

The Nehalem Nugget

Be Safe . . . Be Respectful . . . Be Safe

OCTOBER 2020

From Ms. Woika

All students are receiving a Neah-Kah-Nie School District Activity Log for October and November in their bags this week. We encourage families and students to set a health goal and track the amount of exercise they are getting during these two months. Each school is competing against the other district schools to see which has the most active parents, families, students and staff during Distance Learning. Anyone who meets their health goal will receive a free NKN Fitness Challenge t-shirt! Please call the school if you need additional Activity Logs sent home for family members!



Parent/Teacher Conferences

**Thursday, Oct. 22nd from 12:00-8:00 p.m. and
Friday, Oct. 23rd from 8:00 a.m. - 4:00 p.m.**

Conferences will be virtual again. Families can call the school office at (503-355-3650 or 1-888-218-2455) by Friday, Oct. 9th to set a conference time.

If the office does not receive a call from the parent/guardian, a conference time will be scheduled and a conference confirmation slip will be sent home. Meeting with your child's teacher during conferences will assist you in helping your child be more successful in school. We hope to see 100% of our parents during conferences this year!



Registration 2020/2021

Each parent needs to login to ParentVue and complete online verification for your child(ren).

And, there were a few forms sent home last week, that need to be returned:

1. Health Questionnaire
2. Internet Usage Agreement & Permission (2 pages)
3. Backpack Program/Mckinney Vento Form

[ParentVUE](#)

Cafeteria News

Kris and JoDee hope you are enjoying all the wonderful breakfast and lunches!



- Having consistent meal counts each day can really help the kitchen make sure there are enough meals. Teachers will be asking your child(ren) if they are wanting a school meal for the **NEXT day**. Please plan for this and talk to your child about it.
- Students picking up bags from the bus deliveries should bring a plastic bag to ensure that their food gets home dry.
- Reminder: All families must re-apply for free/reduced meals @ www.mymealtime.com



Busbarn

Our first two bag exchanges have gone fairly well. A few things to please keep in mind, to help our teachers prepare for the next exchange week.

- The school needs that week's bag and all folders returned each week.
- We need these so we can start preparing next week's items.
- Your child's teacher will instruct you if you need to keep certain items.
- When you miss the exchange time, please bring the bag and folders to the school on your exchange day.
- If you use a tote or cooler to protect your child's bag, it is required to have the child's names clearly visible. The bus drivers can't guess which container is the right one..

From the Library

For this unique school year we purchased a one year membership to Tumble Books. A direct link will be in Clever on the chromebooks. From any other device it is accessible from www.tumblebooklibrary.com username: nehalem password: books

We will be starting Library check out. It will be every two weeks with half of the classes one week and the other half the next. Books will come home in the school bags and get returned the same way two weeks later. For safety reasons all returning books will be quarantined before checking in. Our library catalog is now a link in Clever called Destiny so families can see what is available, or on other devices at www.destinydiscover.com location: oregon, school: Nehalem. For our youngest kids, a book request survey link will get sent out so families can request the books and subjects they want. Our older kids should log into Destiny directly and request/hold the books they want. Kids can have up to 4 books or other material at home at a time. Thank you for your continued patience and support while we get this system up and running.

Yours, Ms. Kathy

Elementary Parent Tech Support, Mondays 3-4pm.

Bring your questions, problems, or just come and get some tips and tricks.

[Elementary Tech Support](#)



MISS JENNIFER

Welcome Back!

I hope everyone is settling in best they can to Comprehensive Distance Learning. It has been a challenge for all, and I know we are all doing the best we can.

Mindfulness has been the focus for SEL during September and early October by incorporating [Mind Yeti](#) / [Mind Yeti Espanol](#) lessons. Practicing mindfulness is a great way to train our brains to regain focus and calm when we let the distractions of life, or the hubbubbles, keep us from being present in the moment. Here are links to the Mind Yeti videos we will be starting with in order. I encourage you to practice this with your students at home. The more they practice the more automatic the mindfulness response becomes.

Week of:

9/21 [Hello Breath](#) 9/28 [Hello Hubbubbles](#)

10/5 [Hello Body](#) 10/12 [Slow Breathing 1](#)

For the duration of CDL, SEL will focus on brain states, recognizing emotions and using mindfulness and other strategies to help stay emotionally regulated.

