# Sara Hale

## Summary of Qualifications:

- Sixteen years of teaching experience in Physical Education and Health Education
- Sixteen years of varsity and junior varsity level coaching experience
- Eleven years of experience in writing physical and health education curriculums
- Works exceptionally well with teens and children
- Experience in program development and delivery for mentally and physically disabled individuals
- Enthusiasm for teaching recognized by both students and peers
- Extensive coursework in the health & physical education fields
- Proven track record of maintaining discipline while gaining respect of students and peers.

#### **Work Experience:**

# 2013 - Present Greene- Hills School

Bristol, CT

## **Physical Education Teacher**

- Responsible for design, writing, and implementation of district curriculum
- Prepare unit and lesson plans
- Teach physical education classes for Grades K 5
- Successfully achieved school and district wide education objectives and goals
- TEAM trained and current TEAM mentor
- Participated in The Summer Curriculum Institute run by the Office Of Teaching and Learning
- Member of the district wide Wellness Committee
- Organized cross curricular school wide events
- Designed and implemented a school wide healthy snack program
- Coordinating teacher for college student teachers
- Member of the School Leadership Team
- Acting administrator during the absence of the school principal and/or assistant principals

# 2004 - 2013 Bethany Community School

Bethany, CT

### **Health & Physical Education Teacher**

- Responsible for design, writing, and implementation of district curriculum.
- Prepare unit and lesson plans
- Teach physical education classes for Grades K 6
- Teach health education classes for Grades 3 6
- Students performed above average in all components of the Connecticut Fitness Test.
- Successfully achieved school and district wide education objectives and goals
- Worked in conjunction with classroom teachers to develop and implement adaptive physical education programs for students with disabilities
- Excels in classroom management and the supervision of student teachers
- TEAM mentor
- Coordinated school-wide and annual multi-district events

Work Experience (Continued):

# 2002 - 2004 Conte West Hills School

New Haven, CT

**Physical Education Teacher** 

Prepare unit and lesson plans

Teach physical education classes for Grades K – 4

#### Coaching

# 2003 - Present Amity Regional High School

Woodbridge, CT

- **Field Hockey Coach**
- Head Varsity (2011 Present), Junior Varsity (2008 2010), Freshman (2003 2007)
- Management of coaching staff
- Involved with scheduling and coordinating all practices and games
- Implement and prepare all drills, plays, and formations
- Coaching/supervision of approximately 60 players

# 2002 - Present Amity Regional High School Woodbridge, CT Softball Coach

- Head Varsity (2016 Present), Junior Varsity (2002 2015)
- Management of coaching staff
- Involved with scheduling and coordinating practices and games
- Implement and prepare all drills, plays, and formations
- Coaching/supervision of approximately 35 players

#### Education:

**2006 - 2008 Southern Connecticut State University New Haven, CT** Sixth Year Degree in Educational Leadership, School of Graduate Studies.

**2004 - 2006** Southern Connecticut State University New Haven, CT Master of Science, School Health Education

1998 – 2002 Eastern Connecticut State University Willimantic, CT Bachelor of Science, Physical Education with a crossover in Health Education, Dean's List

#### Certifications:

CT 044 - Physical Education, PK - 12 CT 043 - Health Education, PK - 12

CT 092 - Intermediate Administration or Supervision

#### References:

Available upon request.

# Lea McCabe

# Objective

To obtain the position of Dean of Students and Assessment Coordinator at Northeast Middle School.

# Education

# CT ADMINISTRATIVE CERTIFICATE (092) PROGRAM 2019 | SACRED HEART UNIVERSITY

- · Focus: Administrative Certificate Program
- · Internship: Bristol Central High School

# MASTER OF SCIENCE | 2006 | UNIVERSITY OF CONNECTICUT

- · Major: Curriculum and Instruction
- · Internship: CREC teaching American History Grant
- · Thesis: Creating Student Historians Through Individual and Collaborative Analysis of Primary Sources

# BACHELOR OF SCIENCE | 2005 | UNIVERSITY OF CONNECTICUT

- · Major: Education: History/Social Studies
- · Minor: Women's Studies

# **Teaching Experience**

# SOCIAL STUDIES TEACHER | BRISTOL CENTRAL HIGH SCHOOL | AUGUST 2006-PRESENT

- · Courses taught/teaching:
  - o World History, Modern American History, Global Issues, Economics, AVID, AP US History
- · Curriculum written:
  - o World History, Global Issues

# Leadership Experience

# BRISTOL CENTRAL HS INTERIM DEAN OF STUDENTS: APRIL-JUNE 2019

- · Implemented school/district's disciplinary guidelines
- · Worked with students, parents, and members of the community
- · Participated on district-wide committees
- · Assisted in safety drill practices
- · Coordinated School-Day SAT administration (as previous part of internship)

# BRISTOL CENTRAL HS SOCIAL STUDIES DEPARTMENT COORDINATOR: 2017-PRESENT

- Manages budget of roughly \$5,000
- · Requisitions supplies, textbooks, and other instructional materials
- · Completes Social Studies Department component of School Improvement Plan
- · Leads meetings of colleagues, administrators, and parents
- · Coordinates field trips, including booking transportation
- · Leads professional development for teachers on district initiatives

#### AVID COORDINATOR: 2012-2017

- Managed budget of roughly \$10,000
- · Requisitioned supplies in coordination with AVID District Director
- · Completed AVID Certification requirements
- · Led meetings of colleagues (Site Team), students, and parents
- · Coordinated field trips, including booking transportation and contacting vendors
- · Led professional development for teachers on AVID teaching strategies

# **GRADE 9 TEAM LEADER: 2010-PRESENT**

- · Leads team meetings, often meeting with students and parents
- · Implements behavioral and academic interventions for struggling students
- · Works with administration to reduce failure rates among freshmen
- · Coordinates field trips

#### **RAMBASSADOR ADVISOR: 2015-PRESENT**

- · Created a senior to freshman mentor program that pairs seniors with a small group of freshmen they will interact with throughout the year
- · Developed a two day leadership training for new RAMbassadors
- · Redesigned Freshmen Orientation to better serve 9th graders
- · Oversees RAMbassador program throughout the year

#### **COMMON CORE LEADER: 2013-2016**

- Worked with teachers from across the district and administrators in the Office of Teaching and Learning to implement the Common Core State Standards and inform teachers about changes in the Smarter Balance Assessment and new SAT
- · Delivered professional development to all teachers at BCHS
- Worked with departments to implement changes in their curriculum to accommodate the CCSS as well as helped develop a Shared Literacy Scope and Sequence for all grades.

# **NEASC STEERING COMMITTEE CO-CHAIR: 2013-2015**

- · Organized the decennial NEASC visit in March 2015
- · Coordinated with all departments, administration at the school and district level, parents, and students
- · Constructed the Visiting Committee schedule and materials
- · Chaired the committee to develop BCHS's Core Values Statement and Student Learning Expectations

# **Extracurricular Activities**

#### **ASSISTANT DRAMA DIRECTOR: 2008-PRESENT**

- · Manages Footlights budget
- · Coordinates fundraising activities
- · Designs and constructs stage sets for productions
- · Works with parents, students, and teachers to produce two shows each year

#### **CLASS CO-ADVISOR: 2012-PRESENT**

- · Coordinates class events such as proms, class night, and yearly elections
- Oversees fundraising activities and class dues
- · Works students to ensure that class activities run smoothly