

# School - Linked Mental Health Services Medford Schools

## What is School-Linked Mental Health (SLMH)?

- \*A partnership with community providers to offer mental health treatment at school sites.
- \*SLMH services are available to all students.
- \*Services are flexible to meet the needs of students and families.
- \*Grant funds may be available to cover the costs of services.
- \*With added services for students, they do better socially, academically, and behaviorally.

The **GOAL** of School- Linked Mental Health Services is to reduce barriers for students, in order for them to receive comprehensive mental health services.

### These barriers may include:

- Transportation
- Financial restrictions
- Mistrust/Stigma
- Waiting lists/Intake Process
- Stress
- Scheduling conflicts



### Services that may be Provided:

- Intake Interview
- Diagnostic Assessment
- Individual Psychotherapy
- Group Psychotherapy
- Family Psychotherapy
- Individual Skills Work
- Family Skills Work

### Fees for Service:

Services will be covered by individual and family health insurance companies. If costs are a barrier, SLMH services may be covered by grant funding. Please contact the SLMH therapist to receive more information on these options.

**Mental health services provided in a school setting have a greater potential to impact the learning environment and positively increase educational outcome.**



## School-Linked Mental Health Contact Information:

**\* Initial Referral  
Contact Will  
Go Through  
the School  
Counselors \***

**Anna Johanson**  
Elementary Social  
Worker  
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