

## Employee Notification

**INGALLS MEMORIAL HOSPITAL**

One Ingalls Drive

Harvey, Illinois 60426

(708) 333-2300

**SHABAZZ****HELENE****DOB**

10/29/1953

**Acct #**

3579751

**MRN**

00577977

**Admit Date/Time**

11/30/2016 5:53:00 PM

**Unit**

E5

**Bed**

E581-1

**Admitting Physician**

Mohammed Sadique Hussain, MD

**The symptoms or health problems you should look out for after you leave the hospital are:**

Call Your primary care doctor, Dr. C. Beck, If:  
You have any fever over 100.4 degrees.  
You notice unusual redness, swelling or drainage from your incision.  
You have worsening pain.  
You have any change in your condition.

**Seek Care Immediately**

Call 911 to take you to the nearest Emergency Department if you have chest pain, shortness of breath, or any urgent problems or concerns.

**Special Instructions**

Make sure you come to your follow-up appointments with your doctor.  
Call your doctor if your pain medication is not effective.  
In addition to your pain medications, other relaxation methods may help relieve your pain such as breathing slowly and deeply or progressive muscle relaxation. Resuming activities or hobbies as tolerated may help distract you from focusing on your pain.

You are to follow up with your primary care physician, Dr. C. Beck, in 5 to 7 days. Bring your current list of medications and your discharge instructions to your next office visit.

You are also to follow up with Jessica Stoeberl Physician's Assistant for Dr. Carl Johnson in 2 weeks, please call 708-331-1122 for appointment.

You are to follow up with Dr. Almeda, cardiologist, in 2 to 3 weeks, please call (708)331-2200 for appointment.

Wound Care: Do not shower and no tub bath until okay by Dr. Carl Johnson. Wound care as Dr. Carl Johnson directed you.

FOLLOW UP WITH YOUR PRIMARY CARE PHYSICIAN FOR AGE AND SEX  
APPROPRIATE HEALTH SCREENING  
FEMALES: MAMMOGRAM, PAP SMEAR  
ALL: SCREENING COLONOSCOPY, DIABETES SCREENING, LIPID SCREENING  
DIABETICS: ANNUAL OPHTHALMOLOGY CHECK, ENDOCRINOLOGY

**Teach Back Questions**

2/4 12/4/2016 4:47 PM



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MRN	00577977	Admit Date/Time	11/30/2016 5:53:00 PM
Unit	E5	Bed	E581-1
Admitting Physician	Mohammed Sadique Hussain, MD		
Discharge Disposition	Home	Home Medical Equipment	Cane

**CASE MANAGEMENT/SOCIAL SERVICE DISCHARGE INFORMATION IF APPLICABLE**

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**FOLLOW UP WITH YOUR PRIMARY CARE PHYSICIAN FOR AGE AND SEX APPROPRIATE HEALTH SCREENING**

**FEMALES: MAMMOGRAM, PAP SMEAR**

**ALL: SCREENING COLONOSCOPY, DIABETES SCREENING, LIPID SCREENING**

**DIABETICS: ANNUAL OPHTHALMOLOGY CHECK, ENDOCRINOLOGY**

**HOME CARE DISCHARGE INFORMATION IF APPLICABLE****SUMMARY OF PATIENT DISCHARGE INSTRUCTIONS**

Activity	Ambulatory
Activity	No heavy lifting until OK with your doctor. No driving until OK with your doctor. Do not return to work until OK with your doctor. As directed by Dr. Hussain, Dr. Aboyeji, and Dr. Almeda.

**Patient Diet** Regular, Vegetarian

If you want to make an appointment with an outpatient dietitian regarding your diet, ask your physician for a referral and call (708) 915-8850.

Call your doctor with any increase in shortness of breath or weight gain of 2-3 pounds in one week.

1/4 12/4/2016 4:47 PM