



NES January 2024 Newsletter

Important Dates and Reminders

- **January 1st** - No School - New Years Day
- **January 2nd** - School Resumes
- **January 8th** - No School for Students, Professional Development
- **January 8th** - School Board Meeting 6:30 p.m. @ the District Office
- **January 15th** - No School - Martin Luther King Day
- **January 26th** - No School for Preschool Only



NES Swim Lessons:

The last week of swim for Carbary, Henderson, and McCoy is December 12th, 13th, & 14th. There will be a few make up lessons on the following dates:

- **McCoy** - 1/11, 1/18, 1/25
- **Henderson** - 2/1, 2/8, 2/15, 2/22
- **Carbary** - 2/29, 3/7, 3/14, 3/21

Swim lessons will start for Honts and Christensen's classes January 9th and 10th

- **Honts** - Tuesdays
 - **Christensen** - Wednesdays
-

STATE TESTING INFORMATION

Required state testing for grades 3-5 will be this spring. Specific dates will be in the newsletter when testing gets closer so that parents know the actual dates their children will test. State law requires parents be notified of their right to opt-out their child from state testing, even though NES, the Neah-Kah-Nie School District and the Oregon Department of Education recommends that all students test. Click on the red button below to access the Opt Out Form.

Oregon State Testing Opt Out Form - English

Oregon State Testing Opt Out Form - Spanish

NES Vision Screenings

On **Tuesday January 23rd, 2024 Vision Screenings** will be offered by the Lions Club for all students. These screenings occur each year as part of required Oregon school based health screenings. A follow up letter will be sent home within a few weeks of the screening **ONLY** if there are unexpected results or if your student needs a follow up screening with an eye doctor. We appreciate this opportunity offered by the Oregon Lions Sight and Hearing Foundation

Flash Alert

Click on this link to sign up for Flash Alert. It is a good way to get emergency information about school delays and closures. Follow the steps below to sign up:

- View local news - Portland, Vancouver, Salem
- No. Ore. Coast Schools
- NKN School Dist.
- Subscribe with your email

[Flash Alert Sign Up](#)

NKN Inclement Weather Communication Plan



**SCHOOL
DISTRICT**

Preparing children for an ever changing world

504 N. Third Ave. / PO Box 28
Rockaway Beach, OR 97136
Phone: 503-355-2222
Fax: 503-355-3434
www.nknsd.org

**Inclement Weather Communication Plan
(Revised 12/4/2023)**

Neah-Kah-Nie Staff, Students, and Parents,

In case of inclement weather and/or a power outage, here is the school district's Delayed Start Communication Plan.

Monday-Friday

5:00 a.m. Road checks by First Student and NKN School Superintendent

5:45 a.m. First Student and superintendent will discuss road conditions to determine if a school delay or school closure is necessary. If the decision is to cancel or delay school, the superintendent will notify staff.

6:00 a.m. Public notice of school cancelation or delay by the school district will be available on the school district's Facebook and website pages (nknsd.org), Flashalert, and School Messenger.

In the case of inclement weather or a power outage, the school district will make timely and safe decisions based on current conditions. In case of a power outage, the school district will communicate with Tillamook PUD staff to determine next steps.

If there is a two hour delay, elementary staff will report to work at 9:30; school will begin at 10:00. At the secondary level, staff will report to work at 10:00 and school will begin at 10:45.

Parents, if there is a two hour delay, your child will need to be at the bus stop two hours later than the regular bus pick up time, for example, if your child is normally picked up at 8:10 a.m., with a two hour delay, your child will be picked up at 10:10 a.m.

Breakfast will not be provided on a delayed start day.

Sincerely,

Dr. Tyler Reed, Superintendent
Neah-Kah-Nie School District



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**Plan de comunicación contra las inclemencias del tiempo
(revisado el 12/4/2023)**

Personal, estudiantes y padres de Neah-Kah-Nie:

En caso de inclemencias del tiempo y/o un corte de energía, aquí está el Plan de Comunicación para Iniciar Clases Tarde del distrito escolar.

