

LORNA BYRNE MIDDLE SCHOOL - VIKING VIEWS

ISSUE 6

March 2012

Rachael Huish, Principal

Darrell Erb, Dean of Students/Athletics



WORDS FROM MRS. HUISH

THE POWER OF TEACHING

Teachers have one of the most important and influential jobs; after all, they are among the first role models children encounter. To be a good teacher is not an easy task; teachers must demonstrate and instill a passion for learning in their students. They must create an atmosphere of openness, creativity and sensitivity as well as motivate and challenge

their students to work hard to reach higher standards and goals. Research demonstrates that the single biggest in-school influence on student academic growth is the quality of the teacher standing in front of the classroom. The need for passionate teachers has never been as great or as important as it is now. In the next four to six years, up to one million new teaching positions will need to be filled as teachers and principals from the Baby Boomer generation retire. It is essential that qualified and passionate teachers fill these new positions, as their work will shape education for the next thirty years. It is important to encourage new teachers to enter the field and to commend those who have demonstrated great commitment and dedication to educating our youth.

Provided by www.themoreyouknow.com

101 SOUTH JUNCTION AVENUE

CAVE JUNCTION, OR 97523

PHONE 541-592-2163

Strengthening Families "FAMILY CAMP"

Strengthening Families is a nationally recognized class designed for families with children between the ages of 10 and 14. During camp families will learn skills that will help them manage the challenging years ahead — the TEEN years— including communication, drug and alcohol refusal skills, and household management!

- Who should attend? Parents and their children, who are looking to have fun and learn about each other.
- What will we do? Enjoy FREE dinner together and then separate for session one, joining back together to end session two.
- Can I bring my younger kids? Yes, FREE childcare is provided while you attend the classes!
- Where is Camp held? At Lorna Byrne Middle School.
- When is Family Camp? Strengthening Families consists of seven sessions, once a week for seven weeks beginning April 4th and ending May 16th. We will meet every Wednesday from 5:30 to 8:00pm.
- How much does the Camp cost? Nothing! Family Camp is free, Babysitting is free, and dinner is free. If you complete all 7 sessions your family earns \$50!

HURRY - Space is Limited! To register contact: Monet Talty of College Dreams, at 541-218-7124 or e-mail mtalty@collegedreams.org

Presented by College Dreams in conjunction with 21st Century After School Activities.



150 NE E Street (corner of 7th & E)
Grants Pass, OR 97526
Mon-Sat 8:30-6:00 • Sun 10:30-4:00
(541) 476-3132 or (800) 290-8365

SCHOOL PARTNERSHIP PROGRAM

Oregon Books & Games has a great selection of items for your student, friends & family! Their partnership program provides direct credit to LORNA BYRNE which helps us buy new books for the library.

The program works in this fashion. Any supporter who mentions LORNA BYRNE when making a purchase, triggers a donation of 5% of the total purchase to the LORNA BYRNE account. When Lorna Byrne supporters order books online at oregonbooks.com just add the school name in the comments section or mention it when picking up the books.

As an example of how all this works, if we have 50 supporters buying \$10.00 worth of books each month, our library would have \$300 during the year to spend!

Thank you for your support – HAPPY READING!

Mrs. Snook



CHILD & SENIOR ID PROGRAM

Coming to a Josephine County Sheriff's Office substation near you! Up until now, this important program has only been available at major events, such as the fair, but now there are seven Sheriff's volunteers who will be providing this service to the public on a regular basis. The Child & Senior ID Program provides parents and guardians with a CD of their loved one's fingerprints, photos and descriptions so that, should that person ever go missing, the parent/guardian already has the information needed to help law enforcement with recovery. During the month of April, the Cave Junction Substation, located at 222 W. Lister St. will offer this program on Mondays and Thursdays from 1:00 to 4:00 pm. Phone 541-592-5151 for further information.

DATES TO REMEMBER

- March 5 - Track practice starts 3:15pm
- March 6 - Band Concert 7:00pm
- March 11 - Daylight Saving time begins, change clocks spring forward 1 hour
- March 12 - No classes
- March 13 - Pictures by LifeTouch
- March 23 - Movie Field Trip
- March 26 - No classes
- March 27 - No classes
- March 28 - No classes
- March 29 - No classes
- March 30 - No classes

It's not what you look at that matters, it's what you see.
~ Henry David Thoreau

FREE GIRLS ROCK!
a FUN-FILLED Day
FOR GIRLS 9-13
WITH A PARENT/ADULT

FLASH MOB ♥ SELF DEFENSE
imagineering ♥ and more!

march 10, 2012

Doors open at 8:30am
 Workshops begin at 9am – Concludes with lunch at 1 pm

South Middle School
 350 W. Harbeck Road, Grants Pass

Call 479-6421 for more information.

