

K-12 Health Curriculum Review Checklist

Curriculum: _____ Grade Level: _____ Reviewer: _____ Date: _____

Rating Scale: 3 = Strong | 2 = Adequate | 1 = Weak

Criteria	(1-3)	Notes/Evidence
1. ALIGNMENT AND CONTENT		
Aligns with Oregon Health Education Standards		
Covers topic areas <ul style="list-style-type: none">Wellness and Health Promotion (WHP)Safety and First Aid (SFA)Substance Use, Misuse, and Abuse (SUB)Food, Nutrition, and Physical Activity (FNP)Social, Emotional, and Mental Health (SEM)Healthy Relationships and Violence/Abuse Prevention (HRVP)Growth and Development (GD)Sexual and Reproductive Health (SRH)		
Develops health literacy and essential skills <ul style="list-style-type: none">Analyzing InfluencesAccessing reliable resourcesCommunicationDecision-MakingGoal settingHealth and Safety PracticesAdvocate for Healthy Behaviors		
Age-appropriate/ developmentally appropriate		
Scientifically and medically accurate		

Criteria	(1-3)	Notes/Evidence
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2. INSTRUCTION

Meaningful, skill-based activities with real-world connections		
Trauma Informed (avoids scare tactics and stigma, uses strength-based language).		
Well-organized and easy to navigate		
Accessible teacher guides		
Flexible lessons with a variety of assessment methods		
Family engagement tools		

3. EQUITY & ACCESS

Multiple formats and readability levels		
Support for diverse learners		
Represents diverse cultures, races, and abilities		
Free from stereotypes and bias		
Culturally responsive with inclusive practices/materials		

Total Score: _____ / 48

☐ Highly Recommended (40-48) ☐ Recommended (32-39) ☐ Not Recommended (<32)