Lunes a Viernes

5:00 a.m. Verificaciones en la carretera por el personal de autobuses y el superintendente de las escuelas de NKN

5:45 a.m. First Student y el superintendente discutirán las condiciones de la carretera para determinar si es necesario un retraso o cierre de la escuela. Si la decisión es cancelar o retrasar las clases, el superintendente notificará al personal.

6:00 a.m. El aviso público de cancelación o retraso de la escuela por parte del distrito estará disponible en las páginas de Facebook y el sitio web del distrito escolar (nknsd.org), Flashalert, y School Messenger.

En el caso de inclemencias del tiempo o un corte de energía, el distrito escolar tomará decisiones oportunas y seguras basadas en las condiciones actuales. En caso de un corte de energía, el distrito escolar se comunicará con el personal de Tillamook PUD para determinar los próximos pasos.

Si hay un retraso de dos horas, el personal de la escuela primaria se presentará a trabajar a las 9:30; las clases comenzarán a las 10:00. En el nivel secundario, el personal se presentará a trabajar a las 10:00; las clases comenzarán a las 10:45.

No habrá desayuno el día que se inicien las clases tarde.

Atentamente,

Dr. Tyler Reed, Superintendente
Distrito Escolar Neah-Kah-Nie

Oregon Department of Education SEED Survey

Grades 3rd - 11th

Dear Students, Staff and Family Members;

ELEVATING STUDENT VOICE The Oregon Department of Education is deeply committed to helping each and every student learn, grow, and thrive. ODE is also committed to providing opportunities for feedback and input to continuously improve education experiences for all students in Oregon. The Student Educational Equity Development (SEED) Survey will help ODE gather information about the educational experiences of students in Oregon. This information will help ODE to develop appropriate resources and supports for districts in Oregon, and better target those resources where they are most needed. SEED Survey data may also help districts develop a fuller picture of their local contexts and make strategic modifications to curriculum, instruction, and related academic supports that they offer students. Please click on the form below for more information on how the SEED Survey works.

English

Spanish

Our Family Resource Center is in Need of Some Donations

If you're looking to clean out gently used clothing that your child/children outgrew, we're in need of the following items.....

- clothing
- shoes/boots
- coats
- swim suits and trunks

Preschool through 5th grade sizes would be greatly appreciated!



Donations can be dropped off at the office.

MISS JENNIFER

Happy New Year!

I hope everyone and their families had a beautiful winter holiday.



In January we will continue focusing on skills needed for learning.: Listening, focus, respect, empathy, positive self talk to name a few. We will also take time to review problem solving and conflict resolution. As we return to school from break a little refresher goes a long way. Additionally, we will be covering our Child Protection Unit. Students will learn about safe, unsafe, and unwanted touches, and rules about touching private body parts.

They'll also learn to say no to unsafe or unwanted touches, and to tell an adult if someone breaks rules about touching private body parts. You should be receiving an email with information about these lessons. If you have any questions or concerns please let me know.

Mindfulness (another way to describe it to younger kids - being where your feet are) will continue to be incorporated into our SEL lessons this year. Practicing mindfulness is a great way to train our brains to regain focus and calm. and be "present" in the moment (without judgment), whether it be in the classroom, at lunch, at recess or at home with family. I encourage you to practice this with your students at home. The more they practice, the more automatic a mindfulness response becomes. [MindYeti](#) is a great resource for PreK - 3rd grade. It was created by the Committee for Children who is the creator of Second Step, the SEL curriculum used at NES. [Waterford.org](#) is another great resource for kids and mindfulness as well.

If you have any questions or concerns about your student feel free to contact me. You can also fill out a [counseling form espanol](#) to request a meeting.

Ms. Jennifer

503-355-3657

jenniferh@nknsd.org

Mrs. Duer- PE

PE-Mrs. Duer

It has been a busy November and December in PE. Students in the upper grades (2nd-5th) have been working on team games, scooter games, cardio drumming, hockey skills/game play, and jump roping. In the lower grades (PreK through 1st), students have been working on playing simple games, striking with paddles, scooter play, hockey skills, and cardio drumming.

