THE HOWLER

Garibaldi Grade School | Newsletter



December 2023

It is already December, I am not sure what happened to the year 2023! Just a friendly reminder to make sure to keep the office and teacher(s) informed as to what is happening with your child. If you are going to be out of town or someone else might be picking up your child, please make sure we are aware. As always, if you have any questions or need anything, don't hesitate to reach out to us!

Important No School Days and Reminders

Friday, December 1, Grade Day, *No School*Mon-Fri, December 4-8, GGS Book Fair
Wed, December 6th, Picture Retakes
Thurs, December 7th @ 6pm-7pm, Winter Concert
Mon-Fri, December 11-15, Winter Spirit Week
Mon, December 18-Mon, January 1, Winter Break, *No School*School will resume on Tues, January 2nd, 2023

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GGS's Book Fair is December 4th-8th!

The Scholastic Book Fair is coming next week, December 4-8. The Book Fair will be held in the **GGS Library**, during students' regular library days and opening at 5:15pm before the Winter Concert on December 7th. Families may also purchase books on the Scholastic Store online from December 4 through December 18. Please visit the website for Garibaldi Grade School's Online Scholastic Book Fair:

https://www.scholastic.com/bf/garibaldigradeschool

GGS's Winter Concert is Thursday, December 7th!

Join us for GGS's Winter Concert on December 7th at 6pm in the GGS Gym. Please have students arrive in their classrooms at 5:45pm. Wear fancy or festive attire!

December Characteristic is being Proactive

Each month, GGS focuses on a personal characteristic and teaches it to our students. Our focus for the month of December is being proactive. Students who are being proactive show a positive attitude towards learning, through their actions and moods. They participate in group activities, follows directions, and takes care of themselves.



At the end of the month we will be handing out three awards in each class, two for students who were demonstrating Being Proactive, and one Pride of the Pack award focused on perseverance. Please talk with your child(ren) around the conversations they are having at school on being proactive.

2023-24 Statewide Assessments, 3rd-5th Grades

Every year we need to notify families of the Statewide Assessments that will be happening. Oregon law permits parents to annually opt-out of Oregon's statewide assessments in English Language Arts and/or Mathematics by submitting an annual form to the school the student attends. Please view the notice at this link: OSAS Opt Out Form English or ask for a paper form in the school office.



Importance of Attendance for Students

Missing just two days of school a month means a student has missed more than 10% of the school year. Absences, whether they are excused or unexcused, put students at risk of not graduating on time and can impact them in numerous ways. Identifying barriers to attendance is an important part of keeping students engaged in school, graduating on time, and thriving in all areas of

their lives. Let us know how we can help, GGS wants your child to succeed and is focused on helping smooth the way to regular attendance!

Due to November and December having fewer school days, we are combining those two months for the attendance recognition. Students who are present for those two months 90% or more will be able to have hot chocolate with Ms. Hasenoehrl!

Ms. H's Counseling Corner

I hope everyone had a wonderful Thanksgiving break! During November we focused on three new Tools that we could use to be responsible for our actions and our emotions. We will be learning about our final three Tools during December, the Patience Tool, Quiet Safe Place Tool, and our Please and Thank You Tool.



Courage Tool - "I have the courage to do the right thing."

Typically when we talk about courage, we talk about being brave and having the bravery to try new things or to take risks. We discussed how our Courage Tool helps us to use all of our other tools, and the four ways to be courageous.

Empathy Tool - "I care for myself. I care for others."

Trying to see something from another person's point of view and responding with kindness and care is what we have been practicing with this Tool. It also takes our Courage Tool to be brave and make those kind choices and treat everyone with respect. We start by noticing how others are feeling, and then relate it to a time when we might have felt that feeling. This understanding helps us to respond in a helpful way. Here are the three questions that we asked ourselves to practice empathy: What could the person be feeling? Have I ever felt that way before? How would I want to be treated? Empathy is the root of tolerance, kindness and forgiveness.



Apology and Forgiveness Tool - " I admit my mistake, and I work to forgive yours."

In order to be responsible, sometimes we have to apologize for something that we may have done that hurt someone or something. If we have received an apology, we need to work to forgive this person. Forgiveness means that we are letting go of that action the other person has done or said by using our Garbage Can Tool.

We looked at using the right words, in the right way, at the right time, and for the right reasons in order for our apology to be sincere. We discussed how it takes courage to apologize, because sometimes it might be hard to admit we made a mistake. If you have any questions, please feel free to call or email me. Cherie Hasenoehrl, cherieh@nknsd.org

Classroom Celebrations, Volunteering, and Field Trips

Reminder that all food that is brought for classroom celebrations needs to be store bought or food prepared in an health department inspected kitchen. Please let your child's teacher know prior to bringing in treats, it makes it easier for them to schedule a time to celebrate.