If you have any questions or concerns about your student feel free to contact me. You can also fill out a Counseling form to request a meeting

English: [counseling form](#)

Espanol: [espano](#)

<https://sites.google.com/nknsd.org/elementarycounseling>

NEHALEM POOL

NES Students,

NCRD/Nehalem Pool is offering a PE/Recreational/Swim Skills Refresher to kids by reservation only(no drop-ins). We have some after school options available.



If you are interested in signing up your student or gathering more information, please call or e-mail me. At this time time, I am not able to create times of day or reveal groups until I hear from families who are interested. I can then work on creating a schedule.

What I do know about at this time is.....

*NCRD/Nehalem Pool is following strict CDC Guidelines in a well sanitized facility that complies with Oregon Health Authority Recommendations.

*No showers before or after swim(dressing room available for dressing and toilets).

- *Students would need to be dropped off and picked up.
- *Specific co-hort groups will be established...kids connect with other kids inside stable pods!
- *Each participant fills out a NCRD Patron Agreement & Liability Waiver(one time only---stays on file---contact tracing purposes). Waiver's available @ NCRD main office entry and pool entry.....
- *Daily Client Covid-19 Health checklist to be completed upon entry each week.
- *Swim Program is offered once a week(as space allows, honoring availability, and social distancing) **FREE** of charge to NES Students(minimum safe age to participate to be determined).

E-mail or call if you would like more information.....

Your interest is what will ignite the evolution of the program!

e-mail: suedg@ncrdnehalem.org , phone# 1-855-444-6273 (aquatics)

**Twin Rocks Friends camp. www.twinrocks.org
emily@twinrocks.org phone: 503-355-2284**

PRE-REGISTRATION

<https://docs.google.com/forms/d/e/1FAIpQLSfcuLU4RKqdQy6KmJALUgi0ALYrCcr-LQAwHdbnmJnE8B0fQ/viewform?vc=0&c=0&w=1&flr=0>



2020-21 Annual Notice for Statewide Tests

ALL STUDENTS GRADUATE PREPARED

In 2010, Oregon adopted higher K-12 standards in English language arts and mathematics to ensure that all students move from grade to grade with the academic knowledge and skills necessary for success beyond high school. We have adjusted the test blueprint for 2020-21 to allow for reliable estimation of student performance, while decreasing the time that students spend testing.

Why does participation matter?

While no single test gives a complete picture of your child's progress, having your child take the statewide tests provides educators and administrators with systems-level information about what educational approaches are working and where additional resources are needed. Your child's participation is important to help ensure that schools and districts receive the targeted resources they need to help all students succeed, particularly those from historically underserved backgrounds.

Description of rights

House Bill 2655 permits parents and adult students to annually opt-out of Oregon's statewide summative tests in English language arts and mathematics by submitting an annual form to the school the student attends. Schools will provide parents with the annual form for 2020-21 at least 30 days prior to the start of testing. Visit this link to learn more about House Bill 2655: <http://tinyurl.com/OR-HB2655>.

STATEWIDE TESTING WINDOWS

High School English language arts & mathematics summative tests
January 5 – June 4, 2021

Grades 3-8 English language arts & mathematics summative tests
March 4 – June 4, 2021

OREGON'S STATE TESTS

- **Help identify schools and districts** that need additional supports to ensure more students are meeting higher standards
- **Challenge students to think critically** and apply their knowledge to real-world problems
- **Use multiple item formats** to ensure multiple means of accessing item content
- **Act as a snapshot of your child's progress** and may be considered along with other pieces of information to understand your child's academic strengths and needs.

When will my child take the test?

Your child will be tested once. Your child's school will determine the specific dates your child takes the tests within the statewide testing window.

STAY INFORMED

Talk to your child's teacher or school principal if you have questions or want to learn more about how you can support your child in English language arts and mathematics. Here are some additional resources:

<http://tinyurl.com/ELARoadmap> & <http://tinyurl.com/MathRoadmap>

To view sample test questions: <https://tinyurl.com/ORPracticeTest>

To read more about your child's test results: <https://tinyurl.com/ORTestResults>



Neah-Kah-NiePreschool Promise Flyer.pdf

Are you interested in Preschool Promise? Please Access the link!

[Download](#)

1.4 MB



Active Parenting.pdf

A comprehensive program for parents and caregivers of children

[Download](#)

107.1 KB

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