

Good Medicine Program update for April 2019:

- In the month of March, we had one Youth Mental Health First Aid trainings.

Completed Trainings & Number of participants:

- ** October 8, 2018: 13 Coaches/teachers
- ** October 19, 2018: 16 Students/college/students/staff/community members
- ** December 18-19, 2018: 20 CPS & Nurturing Center staff members
- ** January 15, 2019: 9 Senior Students and 1 teacher
- ** February 19, 2019: Cancelled
- ** February 26, 2019: Cancelled by HIS
- ** March 26, 2019: 6 School staff

We now have a total of 65 individuals who completed the YMHFA training. Our grant requirement is 55, so we have already surpassed the targeted number and will continue to provide the trainings on the following dates.

Scheduled Future dates:

- ** April 16, 2019
- ** May 8, 2019
- ** June 5, 2019
- ** August 21, 2019

- We have not heard back from the two grants submitted in March 2019: Garrett Lee Smith Tribal Youth Suicide Prevention & Early Intervention Grant and the Strategic Prevention Framework- Partnerships for Success.
- On March 26, 2019, a few of the GMP staff members meet with the state delegate Carol Watson from the Montana Al-anon & Alateen regarding setting up Alateen groups for our students. We are hoping to set up the process of setting up groups for the Napi, Middle, and High school students. We will be advertising and gathering participants for the weekly sessions in May 2019. Please visit the link below regarding more information on Alateen.
<https://al-anon.org/newcomers/teen-corner-alateen/>
What is Alateen? Alateen is a place where members come together to: share experiences, strength, and hope with each other to find effective ways to cope with problems, discuss difficulties and encourage one another, and help each other understand the principles of the Al-Anon program through the use of the Twelve Steps and Alateen's Twelve Traditions
- Attached is the yearly Good Medicine Program Supplemental Survey results. We have four years of comparison now so the charts are a little more crowded, but you can see trends. You'll note several positive trends in terms of student enjoyment at school and feeling like they have an adult or resource they can go to, the high school in particular has seen an uptick on some of these areas in this most recent year. School climate and safety related items such as bullying and kids getting along show improvement at the middle school level. The charts also show that remaining significant need for mental health supports, please look at the hopelessness/depression graph and the suicide attempts chart.