

## K-12 Health Curriculum Review Checklist

Curriculum: \_\_\_\_\_ Grade Level: \_\_\_\_\_ Reviewer: \_\_\_\_\_ Date: \_\_\_\_\_

**Rating Scale:** 3 = Strong | 2 = Adequate | 1 = Weak

Criteria	(1-3)	Notes/Evidence
<b>1. ALIGNMENT AND CONTENT</b>		
Aligns with Oregon Health Education Standards		
Covers topic areas <ul style="list-style-type: none"><li>• Wellness and Health Promotion (WHP)</li><li>• Safety and First Aid (SFA)</li><li>• Substance Use, Misuse, and Abuse (SUB)</li><li>• Food, Nutrition, and Physical Activity (FNP)</li><li>• Social, Emotional, and Mental Health (SEM)</li><li>• Healthy Relationships and Violence/Abuse Prevention (HRVP)</li><li>• Growth and Development (GD)</li><li>• Sexual and Reproductive Health (SRH)</li></ul>		
Develops health literacy and essential skills <ul style="list-style-type: none"><li>• Analyzing Influences</li><li>• Accessing reliable resources</li><li>• Communication</li><li>• Decision-Making</li><li>• Goal setting</li><li>• Health and Safety Practices</li><li>• Advocate for Healthy Behaviors</li></ul>		
Age-appropriate/ developmentally appropriate		
Scientifically and medically accurate		

Criteria	(1-3)	Notes/Evidence
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## 2. INSTRUCTION

Meaningful, skill-based activities with real-world connections		
Trauma Informed (avoids scare tactics and stigma, uses strength-based language).		
Well-organized and easy to navigate		
Accessible teacher guides		
Flexible lessons with a variety of assessment methods		
Family engagement tools		

## 3. EQUITY & ACCESS

Multiple formats and readability levels		
Support for diverse learners		
Represents diverse cultures, races, and abilities		
Free from stereotypes and bias		
Culturally responsive with inclusive practices/materials		

**Total Score:** \_\_\_\_\_ / 48

Highly Recommended (40-48)  Recommended (32-39)  Not Recommended (<32)

