

Beeville ISD

School Health Advisory Council Meeting

Thursday, October 7, 2010

Minutes

The SHAC meet on Thursday October 7, 2010 from 12:00 pm – 1:00 pm in the BISD Boardroom. Those in attendance were:

Becky Williams, Ashley Dodds, Michelle Tondre, Nohe Rodriguez, Leti Escamilla, Chastity Perez, Jessica Rodriguez, Sarah Jaure, Jacquelyn Dieringer, Jolly Quiroz, Rebecca Garcia, Karole Beasley, Christina Gonzalez, Carrie Morin, and Cindy Clendennen.

Items on the agenda included:

School Health Advisory Council Self-Assessment

Members of the SHAC were presented with an assessment instrument to determine the status of the BISD SHAC and knowledge of duties of members. Programmatic needs will be determined by review of the self assessment.

FITNESSGRAM Information

Information about FITNESSGRAM reports was shared because there are some negative connotations attached to the required fitness test given to students in Texas. The goals of FITNESSGRAM are:

The primary goal for the FITNESSGRAM is to provide the student and parent with personal information that may be used in planning a personal fitness program and developing motivation to take care of their health to reach their maximum potential.

It is an assessment to help improve programs and behaviors.

It should never become competitive and student performance should not be compared.

Students should not be encouraged to perform beyond the testing benchmarks.

The physical fitness experience should always be fun.

Performance levels should not be used as a basis of grading.

There is no pass or fail but students either reach the “Healthy Fitness Zone” or “need improvement.”

FITNESSGRAM is a required assessment for students throughout the state. It is to increase health awareness and to encourage students to make healthy lifestyle choices. Beeville ISD will continue to utilize FITNESSGRAM results to help improve student physical fitness in the school setting.

Worth the Wait

The committee reviewed the *Worth the Wait* sex education curriculum- high school level. After careful consideration, they felt it important to implement at ACJ High School so there could be continued exposure after leaving Moreno Middle School. There was a recommendation and all agreed to present *Worth the Wait* to the BISD School Board at the November meeting for approval. They also requested a presentation at the next meeting from Moreno Middle School staff to give an update of how the curriculum has been implemented in grades 6 – 8.

Other

There were no other items of discussion.

The meeting adjourned approximately 1:05 pm

Submitted by:

Cindy Clendennen, Executive Director Special Programs / Special Education