



## Action Item

**Date:** October 20, 2025

**Division:** Learning & Teaching, Student Services

**Subject:** School Health Advisory Council (SHAC) Membership 2025-26

### Background Information:

- requires school districts to establish a School Health Advisory Council (SHAC) to assist the district in ensuring that local community values are reflected in the district's health education instruction.

### Administrative Consideration:

- At the conclusion of the 2024-25 school year, 9 positions were open for the School Health Advisory Council.
  - Applications were sent to campuses via newsletters and websites.
  - LISD Communications Department advertised the application process through public announcements.
  - Applications were reviewed and members were selected according to TEC recommendations with respect to equal representation to all feeder patterns.
  - Council membership includes community members throughout the district in the following professions: medicine, public health, nutrition, occupational therapy, marketing, insurance, real estate, and parent volunteers.
  - District members include representatives from Campus Leadership, Health and PE, Counseling and Social Work, Student Services, Special Education, Health Services, Learning and Teaching, and Child Nutrition.
  - Courtney Houghton will serve as chair, co-chairs are Trish Cuckler and Melanie Vincelette.

### Recommendations:

- The following is a list of new members selected to serve on the council. Returning members are also listed. SHAC members serve as appointed positions of the Board. The board of trustees shall appoint members to the local school health advisory council; BDF (Legal).
- Appointment of the new members by the Board of Trustees is required.

**NEW MEMBERS**

|                      |                   |                  |
|----------------------|-------------------|------------------|
| Emily Angus          | Counselor         | Community/Parent |
| Patricia Banks       | Retired           | Community        |
| Christina Cortopassi | Nurse             | Community/Parent |
| Katie Davis          | Contract Services | Lewisville ISD   |
| Jessica Kraszeski    | Office Manager    | Community/Parent |
| Tara Koch            | Nurse             | Community/Parent |
| Tammy Nguyen         | Physician         | Community/Parent |
| Kendra Thompson      | Insurance         | Community/Parent |
| Cathie Totty         | Retired           | Community/Parent |

**RETURNING MEMBERS**

|                 |                           |                         |
|-----------------|---------------------------|-------------------------|
| Ibraheem Abbas  | Physician                 | Community/Parent        |
| Erin Arnold     | Nurse                     | Community/Parent        |
| Kristin Benton  | Counselor                 | Community/Parent        |
| Nannie Boone    | Physician                 | Community/Parent        |
| Kelly Carlson   | Nurse                     | Community/Parent        |
| Jill Castro *   | Elementary Coordinator    | Lewisville ISD          |
| Christy Croll   | Special Education         | Lewisville ISD          |
| Trish Cuckler   | Physical Education/Health | Lewisville ISD Co-Chair |
| Sarah Daily     | College Professor         | Community/Parent        |
| Elaine Graham * | Child Nutrition           | Lewisville ISD          |
| Stephanie Hall  | Assistant Principal       | Lewisville ISD          |
| LaNita Hobza    | Teacher                   | Lewisville ISD          |

|                     |                        |                         |
|---------------------|------------------------|-------------------------|
| Courtney Houghton   | Occupational Therapist | Community/Parent        |
| Gala Langley        | Realtor                | Community               |
| Katie Mandel        | Fitness Instructor     | Community/Parent        |
| Renee Marts         | Learning and Teaching  | Lewisville ISD          |
| Regina Miller       | Nurse                  | Lewisville ISD          |
| Krista Nalodka      | School Nurse           | Lewisville ISD          |
| Angela Quinlan      | Nurse                  | Community/Parent        |
| Carin Shearer       | Student Services       | Lewisville ISD          |
| Natasha Singh       | Physician              | Community/Parent        |
| Cassandra Singleton | Nurse Practitioner     | Community/Parent        |
| Kim Stafford *      | Child Nutrition        | Lewisville ISD          |
| Elizabeth Varghese  | Physician              | Community/Parent        |
| Wendi Vaughn        | Principal              | Lewisville ISD          |
| Melanie Vincelette  | Health Services        | Lewisville ISD Co-Chair |
| Erin Walter         | Counselor              | Lewisville ISD          |
| Bradley Warren      | College Professor      | Community/Parent        |

\*Non-voting member

**Timeline/Report:**

- Annual Report will be provided each fall to LISD Board