

Emily C. Owens, PsyD, NCSP

Education

University at Albany, State University of New York, Albany, NY

Doctorate of Psychology in School Psychology—APA Accredited December 2014

- Dissertation: An Analysis of School-Based Suicide Postvention Protocols

Certificate of Advanced Study in School Psychology—NASP Approved September 2013

Master of Science in Educational Psychology and Methodology December 2011

University at Buffalo, State University of New York, Buffalo, NY

May 2009

Bachelor of the Arts in Psychology

Psychology Major, Global Gender Studies Minor, Philosophy Minor

Summa Cum Laude, Renaissance Scholar

- Research experiences: Child and Adolescents Relationships Laboratory Fall 2007-Fall 2009

Manualized Social Skills Curriculum Research Fall 2008

Work Experience

Windsor Locks Public Schools, Windsor Locks, CT

2021 Excellence in School Psychological Services Recognition District

Windsor Locks High School (WLHS) Psychologist

August 2014-Present

Conduct and interpret psychoeducational evaluations. Collaborate with special education and related service providers to aid in the synthesis of evaluation data. Work with teachers to create trauma-informed classrooms. Conduct formal individual counseling with long-term goals as well as informal crisis counseling using various therapeutic techniques. Co-lead Scientific Research Based Interventions efforts to create systematic tiers of academic and behavioral support for all students. Lead suicide prevention and intervention efforts via creation of protocol and suicide risk assessment training. Create and monitor protocol for documenting crisis intervention.

Windsor Locks Public Schools (WLPS), Windsor Locks, CT

Elementary Summer School Coordinator

June and July 2015

Planned, implemented, and analyzed pre and post data collection to document success in preventing regression. Collaborated with summer school teachers, special services staff, and the WLPS Extended Day Extended Year Program to coordinate transportation to and from school, oversee enrollment, and arrange off-site learning experiences. Supervised all student assistants and documented daily attendance.

Center for Disability Services (CFDS), Albany, NY

Residential and Day Program Behavioral Specialist, Psychological Intern

May 2013-June 2014

Provided psychological services within a behavioral health clinic as well as adult day and residential programs. These services included achievement, cognitive, social-emotional, and capacity to consent assessments. Conducted autism diagnostic assessments as part of the NYS OPWDD Family Support Grant. Created, maintained, and updated functional behavioral analyses and behavioral intervention plans. Collected, analyzed, and progress monitored behavioral data to consult and collaborate with staff regarding interventions and inform treatment at psychiatric appointments. Presented behavioral intervention plans with restrictive techniques to the Human Rights Committee. Provided staff training on boundaries, sexuality, and emergency mental health screenings.

South Colonie Central School District, Colonie, NY

Advanced School Psychology Trainee

September 2012–June 2013

Participated in a wide variety of consultation, assessment, and counseling experiences within the middle and high school setting. Conducted post-exit summary interviews for all graduating high school seniors receiving special education services. Facilitated a middle school Banana Splits group and a counseling group for at-risk female high school students placed in an in-district alternative educational setting. Individual counseling experiences targeted assertiveness, coping with parental divorce, depression, anxiety, and organizational skills.

Practicum Student

September 2010–June 2011

Conducted and interpreted achievement, cognitive, functional behavior, and social-emotional assessments within a middle school. Consulted and collaborated with teachers regarding academic and behavioral interventions and provided professional development for the Department of Special Education on Curriculum Based Measurement: Mathematics and Written Expression. Co-facilitated a counseling group focused on problem-solving skills and appropriate communication strategies.

Fonda-Fultonville Central School District, Fonda, NY

School Psychologist Trainee

September 2011–June 2012

Conducted and interpreted achievement, cognitive, functional behavior, and social-emotional assessments within a K-12 district and utilized early childhood screenings to identify academically at-risk students. Managed an individual and group counseling caseload focused on the development of self-control, self-esteem, emotional awareness, interpersonal problem-solving skills, and appropriate communication strategies. Consulted and collaborated with teachers to develop, implement, and progress monitor interventions.

Leadership Experiences

RULER Trainer, WLHS/WLPS

November 2020–Present

Leading schoolwide implementation of the Yale Center for Emotional Intelligence’s RULER program for social-emotional learning.

Wellness Committee, WLPS

August 2019–Present

Serving on as the mental health liaison to review, advocate for, and establish district policy and programming that promotes student, staff, and community physical and mental wellness.

School Safety Committee, WLHS August 2019-Present
Serving as the mental health liaison for the team review of safety protocols and incidents.

Student Support Team, WLHS August 2019-Present
Served as *co-chair* to oversee the design and implementation of interventions targeting absenteeism, social-emotional/behavioral needs, and executive functioning needs of high school youth.

