# SCHOOL HEALTH ADVISORY COUNCIL

Aledo ISD 2021-2022

# PURPOSE AND REQUIREMENTS OF THE SCHOOL HEALTH ADVISORY COUNCIL

#### From TEC 28.004[a]:

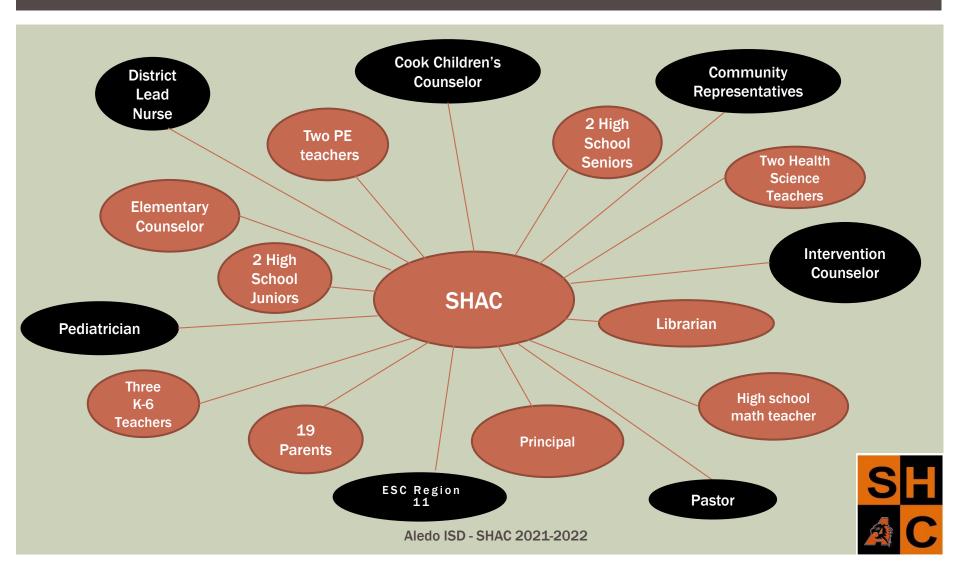
The purpose of the School Health Advisory Council (SHAC) is, "...to assist the District in ensuring that local community values are reflected in the District's health education instruction."

#### From TEC 28.004[m]:

The School Health Advisory Council (SHAC) shall, at least annually "...submit a report to the Board on the activities of the SHAC during the period between the date of the current report and the last prior report."



#### SHAC MEMBERSHIP





# Full SHAC meetings on:

October 14, 2021
November 8, 2021
January 24, 2022
March 7, 2022
May 2, 2022





# SHAC meetings are public meetings

# SHAC meeting hear public comment

# SHAC members can add new business and agenda items



### **COVID-19 UPDATES**

#### Each SHAC meeting included an update on COVID-19 cases, changes, status

Answered questions, listened to feedback, engaged in discussion



 Working group – consisting of parents and staff – reviewed multiple character education programs and narrowed down to the Positivity Project to recommend for further review

Time window was made available to community members to review the content of P2 and share feedback



- Additionally, community members were given option to participate in a community presentation plus a Q&A by P2 founders
- In considering the option of the Positivity Project (P2) to implement character education, SHAC reviewed the process of the working group as well as their feedback and the feedback shared by community members



## Numerous opportunities for public preview and to provide feedback

Opportunity for parents to opt kids out of P2



- P2 Resource Update Log was created to monitor changes to P2 content that happened after the preview period concluded
- Access to the P2 Resource Update log was give to SHAC members and reviewed
- P2 Resource Update Log reviews will be scheduled with SHAC members 3x in 2022-2023



### VAPING INTERVENTION RESOURCES

- SHAC reviewed the current resources utilized for intervention steps related to first vaping offenses
- AISD Student Code of Conduct describes educational awareness elements that happen with sequential vaping offenses
- First vaping offense (non-THC) include a video, with reflection questions, and a session with an Intervention Counselor
- SHAC reviewed the current video and process and examined different options for use



### VAPING INTERVENTION RESOURCES

- No changes were made to the Vaping Intervention protocols, upon review
- Planning review of vaping data offenses with SHAC next year to evaluate and revise prevention and intervention services



# **CHILD NUTRITION**

- Patty Willhite, Child Nutrition Director, provided information on Child Nutrition department including
  - USDA/TDA laws that govern menus
  - Menu options
  - Promotional activities
  - Training on safety standards and procedures provided to Child Nutrition staff



# YOUR LIFE SPEAKS

- A review of the potential speaker, Nathan Harmon with Your Life Speaks, was completed
- The speaker was suggested by a district parent to speak to both students and parents on the topic of student wellness
- The speaker was scheduled and presented to all 9<sup>th</sup> -12<sup>th</sup> grade students
- Additionally, the speaker spoke to 103 attendees at a Parenting University event on March 30



# FITNESSGRAM REVIEW

- §38.101 of TEC states that school districts must annually assess the physical fitness level of students in grades 3-12
- Following COVID-19, FitnessGram reporting did not take place in 2019-2020 and 2020-2021 school years
- FitnessGram assessments were administered in January – March, 2022 and data will be reviewed beginning in fall, 2022



# **STUDENT WELLNESS**

- Details and processes regarding a student wellness survey to be administered to all 5<sup>th</sup> – 12<sup>th</sup> grade students was presented to the SHAC prior to the administration of the survey in March
- Aggregate trend results, including improvements in comparable areas to last school year, were also shared and discussed
- Action steps to continue addressing identified student wellness needs were also shared and discussed



# HEALTH CURRICULUM REVIEW

- Proclamation 2022 offered the opportunity for adoption of new curriculum materials for Health I, the high school credit health course offered in AISD
- SHAC served as the local advisory committee to preview and provide feedback for the future use of the materials approved by the SBOE



### **SHAC MEMBERS**

SHAC parent representative to share her experience serving on SHAC this year:

Kristin Robbins, Daniel Ninth Grade parent rep









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