The Pirate Press

Neah-Kah-Nie High School's Weekly Newsletter

December 13, 2024

Upcoming Dates: ■

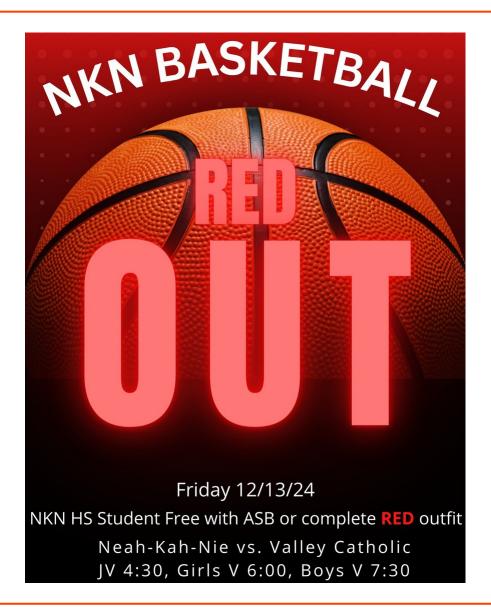
December:

- Dec 13: Red Out Game- get in for free if you wear more than 50% red
- Dec 14: ACT testing, Robotics Meet, Speech and Debate Meet
- Dec 15: Choir on the Oregon Coast Railroad
- Dec 17: GEAR Up to PSU, Boys BBX JV and Varsity @ 4:30, Girls BBX Varsity only @ 6
- Dec 17-18: MAPs testing in math classes
- Dec 18: Fire Drill
- Dec 19: Tutoring
- Dec 20: Winter Assembly, special bell schedule below
- Dec 21-Jan 6: Winter Break, NO SCHOOL



Important Information- Student Absences

If your student is going to be absent for any reason, please email Mary King at maryk@nknsd.org or call the main office at (503) 355-2272. Amy Aguinaga will be out until January 21st. Thank you in advance for your flexibility.



1 hour Assembly Bell Schedule

Period 1	8:44-9:44
Breakfast	9:44-9:59
Advisory- Period 2	9:59-10:59
Period 3	11:03-12:03
Period 4	12:07-1:07
Lunch	1:07-1:37
Period 5	1:41-2:41
Period 6	2:45-3:45



Pirate Families,

We would appreciate it if you would take some time to complete this form as we move into Trimester 2. Feedback is critical as we move into systems-wide change and improvement. It is important for me to know what we need to change and where we might need reinforcement to best meet the needs of our learners. I appreciate partnering with you along this journey! FYI This survey is anonymous.

All the best,

Christy Hartford | Principal

Trimester 1 Feedback Survey (Click Here)













WINTERFEST WAS A HIT! NKN HS Student Council hosted their 2nd Annual Winterfest last night. Students were able to enjoy the eventing with cookie decorating, ornament making, hot chocolate, and a holiday movie!







UPCOMING VACCINE EXCLUSIONS

Just a friendly reminder to about upcoming vaccine exclusions. Please see the information from OHA below:

parents, don't let your child get left behind! **School Year 2024-2025**



Oregon law requires the following shots for school and child care attendance*

A child 2-17 months entering **Child Care or** Early Education needs*

Check with your child's program or healthcare provider for required vaccines

A child 18 months or older entering

Preschool, Child Care, or

Head Start needs*

- 4 Diphtheria/Tetanus/Pertussis (DTaP)
- 3 Polio
- 1 Varicella (chickenpox)
- 1 Measles/Mumps/Rubella (MMR)
- 3 Hepatitis B
- 2 Hepatitis A
- 3 or 4 Hib

A student entering

Kindergarten or Grades 1-6 needs*

- 5 Diphtheria/Tetanus/Pertussis (DTaP)
- 4 Polio
- 1 Varicella (chickenpox)
- 2 MMR or 2 Measles, 1 Mumps, 1 Rubella
- 3 Hepatitis B
- 2 Hepatitis A

A student entering

Grades 7-12 needs*

- 5 Diphtheria/Tetanus/Pertussis (DTaP)
- 1 Tdap
- 4 Polio
- 1 Varicella (chickenpox)
- 2 MMR or 2 Measles, 1 Mumps, 1 Rubella
- 3 Hepatitis B
- 2 Hepatitis A

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¡Padres no dejen que sus hijos se queden atrás!

