#### **MEMORANDUM**

**TO:** Board of Education

**THRU:** Dr. Mike Dominguez, Superintendent **FROM:** Josh Guymon, Deputy Superintendent

**DATE:** 05/19/2025

**RE:** Teen Intervene Contract

## ISSUE:

USD 457 staff would like to contract with LiveWell Finney County to provide Teen Intervene services. Teen Intervene is a brief, evidence-based intervention program designed for adolescents ages 12 to 19 who display early signs of alcohol, vaping, or other substance use (the "Program"). Developed by Hazelden Publishing, the Program incorporates the principles of motivational interviewing, cognitive-behavioral therapy, and the stages of change model. The Program helps youth examine their behavior, take responsibility for choices, and commit to positive behavioral changes. The Program curriculum also includes a dedicated module on nicotine and vaping—addressing trends commonly seen in high school populations. The Program can be delivered in one (1) to six (6) sessions depending on individual student need.

## **BACKGROUND:**

We are seeing an increased number of students that are caught vaping on school grounds. Many of these students are suspended and at times after multiple incidents may attend an expulsion hearing. It is our hope that having student participate in Teen Intervene our students will receive the needed support to quit before significant school discipline impacts them.

# **ALTERNATIVES:**

- 1. Approve the Teen Intervene contract
- 2. Do not approve the teen intervene contract.

## **RECOMMENDATION:**

We recommend approving the contract

#### **FISCAL NOTE:**

There is no fiscal impact as this will be funded from a grant

# **ATTACHMENTS:**

Teen Intervene Contract