Scientific Research-Based Interventions Committee, WLPS August 2014-June 2019
Served as *co-chair* to systematically identify students in need of academic and/or social-emotional intervention. Oversaw the design and implementation of interventions as well as evaluated data to determine student response to intervention.

School Psychology Doctoral Program Mentor, University at Albany Fall 2012-Spring 2013
Served as a *peer supervisor* to first and second year students in development of skills related to the conduction of cognitive, achievement, and social-emotional assessment.

SUNY Albany School Psychology Association, University at Albany Fall 2010-Spring 2011
Served as *Co-President and Graduate Student Organization Representative* in order to advocate for peers within the program and organize relevant professional development opportunities.

Teaching Experiences

Graduate Student Instructor, University at Albany, Albany, NY Fall 2010-Spring 2011
ESPY 120 The Psychology of Academic and Personal Effectiveness
Planned, implemented and evaluated an undergraduate course focused on exploring issues and problems encountered in daily life from a variety of theoretical psychological perspectives.

Teaching Assistant, University at Buffalo, Buffalo, NY Spring 2009
Psych 101 Introduction to Psychology
Provided one-on-one or small group instruction to students during office hours, proctored and scored exams, and served as an assistant during class lectures.

Psychology Tutor, University at Buffalo, Buffalo, NY Fall 2007- Spring 2008
Center for Academic Development Services (CADS) Lab
Tutored undergraduate students in Introduction to Psychology, Statistics, and Research Methods.

Research Experiences

School Psychology Program Research, University at Albany, Albany, NY
Graduate Research Assistant Fall 2009-Spring 2010
Worked with Dr. Stacy Williams on research projects in the area of academically based response to intervention and progress monitoring.

Manualized Social Skills Curriculum Research, Summit Educational Resources, Buffalo, NY
Undergraduate Research Assistant Fall 2008
Worked with Drs. Thomeer, Toomey, Lopata, Volker, and Lee on several ongoing projects that investigate social skills development with children with autism spectrum disorders. Duties included data collection, data entry, protocol administration and scoring, and fidelity monitoring.

Child and Adolescents Relationships Laboratory, University at Buffalo, Buffalo, NY
Undergraduate Research Assistant Fall 2007 – Spring 2008
Head Undergraduate Research Assistant Fall 2008 – Spring 2009
Worked with Dr. Julie Bowker on a series of studies that investigate peer relationships during the middle school years. Duties included data collection in local middle schools, data entry, coding, transcribing interview sessions, and organizing materials for school administrations. Supervised and assisted undergraduate research assistants.

Publications and Presentations

- Owens E.C.** Blueprint RULER Tool. Building Empathy and Resolving Conflict (March, 2021).
Presented at Windsor Locks Public Schools Professional Development Day. Windsor Locks, CT.
- Owens E.C. & Sullivan, K.** Practical Considerations for Addressing Trauma Reactions/Behaviors in the Classroom. (November, 2018). Presented at Windsor Locks Public Schools Professional Development Day. Windsor Locks, CT.
- Freiberg, J., Delphin-Rittmon, M., McHaelen, R., **Owens, E. C.**, & Gibbons, T. (September, 2017). A Community Based Discussion on Suicide Prevention Awareness. Panel led by State Representative Scott Storms, Windsor Locks, CT
- Owens, E. C.** (2014). An Analysis of School-Based Suicide Postvention Protocols. (Unpublished Doctoral Dissertation). University at Albany, Albany, NY.
- Owens, E. C.** (2013). Bullying prevention: Issues, challenges, and opportunities. *New York School Psychologist*, 31, 15.
- Owens, E. C. & Nickerson, A.** (October, 2012). Providing safe and supportive environments for LGBTQ youth. Presented at the New York Association of School Psychologists, Niagara Falls, NY.
- Owens, E. C. & Nickerson, A.** (February, 2012). Supporting LGBTQ students from bullying, harassment, and other risks. Mini-skills presented at the National Association of School Psychologists, Philadelphia, PA.
- Williams, S. A., Miranda, A. H., & **Owens, E. C.** (February, 2010). Helping teachers understand the true nature of interventions. Poster presented at the National Association of School Psychologists, Chicago, IL.

