

To: Georgetown Ridge Farm School Board

From: Concerned citizens for the sport of wrestling

Date: 10/28/2010

Subject: A proposal on reinstating the wrestling Co-op

Purpose: I am writing a proposal in regards to the reinstatement of the wrestling coop between the Catlin, Jamaica, Westville, and Georgetown/Ridge farm school districts. Although the current interest in the sport is unknown, between the four districts we feel very strongly that the numbers will exist to form a team.

Budget and facility concerns

Facility: Westville High School

Coach: Trevor Maloch, Westville High School teacher

Estimated budget needed: \$12,000

Amount raised from local donations and loans: \$12,000

Summary: There are currently two youth wrestling programs in the four school districts with participants from all over the county. Each year, the youth programs teach anywhere from 70-80 kids the art of wrestling. We would like to be able to provide the opportunity for these youth wrestlers to continue the sport of wrestling through their high school years. We are not asking the schools to fund the wrestling program but rather give us your blessings and permission to continue the sport of wrestling.

Why Wrestle?

- Wrestling is a natural activity, one of the first forms of physical play that young children do without ever having been taught.
- As wrestlers gain experience, technique becomes more complex and often correlates to high academic performance
- Wrestling does not favor any particular race, gender, culture, size or stature and is practiced on all continents.
- Wrestling builds character that contributes to one's ability to become a responsible member of society.
- Wrestling is a sport of control – not violence.
- Wrestling is a great way to build confidence and self-defense skills.
- Wrestling can dramatically improve one's ability to perform in other sports.
- Wrestling is economically affordable.
- Wrestling develops agility, balance, reflexes and strength in every major muscle group.
- Win or lose, wrestlers shake their opponent's and opposing coach's hands, ensuring that sportsmanship remains a vital part of the sport.
- Proper weight management develops healthy eating habits that benefit the individual throughout life.
- Women's freestyle wrestling became an official Olympic sport in 2004 and has exploded in the number of girls competing.
- Just as in other sports, college scholarships are available for wrestlers who excel both on the mat and in the classroom.

Thank you