January Focus:

Jump Roping

Tumbling and Stunts





AT NEAH-KAH-NIE HIGH SCHOOL

HOURS:

Tuesdays	8:30 am – 12:00 pm / 1:00 – 4:30 pm (Closed for lunch 12:00 - 1:00 pm)
Wednesdays	8:30 am – 12:30 pm / 1:30 – 4:30 pm (Closed for lunch 12:30 - 1:30 pm)
Thursdays <small>Counseling appointments only</small>	8:30 am – 12:00 pm / 1:00 – 4:30 pm (Closed for lunch 12:00 - 1:00 pm)

SERVICES AVAILABLE:

NKN Student Health & Wellness Center offers various medical services, including:

Regular check-ups	Dental screenings
Sports physicals	Blood-pressure screenings
Care for illness and injury	Health education
Immunizations	Counseling
Routine lab tests	Wellness opportunities
Prescription medications	Referrals for other medical services
Age-appropriate reproductive health	(Dental, X-rays, MRIs, Specialty)
Vision screenings	



EN LA SECUNDARIA NEAH-KAH-NIE

HORARIOS:

Martes	8:30 am – 12:00 pm / 1:00 – 4:30 pm (Cerrado para almorzar de 12:00 a 1:00 p. m.)
Miércoles	8:30 am – 12:30 pm / 1:30 – 4:30 pm (Cerrado para almorzar de 12:30 a 1:30 p. m.)
Jueves <small>Citas de consejería solamente</small>	8:30 am – 12:00 pm / 1:00 – 4:30 pm (Cerrado para almorzar de 12:00 a 1:00 pm)

SERVICIOS DISPONIBLES:

El Centro de Salud y Bienestar para los estudiantes de NKN ofrece varios servicios médicos, inclusive:

Controles regulares	Estudios dentales
Exámenes físicos para deporte	Estudios de presión arterial
Atención de enfermedades y lesiones	Educación de salud
Vacunas	Asesoría
Análisis de laboratorio de rutina	Oportunidades de bienestar
Medicamentos de receta	Remisiones para otros servicios médicos (Dental, radiografías, resonancias magnéticas, especialistas)
Salud reproductiva adecuada a la edad	
Estudios de visión	

Conozca más en: NKNHealth.org

NKN Student Health & Wellness Center | Teléfono: 503-355-3500 | Fax: 844-720-1901

NCRD Youth

Welcome back NES families, we hope you all had a festive season with lots of memories made. If you are in need of youth after school care, please reach out to us here at NCRD.

We pick up your students at Nehalem Elementary school at the end of each school day and are open

until 5pm. The cost is \$6 per day per child. This does include a nutritious snack and a host of enrichment activities (outdoor play/walks, gym time, crafts, music, science, etc.) If interested, please

reach out to Angie or Kiley at NCRD by phone, email, website, or just stop in. We offer full-day childcare on non-school days but are closed on all Federal holidays. No school days are \$20 per student with preregistration. The no school day in January that we are providing care for is January 8. To preregister and prepay, contact the Welcome Center.

Scholarship applications are available upon request. Scholarships for students are funded through the Friends of NCRD, who support families in need through various fundraisers throughout the year. Please let any youth center staff or the Welcome Center know if this is a need, and we will get you a scholarship application.

-Youth Sports-

Basketball will begin January 22 on Monday and Wednesday nights from 4:30- 5:30pm at the NES gym.

If you have not registered, please stop by, or call the Welcome Center for more details! If you are interested in volunteering/coaching for this or any sport, please let me know. None of this would be

possible without the great coaches we have. angiet@ncrdnehallem.org kileyk@ncrdnehallem.org

NCRD Aquatics Center

POOL NEWS 2024

Nehalem Pool will be closed December 18, 2023 thru January 7, 2024.

****On-going boiler issues will be addressed at this time****

Regular Programming will begin January 8, 2024.

School swim will begin Tuesday, January 9, 2024.

Wednesday Water Play (WWP)

WWP will be on pause winter term 2024.

Look for this program after spring break!

NKN District Job Openings

Click button to access and apply for open positions.

The school district is also in need of qualified substitutes in all areas.

See below for ESS link to become a substitute.

**SUPPORT OUR
SCHOOLS!**

**Become an ESS
Substitute**



**SCAN
ME TO
GET
STARTED!**



Amy Cram

Amy is using Smore to create beautiful newsletters