Also, if you would like to volunteer during a classroom party or field trip, remember you will need to have an approved volunteer background check on file. They are good for 3 years. Some field trips there is limited number of spots for volunteers, so please make sure you get the teacher's approval before making plans to attend.



Join the GGS Parent Group!

GGS Parent Group meeting: Tues, Dec 12th at 6PM on Zoom.

In an effort to boost attendance and better accommodate dinner/bedtime schedules, we are moving the monthly Parent Group meeting online! Find the link on our FaceBook page.



New members are especially welcome!

Follow us on FaceBook: https://www.facebook.com/GaribaldiParentGroup

Email: garibaldiparentgroup@gmail.com

NKN School Board Meetings

Next Meeting is Monday, December 11, 6:30pm

This is a monthly meeting of our School Board. The meeting takes place at our District Office or through Zoom. You can access this meeting through our district website (www.nknsd.org) under "School Board" and then "Board Meetings".

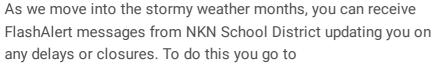
GGS information online



How to Find GGS Information Online!

Besides our monthly Howler Newsletter, you can find school information online! Our district has an informative website at www.nknsd.org and Garibaldi Grade School has a page with all sorts of great information for our families. You can find this monthly newsletter, student handbook and even a parent page with information on busing, school lunches, wellness and more!

Reminder: Sign up for FlashAlert!





https://www.flashalert.net/, manage your messenger subscription, and make sure you are signed up for Neah-Kah-Nie School District.

Be a Substitute at Garibaldi Grade School!

Sign up to be an Instructional Assistant (classified) or Teacher (certified) substitute at any of our schools. Neah-Kah-Nie School District has contracted with ESS for our substitute services. To become a substitute for the District please go to ESS.com, click on the Job Seeker tab and type in Neah-Kah-Nie School District to begin the application process. If you have questions about the application process, or becoming a substitute, please contact 866-208-7454 x1 or email: applicationswest@ess.com.

Win a prize for taking care of yourself!

The team at NKN Student Health & Wellness Center invites you to participate in the 2nd Annual Well-Being & Self Care Challenge! NKN SHWC encourage students to focus on caring for themselves and sharing how they do so. Students can pick up an entry form at NKN



Student Health & Wellness Center (on the NKN HS campus) or entry form at their student's school office. Return the completed entry form by December 7, 2023 for chance to win a prize.

PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL

This list is school instructions, not medical advice. Please contact your health care provider with health concerns.

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.		
Fever: temperature of 100.4°F (38°C) or greater	*Fever-free for 24 hours without taking fever-reducing medicine.		
New cough illness	 Symptoms improving for 24 hours (no cough or cough is well-controlled). 		
New difficulty breathing	 Symptoms improving for 24 hours (breathing comfortably). Urgent medical care may be needed. 		
Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements	*Symptom-free for 48 hours OR with orders from doctor to school nurse.		
Vomiting: one or more episode that is unexplained	*Symptom-free for 48 hours OR with orders from doctor to school nurse.		
Headache with stiff neck and fever	*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. <i>Urgent</i> medical care may be needed.		
ikin rash or open sores	*Symptom free, which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.		
Red eyes with colored drainage	*Symptom-free, which means redness and drainage a gone OR with orders from doctor to school nurse.		
laundice: new yellow color in eyes or skin	*After the school has orders from doctor or local public health authority to school nurse.		
Acting differently without a reason: unusually sleepy, grumpy, or confused.	*Symptom-free, which means return to normal behavior OR with orders from doctor to school nurse.		
Major health event, like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide.	*After the school has orders from doctor to school nurse AND after measures are in place for the studen safety. Please work with school staff to address speci health-care needs so the student may attend safely.		







AT NEAH-KAH-NIE HIGH SCHOOL

HOURS:

Tuesdays Wednesdays

Thursdays

8:30 am - 12:00 pm / 1:00 - 4:30 pm (Closed for lunch 12:00 - 1:00 pm)

8:30 am - 12:30 pm / 1:30 - 4:30 pm (Closed for lunch 12:30 - 1:30 pm)

8:30 am - 12:00 pm / 1:00 - 4:30 pm (Closed for lunch 12:00 - 1:00 pm)



A variety of fresh fruits and vegetables are available daily on our offering bar. Everyday choices of 1% and non-fat milk are offered. All of our bread and pasta items are whole grain or whole wheat. Whole grain cereals are offered daily as a choice for breakfast. Menu items are subject to change.

"This institute is an equal opportunity provider"



FREE school breakfast and Lunch!

All Students are able to receive free school breakfast and lunch. No paperwork or forms are needed. A huge 'Thank You' to our staff, budget committee, and school board for making this happen!



Garibaldi Grade School

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