

Mansfield ISD School Health Advisory Council Annual Report 2024-2025

In compliance with Title 2, Chapter 28, Section 28.004 of the Texas Education Code, the following is the required School Health Advisory Council Annual Report. It provides a detailed explanation of the council's activities during the period between the date of the current report and the date of the last prior written report.

Meetings:

The School Health Advisory Council met four times. All meetings were public and held at the Jim Vaszauskas Center for Performing Arts. 1110 W. Debbie Lane, Mansfield TX 76063 from 12:00PM to 1:00PM

- December 12, 2024
- January 16, 2025
- February 13, 2025
- March 26, 2025

At the initial meeting, the committee received an overview of the purpose of the SHAC and meeting requirements according to HB1525. All meetings, agendas and minutes are posted [here](#)

Members and Attendance:

First	Last	12.12.2024	1.16.2025	2.13.2025	3.26.2025
Tara	Harris		x		
Jonathan	Miller	x	x		
George	Fassett		x	x	x
Bianca	Downs		x	x	x
Nikayela	Lockett	x	x	x	x
Krystle	Garrett-Green		x	x	x
Allan	Turner	x	x	x	x
Ana	Horn	x	x		x
Melissa	Perez				
Alexis	Cappelletti	x	x	x	x
Vanessa	James	x	x	x	
Jennifer	Patterson	x	x	x	
Margaret	Couldron	x	x	x	x
Julie	Short				
Mary	Mens				
Melisa	Perez				
Windsor	Giblin	x	x	x	x

Recommendations:

This year the SHAC focused on topics listed below:

- Campus Parking lot directional flow maps for all campuses.
- Free play time for Elementary students
- Staff Wellness/ Staff appreciation
- Mental wellbeing for staff and students

Campus Parking lot directional flow maps for all campuses

Recommendations from committee:

- Recommend schools to create a designated traffic flow, parking & signage available for new students and parents
- Recommend schools to update the District web page, facebook pages, etc with parking lot flow information
- Recommend if parking passes given, insert QR code with links to district pages with maps

Staff Wellness/ Staff appreciation

A Wellness subcommittee was formed to look at student and staff wellness, led by Windsor Giblin

Recommendations from committee:

- Recommend the district create a comprehensive and consistent staff appreciation program across all Mansfield ISD Schools.
- Recommend the district promote a culture of wellbeing for staff and students through benefit awareness, and calming rooms or corners.

Link to full [proposal](#), and staff appreciation ideas [here](#)

Physical Activity and Fitness Planning Committee Recommendations

Recommendations from committee:

- Recommend the district encourage principals to implement 150 minutes a week of unstructured free play for grades PK-4th.

Link to proposal attached [here](#)

Conclusion

The SHAC believes these recommendations comply with state law and reflect local community values. We recommend the Board approve and adopt the recommendations as presented.