Año Escolar 2024-2025



La ley de Oregon requiere que sus niños hayan recibido estas vacunas para que puedan asistir a las escuelas y guarderías.*

Niños de 2-17 meses entrando a la **Pre-escuela**o **Guardería** necesitan*

Consulte con el programa o proveedor de atención médica de su hijo para las vacunas requeridas

Niños de 18 meses y más

entrando a la <u>Pre-escuela,</u>

Guardería o Head Start

necesitan*

- 4 Difteria, Tétano y Tos Ferina (DTaP)
- 3 Polio
- 1 Varicela (Chickenpox)
- 1 Sarampión, Paperas y Rubéola (MMR)
- 3 Hepatitis B
- 2 Hepatitis A
- 3 o 4 Hemofilus Influenza Tipo B (Hib)

Niños entrando a <u>Kinder</u>
(<u>Jardín de Niños</u>) o
Grados 1-6 necesitan*

Niños entrando a

Grados 7-12 necesitan*

- 5 Difteria, Tétano y Tos Ferina (DTaP)
- 4 Polio
- 1 Varicela (Chickenpox)
- 2 MMR o 2 Sarampión, 1 Paperas, 1 Rubéola
- 3 Hepatitis B
- 2 Hepatitis A
- 5 Difteria, Tétano y Tos Ferina (DTaP)
- 1 Tda
- 4 Polio
- 1 Varicela (Chickenpox)
- 2 MMR o 2 Sarampión, 1 Paperas, 1 Rubéola
- 3 Hepatitis B
- 2 Hepatitis A

Attendance Matters!

Overall School Attendance

91%

*our school goal is 95%

A safe average attendance rate is considered 90%. Safe in this context means that our students are at school consistently and can build positive relationships with both peers and adults as they learn to navigate the K-12 system. These relationships are critical in establishing healthy and helpful attendance habits early on.

Our school's average attendance goal is 95%.

Please know that a doctor's note is only required for an extended period of illness. We know that as our student's immune systems adjust to living and working with so many people outside of their family, there will be times when they have to stay home to recover from a cold or flu. Any questions about attendance or illness can be directed to the main office.





DUE APRIL 1ST, 2025

• BABY PICTURES

 THESE WILL BE PRESENTED AT GRADUATION DURING A SLIDESHOW. FEEL FREE TO USE AS MANY AS YOU LIKE (4-6 IS BEST).

SENIOR PICTURES

 THESE PICTURES WILL BE IN THE SLIDESHOW ALONGSIDE THE BABY PICTURES. USE AS MANY AS YOU LIKE, BUT 1 OR 2 WORK BEST IF YOU USE 6+ BABY PICTURES.

• WALL PICTURE

THIS PICTURE NEEDS TO BE A CLOSE UP (SHOULDERS UP). ANY
PICTURE SUBMITTED SHOULD BE OF HIGHEST QUALITY (PIXEL
COUNT). PLEASE NOTE ANY PICTURE THAT IS NOT A CLOSE UP
WILL BE CROPPED TO FIT THE FRAME FOR THE HALLWAY.

YEARBOOK PICTURE

THIS PICTURE WILL BE FEATURED IN THE YEARBOOK. THE FORMAT IS PORTRAIT STYLE AND THERE WILL BE SIX STUDENTS ON A PAGE. THIS PICTURE CAN BE WHATEVER THE SENIOR CHOOSES BUT IT HAS TO BE SCHOOL APPROPRIATE (I.E. NO WEAPONS, GORE, OR PARAPHERNALIA).

YEARBOOK QUOTE

THIS WILL BE FEATURED IN THE YEARBOOK NEXT TO THE SENIOR'S PICTURE. ALL QUOTES HAVE TO BE SCHOOL APPROPRIATE (I.E. NO CUSSING, DEROGATIVE TERMS, OR BULLYING) AND BE APPROVED BY ADMINISTRATION.

