

Mental Health Advisory Committee Meeting Agenda

12.9.2024

ELHS Library and Hub

5:30pm-7:00pm

Call to Order (Start in the Library) (Fin) Meeting was called to order at 5:30pm

- Present: Fin, Quiana Davis, Jennifer Peatross, Kristin Sesti, Kristen Pfaendtner, Natalie Moser, Gabrielle Pruitt, Erin Parcell, Abbie Tykocki, Paul Walworth, Klaudia Burton
- Absent: Lila Tuell, Mark Foster, Amy Martin, Joseph Eiland, Krystal Davis-Dunn, Somer Ramadan
- Note taker: Jennifer Peatross [Sign in for Attendance](#)

Approval of the meeting agenda (Fin)







- A motion to approve the [agenda](#) was made by Kristin Sesti and seconded by Pfaendtner

Approval of the meeting minutes

- A motion to approve the [minutes](#) was made by Erin and seconded by Abby

Public Comment n/a

Agenda Topics: 5:40

- Welcome/Introductions-Those who have not introduced themselves, do so now
 - Committee and Action Focus
 - Activities/Initiatives: Cocoa and Cram, Hygge, Positivity Grams, Stall, Zines
 -  Mental Health and Wellness Summit  Fundraiser and Publicity  Elementary  Secondary
 - **Mental Health and Wellness Summit : April 23, 2025**
 - Next Steps:
 - Each Committee given contact information for potential partners/buildings/admin
 - Create a timeline for what you want to do throughout the year
 - For example, with the 'zines and mental health art:
 - Contact building admin-are they interested? If so, ask for art contact folks
 - Ask for times of the month that may work
 - Solidify project/date/who will be involved
- 6:20 pm-6:25 pm-Break and Transition to HUB [The zoom link](#)
- **6:25-700: Building local school capacity to effectively connect students to mental health supports (pg 2)**
 -  GPL MDHHS Project Description 2024-2025 (003).pdf
 -  SAEBRS_MySAEBRS_Screening_Tool.pdf
 - **Sarah Forrest**, Project Leader, Harvard Kennedy School Government Performance Lab (GPL) supporting MDHHS Bureau of Children's Coordinated Health Policy & Supports
 - **Carla Pretto**, Executive Director Association for Children's Mental Health
 - **Sunshine Riddle**, Family-Driven Youth-Guided Analyst, Association for Children's Mental Health
 - Aneysa Rogers - Mental Health and Education Partnership Analyst at Michigan Department of Health and Human Services (MDHHS)
 - Dianna Robinson- *Family Training & Empowerment Specialist &ACMH Parent Advisory Committee Coordinator*

New Business/ Future Meeting Topics

- Introduction of new members (Quiana Davis)
- Sesti and Pfaendtner have agreed to co-chair/facilitate the Mental Health club at the HS (2nd meeting was held today) - SPARK (Students Promoting Awareness Resilience and Kindness)
- Brief overview of documents given out by Fin
- Mental Health Summit Date originally scheduled for April 30th; Now moved Summit to **April 23, 2024** from 5-7pm (maybe extending to 7:30pm)
- Committee Breakouts
 - MH Summit, Elementary, Secondary, Fundraising and Publicity

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Presentation with Carla Pretto and Sunshine Riddle (Association for Children's Mental Health) funded by SAMSA; also Sarah Forrest through Harvard and DHHS partnerships

Who we want to reach:

- **Youth and families where there are barriers to mental health access & current programing may not be meeting needs like:**
- Youth and families in poverty
- Youth and families with high stigma about mental health
 - immigrant & first generation students, ELL
 - High achieving students - academics, sports - where pressure may be intense
 - Youth and families who have been involved in systems - child welfare, juvenile justice
 - Male students
 - Those opting out of screening tools or school SEL initiatives
- Lack of connection to school and community
 - Discipline
 - Alternative pathway to graduation (Graduation Alliance)

What's going well that we'd like to build on:

- High participation in MySAEBERS screening tool (only 53 opt out)
- Peer messengers and strategies for both youth and caregivers
- Hope Club - Providers coordinate to provide universal point of access to needed services, including mental health & basic needs
- 47 referrals to 31N currently in ELPS this school year; 7 declined and 4 already receiving services

Announcements

- Next Full Committee Meeting: 1.13.25

10. Adjournment

- The meeting was adjourned at 6:59pm