PROPOSAL FOR TELE-MENTAL HEALTH SERVICES

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Proposal for Tele-Mental Health Services for the Browning School District

September 1st, 2023-August 31, 2024

Purpose: I would like to continue to provide support and mental health services to students at Browning Public School District.

Services:

I would provide Professional Counseling Services to the students at Browning Public School District on the following schedule:

- Each session would consist of 60 minutes of face-to-face counseling with individual student or family.

I would have a caseload of up to 10 clients, which would include:

10 x 60 minute face-to-face sessions per week.

- 1 x Informed Consent for Services
- 1 x Initial Assessment per Client
- 1 x Treatment Plan per Client (updated as client meets goals)
- 1 x Weekly Progress Note per Client/Session

Face - to - Face sessions would be a hybrid of in person and tele-health. I will use the HIPAA compliant, evidence-based platform of Simple Practice for tele-health video and documentation, including parent contact and signatures.

Expenses I am responsible for:

- My own Professional Liability insurance.
- My yearly renewal of my professional license
- Subscription to Simple Practice
- Travel
- Office and all other overhead expenses

Compensation:

The cost for the district will be \$3,700 per month for twelve months, to be renegotiated at the end of the fiscal year. The parties recognize this is a base salary, which covers expenses for up to 40 sessions per month, along with administrative duties such as documentation, parental contact, collaborating with staff, etc.

Thank you for considering this proposal to continue to support our students, staff and the overall Browning Community.