ALL PHOTO SUBMISSIONS NEED TO BE AN IMAGE FORMAT (JPEG/PGN)
ALL PHOTOS AND QUOTES ARE DUE TO SABRINA EISELE @ SABRINAE@NKNSD.ORG



After School Tutoring in Room 3

Stephanie Gomez and Shawn Lehr offer after school tutoring on Thursdays in room 3 from 4:00-6:00. Students needing to access the activity bus can do so at the end. Students can sign up with Amy in the main office.

Help is Available!

Scan the QR Code to view and access resources relating to:

- Mental Health
- Suicide
- LBGTQ+
- Sexual Assault, dating violent, domestic violence, and abuse
- Student and school safety
- Food pantries
- Housing and shelter
- · Childcare and parenting



Information that is helpful to know:

Student Wellness Center is Open!



AT NEAH-KAH-NIE HIGH SCHOOL

HOURS:

Tuesdays

Wednesdays
Counseling appointments only

Thursdays

8:30 am - 12:00 pm / 1:00 - 4:30 pm (Closed for lunch 12:00 - 1:00 pm)

8:30 am - 12:30 pm / 1:30 - 4:30 pm (Closed for lunch 12:30 - 1:30 pm)

8:30 am - 12:00 pm / 1:00 - 4:30 pm (Closed for lunch 12:00 - 1:00 pm)

SERVICES AVAILABLE:

NKN Student Health & Wellness Center offers various medical services, including:

Regular check-ups
Sports physicals
Care for illness and injury
Immunizations
Routine lab tests
Prescription medications
Age-appropriate reproductive health
Vision screenings

Dental screenings
Blood-pressure screenings
Health education
Counseling
Wellness opportunities
Referrals for other medical services
(Dental, X-rays, MRIs, Specialty)

Learn more at: NKNHealth.org

NKN Student Health & Wellness Center | Telephone: 503-355-3500 | Fax: 844-720-1901

Student Illness and Absence

Call or Email the Main Office to Let Us Know

Our phone number is 503-355-2772.

The email is amya@nknsd.org

It is important to let us know that your child will not be attending so we do not worry about them. If your child is not at school, and we haven't heard from you, then you will receive an automated phone call notifying you of your child's absence.'

How long does my child need to wait to return to school after an illness?

The answer to this question depends on their symptoms. Our school has to follow the directives from the Oregon Health Authority (OHA) regarding when students may be readmitted to school

after an illness. Please review the provided info from OHA. Please also note that the period of exclusion often requires 24 hours away from school (this is not a rule that the school developed, but one we have to follow).

PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL This list is school instructions, not medical advice. Please contact your health care provider with health concerns.		
SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.	
Fever: temperature of 100.4°F (38°C) or greater	*Fever-free for 24 hours without taking fever-reducing medicine.	
New cough illness	* Symptoms improving for 24 hours (no cough or cough is well-controlled).	
New difficulty breathing	* Symptoms improving for 24 hours (breathing comfortably). Urgent medical care may be needed.	
Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements	*Symptoms improving for 24 hours (no more than two bowel movements more than normal and no longer having accidents) OR with orders from doctor to school nurse.	
Vomiting: one or more episode that is unexplained	*Symptom-free for 24 hours OR with orders from doctor to school nurse.	
Headache with stiff neck and fever	*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. <i>Urgent</i> medical care may be needed.	
Skin rash or open sores	*Symptom free, which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.	
Red eyes with colored drainage	*Symptom-free, which means redness and drainage are gone OR with orders from doctor to school nurse.	
Jaundice: new yellow color in eyes or skin	*After the school has orders from doctor or local public health authority to school nurse.	
Acting differently without a reason: unusually sleepy, grumpy, or confused.	*Symptom-free, which means return to normal behavior OR with orders from doctor to school nurse.	
Major health event, like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide.	*After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely.	
Health	DEPARTMENT OF EDUCATION	

Medication

All prescription and over-the-counter (OTC) medication must be administered at the office by trained personnel.

Medication that you want your child to take during the school day has to be brought to the office in the original container (or we cannot take possession of the medication). Parents must complete the medicine administration form before trained personnel can dispense medication to a child. ALL OTC medications must be handled through the office (this includes cough drops). If you have any questions about medication administration and school, please contact our main office.