MICHAEL A. ROSENKRANTZ

CERTIFICATIONS: Physics 7-12 (032), General Science 7-12 (034)

EDUCATION:

University of Connecticut, Greater Hartford, CT May 2018
M.A. in Curriculum and Instruction, Science Education Concentration
Neag School of Education: TCPCG Program

Cornell University, Ithaca, NY August 2015
B.S. in Engineering Physics, Minor in Applied Mathematics

TEACHING and RELEVANT EXPERIENCE:

SUBSTITUTE TEACHING February 2019 – Present
Kelly Educational Staffing, Central CT Region

- Long-term substitute: Biology and Chemistry at Bristol Central HS (1 year), Gr. 8 Science at East Hartford MS (approx. 1/3 school year)
- Daily substitute assignments at various middle and high schools in the region

INTERNSHIP PRACTICUM February – April 2018
Berlin High School, Berlin, CT

- Worked with BHS Science faculty to analyze science curriculum in grades 9 through 11 and improve compliance with Next Generation Science Standards.
- Examined sets of Performance Expectations encountered by students taking a variety of course sequences, including various course levels (standard, advanced, and AP), taking courses in different orders or grades, and both core and elective classes.
- Focused on the dynamics of implementing NGSS, including competing curriculum priorities, necessary resources, and teacher perceptions of NGSS.

STUDENT TEACHING August – December 2017
Berlin High School, Berlin, CT

- Taught high school physics to 11th and 12th grade students
- Developed and refined skills for planning and delivering lessons, classroom management, and creating learning and assessment materials

MATH LEARNING TUTOR March – May 2017
Martin Kellogg Middle School, Newington, CT

- Worked within a SRBI framework to provide focused and individualized math instruction and reinforcement to students in grades 5-8, under the supervision of classroom teachers and a math interventionist.
- Over the course of each day, I provided general classroom support in grade-level math classrooms, worked with ad hoc groups of 1-4 students that required assistance for specific lessons, and met with identified students under longer-term structured plans to improve math skills such as number sense and fact recall.

SUBSTITUTE TEACHER Dec. 2016 – March 2017
Newington Public Schools, Newington, CT

ASSISTANT MARCHING BAND INSTRUCTOR Fall 2004, Fall 2006
Newington High School, Newington, CT

- Drew on 7 years of marching band experience to teach basic marching skills to students in the high school band program. Worked with students on an individual and small-group basis to improve general musical skills. Supervised students during rehearsals, games, and competitions.

LIFEGUARD Summers 1999 – 2002
Town of Newington, Newington, CT

- Responsibilities included teaching swimming lessons as a certified Water Safety Instructor.

VOLUNTEER TEACHING ASSISTANT Summer 1998
Excursions in Learning Enrichment Program at Manchester Community College,
Manchester, CT

- Assisted certified teachers who provided instruction in model rocketry and other topics.

OTHER WORK EXPERIENCE:

PRESIDENT, VICE PRESIDENT, VOLUNTEER November 2005 – June 2016
Newington Community Television, Newington, CT

- Contributed to community access TV station in several roles, including 9 years as president.
- Major accomplishments included relocating to a new building, transitioning to a digital and high definition workflow, and expanding online viewing options.

CAMERA OPERATOR April – September 2014
Stafford Motor Speedway, Stafford, CT

ELECTION WORKER October 2010 – Present
Town of Newington, Newington, CT

- Progressively increasing responsibility, up to Election Moderator

TAX PREPARER Jan. – April 2006, 2008, 2009
Jackson Hewitt Tax Service, Glastonbury, New Britain, East Hartford, Newington, CT

ASSISTANT ACTUARY Nov. 2006 – July 2007
Lightkeeper Specialty Inc.

ACTUARIAL CONSULTANT June – Oct. 2006, Aug. 2007
Endurance Services Limited and Partner Reinsurance Company of the US

RESEARCHER Summer 2003
University of Connecticut, Storrs, CT

- Research Experience for Undergraduates (REU) Program – worked with the experimental ultracold molecule group under Professor Edward Eyler.

SUMMARY

Skilled professional with a Master's in Social Work and a minor in Psychology. I have over 7 years of experience in serving the community, providing guidance for those in need and providing services to children and adolescents. Experience in counseling, CBT, TF-CBT, assessment, crisis intervention, evidence-based practice, behavior management, mental health, youth education, at risk youth and families from diverse ethno-cultural and racial backgrounds.

EDUCATION

Bristol Central High School, Bristol, CT

Diploma received June 2013

Member of: Hispanic National Honor Society

Western Connecticut State University, Danbury, CT

Bachelor of Arts in Social Work with a minor in Psychology, August 2017

Overall GPA: 3.52 **Major GPA:** 3.75

Honors: Dean's List Spring 2015, Fall 2015, Spring 2016, Fall 2016 and Spring 2017, Cum Laude

Member of: The National Society of Leadership and Success and the Iota National Women's Studies Honor Society

Fordham University, Bronx, NY

Master of Social Work, August 2020

GPA: 4.0

Certifications: 071 School Social Worker, CT Mandated Reporting, Preventing Sexual Harassment, Evidence-Based Promising Practice Models of In-Home Intervention, TF-CBT Web 2.0

HUMAN SERVICE EXPERIENCE & INTERNSHIPS

Project Homeless, Volunteer, Danbury, CT, Dec. 11, 2015 & Dec. 8th - 9th 2016

- Vendors and agencies from the community come together to provide free services like haircuts, dental work, blood draws and counseling to the local homeless population.

