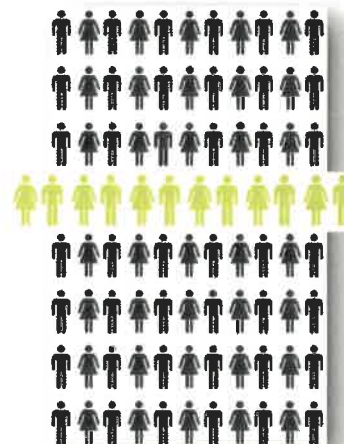
What are some ideas you have for prevention?

Where does NKN need to strengthen its prevention efforts?



Social Norms Approach

- Gross exaggerations
- False perceptions
- Perception influences reality
- Affects younger children
- Research-based prevention strategy



False Normative Beliefs

- 31% of 11th graders say they typically use marijuana 1-2 times a year or more.
- Yet, 94% of 11th graders believe their classmates typically use marijuana at this rate.

- 3% of 11th graders agree that “it is cool to get drunk.”
- Yet 42% of 10th graders believe that students in general at their school think “it is cool to get drunk.”

Faculty and Staff

- **68%** of all students feel “valued as a person” at NKN.
- **85%** feel that “teachers and school staff care about me as a student”
- **66%** feel that “my school is making a sincere effort to address alcohol and other drug use problems.”



Family and home life

- Most students agree with statements that suggest high levels of parental interest, involvement, and supervision.
- **82%** of students agree with the statement *“My parents show interest in my schoolwork”*.
- **86%** of students agree with the statement *“My family has clear rules about alcohol and drug misuse”* (**91%** - **80%**).



Let's Talk About It!

How can we increase prevention (build protections, reduce risks) in students' home lives?

What role do parents play in prevention?

What Works?

Effective prevention programs...

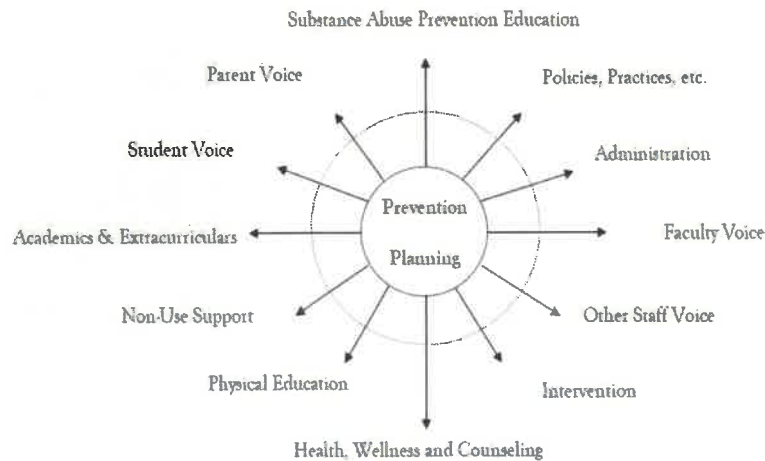
- ... engage the entire community
- ... change social norms perceptions
- ... provide accurate, age-appropriate drug information
- ... develop awareness of consequences of use
- ... reinforce clear and consistent expectations of health
- ... balance health and discipline systems
- ... delay first use of alcohol and other drugs
- ... address known risk factors and reasons kids use
- ... teach early intervention strategies
- ... promote alternative ways to have fun
- ... support and encourage non-use



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Comprehensive Prevention Planning



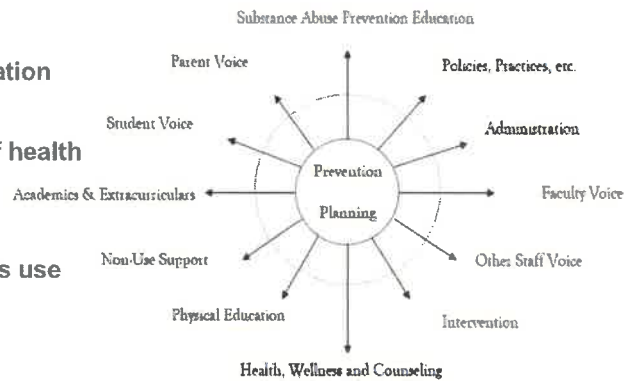
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Comprehensive Prevention Planning

Effective prevention programs...

- ... engage the entire community
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- ... promote alternative ways to have fun
- ... support and encourage non-use



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Resources

- **Prevention Solutions**
 - Find us on Facebook
 - www.hazeldenbettyford.org/prevention
 - schools@hazeldenbettyford.org
- **National Institute on Drug Abuse**
 - <http://www.nida.nih.gov>
- **Partnership for Drug-Free Kids**
 - <http://www.drugfree.org/>
- **Above the Influence**
 - <http://abovetheinfluence.com/>



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