



MDSD Wellness Team

Physical, Nutritional, & Social/Emotional



MDSD sponsored vision, immunization, & dental clinics, sports physicals



Staff Wellness opportunities - School of Spin, MDHS weight room, building initiatives, MDSD Wellness Collective



Up-to-date Food Service Programs in ALL buildings
*Summer Food Program 2026



Proactive training and education for all MDSD staff



Physical health is a priority - community collaborations with local providers



Focus on Mental Health - Hope Squad, St. Luke's therapist, Employee Assistance Program (no cost to employees and families)

Healthy Kids = Healthy Community

2026 MDSD Wellness Team Members

Sue Weber, Alice Brown, Jess Knapp,
Sara Brodhecker, Jenn Stone,
Dennis Frederickson, Anna Kinney,
Alisha Fletcher, Christie Grob,
Laura McGeorge, Kim Arrasmith

MDSD Board Policy 8200