Connecticut Junior Republic, Internship for the SAFE/TPP program, Waterbury, CT, Summer 2016

- Provided long term support, life skills, education and other activities designed to discourage risky behavior with an emphasis on teen pregnancy prevention and academic success. We had the summer to raise money in any way that we can for an organization of their choosing; they chose a homeless family.

Professional Development Day, Social Work Expo, WCSU, Danbury, CT, Sept. 21, 2016

- Preparation for obstacles that may appear in my field of work; we got to talk with social workers who worked in the immigration sector and learned some of the laws that pertain with immigration.

Project Enye; A voice for 1st generation Latinos, Denise Soler Cox, WCSU, Danbury, CT, Nov. 14, 2016

- Denise Soler Cox showed her documentary that focused on telling the stories of first-generation American-born Latinos. She discussed the challenges she faced in navigating two worlds; her Latino family and the Anglo world in which she lived.

Poverty Simulation, Rebecca Wade-Rancourt, WCSU, Danbury, CT, March 1, 2017

- I took on the identity of someone and was given a family with scenarios of our life in poverty. It helps promote poverty awareness; it increases understanding and local change.

Beatrice K. Nemzer Social Work Symposium, WCSU, Danbury, CT, April 10, 2017

- Attorney Kica Matos, the Director of Immigrant Rights and Racial Justice at the Center for Community Change. Her mission is to develop the power and capacity of low-income people to have a significant impact in improving their communities and the policies and institutions that affect their lives.

NAFI Touchstone, *Internship*, Litchfield, CT, Summer 2017

- Worked with at risk adolescent females in a residential setting and shadowed two LCSW's. I participated in DCF case management, safety assessments/planning, group/individual meetings, treatment planning and case management processes. I also co-facilitated/facilitated DBT skill groups, social skill groups and recreational therapy skill groups.

Frank T. Wheeler Elementary School, *sub. teacher and Hartford bus monitor*, Plainville, CT, October 2017 - Present

- Follow instructions and lesson plans left by the teacher as well as working with a variety of students with special education needs and behavioral problems. Our school also offers the open choice bus so we get Hartford kids bussed in. They needed a bus monitor to watch the kids at the end of the day due to parent complaints.

Wheeler YMCA, *camp counselor*, Plainville, CT, Summer 2018

- In charge of different groups of kids, ages ranging from 5-17. My main priority was supervision but also to make sure their camp experience was as fun and rewarding as possible while being safe.

Plainville High School, *Internship*, Plainville, CT, School year 2019 - 2020

- I provided counseling to high school students, attended and participated in PPT meetings, provided parent/family counseling as needed, contacted outside providers, planned individual/group sessions, reviewed 504 plans, sat in CPT meetings, provided psychoeducation, set IEP goals and objectives, facilitated group sessions and collaborated with teachers and other service providers.

Middle School of Plainville, *Interim School Social Worker*, Plainville, CT, October 2020 - March 2021

- Provided counseling to IEP and 504 students. Participated in PPT's, weekly support staff meetings, department meetings, initial reviews and annual reviews. I have made referral's for students and their families with outside providers that can provide extra services within their community. Planned individual and group counseling sessions daily. Partook in risk assessments and worked a lot on CBT, mindfulness and executive functioning skills with students as well as teachers and parents. Made anxiety and executive functioning self-monitoring sheets for students and teachers to help collect data and keep track of student's progress.

AREAS OF EXPERTISE & INTERESTS

- Youth outreach
- Mandated reporting
- Organization & time management
- Reporting & documentation
- Group and individual therapy
- Crisis intervention
- Interview, assessment & negotiation

- Team building & leadership
- Basic computer knowledge & Microsoft office proficiency
- Communication, problem solving & interpersonal skills
- Adaptable
- Outgoing and Optimistic
- Interests: soccer, baseball, football, Zumba, yoga, running, family time, being outdoors, cooking and traveling

ADDITIONAL EXPERIENCE

CVS Pharmacy, *Shift Supervisor*, New Britain, CT, Feb. 2013 - Present

Danbury, CT, Aug. 2015 - May 2016

- Manage money, train new employees and make sure the store is running appropriately.

Nanny, *Part Time*, Southbury, CT, January 2015 - Present

Fairfield Dorm Information desk staff, *Part Time*, WCSU, Danbury, CT, Aug. 2016 - May 2017

- My main duty was signing kids into the building and making sure the residents were safe.

Black Student Union Fashion Show, *Model and coordinator*, WCSU, Danbury, CT Fall 2016 & Spring 2017

- Modeled and helped prepare for the fashion show. I helped with making sure their outfits were appropriate and made sure they looked presentable for the showcase.