Food Fun Prizes

Sponsored By:

Child Find for Special Education

Public Law 105.17, known as the Individuals with Disabilities Education Act (IDEA), requires that school districts provide a free and appropriate education to all disabled children and young adults from birth through 21 years of age. The Three Rivers School District requests assistance with the identification of any disabled children ages birth through 21 who are not enrolled or currently being served in one of the District's schools.

If you know of any disabled children ages 0 through 21, who are not receiving education services, please phone the Three Rivers School District Special Education Dept. at 541-862-3111 ext. 5202.



I.V. Branch, 209 W. Palmer, Cave Junction
541-592-4778

NEW HOURS!

Wednesday 2:00pm - 6:00pm
Friday 11:00am - 3:00pm
Saturday 12:00pm - 4:00pm

BOX TOPS FOR EDUCATION

Thanks again to all of you that have been sending in your Box Tops for Education. We are now half-way thru our 2nd trimester, working towards the ELECTRONIC ADVISORY REWARD for the Advisory Class that collects the most Box Tops. Please send in your Box Tops to help our library purchase more books.

Thank you for making a difference for our school!



A Healthy Fridge

One of the easiest ways to improve your diet is to give your fridge a healthy makeover. Taking a look at the foods inside your refrigerator is like taking a look inside your heart and your health.

Reorganize your fridge with the following suggestions on how to support a healthy diet:

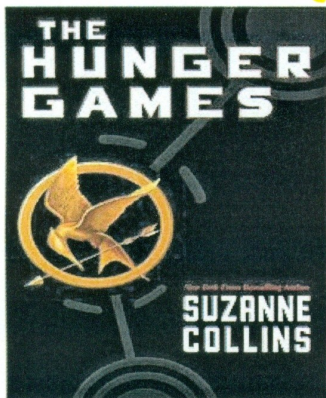
- ◆ Take stock of what's inside: Once a month, pull everything out and separate the better-for-you foods from the rest. Make sure you have more low-fat, high-fiber, and low-sugar foods than other types. If not, gradually adjust the number of not-so-good foods and increase the number of healthy foods.
- ◆ Make healthy food appealing: Keep a food you would love to indulge in next to a healthy food to make it more appetizing. For example, put the chocolate syrup beside the skim milk, ready to be mixed together. Make a healthy grocery shopping list and stick to it. Your "no brainer" list should include lots of fresh fruit and vegetables, plain low-fat yogurt, turkey or Canadian bacon, 100-percent whole wheat bread, skinless chicken, and lean ground beef.

Freeze fruits such as bananas, grapes, and orange slices to make them more fun and easy to eat. When your children want a sweet snack, offer them frozen fruit rather than ice cream.

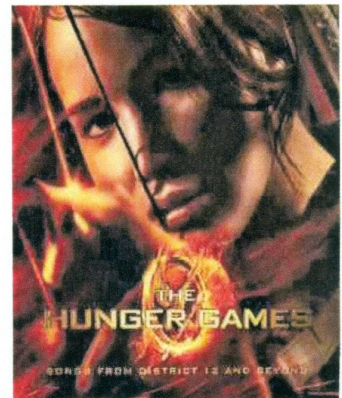
Taking time to plan your family's meals and snacks from the point of view of health and taste will help lower their cholesterol and blood pressure and reduce their risk for heart disease, stroke and diabetes.

Making these and other changes in the foods you buy and how you store them can improve your family's health. Making small changes is much more effective than trying to implement a total dietary overhaul all at once. One key goal is to reduce your intake of saturated fat and cholesterol to help lower or keep blood cholesterol in check.

Library Reading Incentive



Lorna Byrne students that have read the HUNGER GAMES by Suzanne Collins and pass the Accelerated Reader Quiz by 80% or better will be eligible to attend the MOVIE on March 23rd.



LORNA BYRNE "LIGHTS ON" AFTER SCHOOL ACTIVITIES

March 2012

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Students may attend
Homework Help House

every morning before school

from 7:25 a.m. to 8:10 a.m. in the library.

Activity Bus runs every
Monday & Wednesday



4		5	AIM BATTLE OF BOOKS GIRL TALK HANDS-ON MATH SNAK WOODSHOP (EV) HHH	6	ART EXTRAVAGANZA HHH	7	AIM SMILE SNAK WOODSHOP HHH	8	ART EXTRA BAKING DRAMA HHH	9	End of 2nd Trimester	10	
11		12	Clerical Day NO SCHOOL	13	ART EXTRAVAGANZA HHH	14	AIM SNAK WOODSHOP HHH	15	ART EXTRA BAKING DRAMA HHH	16		17	
18		19	AIM BATTLE OF BOOKS GIRL TALK HANDS-ON MATH SNAK WOODSHOP (EV) HHH	20	ART EXTRAVAGANZA HHH	21	AIM SMILE SNAK WOODSHOP HHH	22	ART EXTRA BAKING DRAMA HHH	23		24	
25		26		27		28		29		30		31	

SPRING BREAK