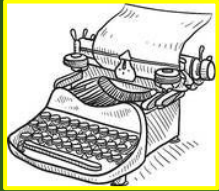




# LORNA BYRNE Middle School

## The Weekly Vikings

101 S. JUNCTION AVENUE, CAVE JUNCTION, OR 97523  
Ph. 541.592.2163 Fax: 541.592.4851



### Notes From the Office...

#### *Please Remember:*

All visitors to LBMS must check in with the office IMMEDIATELY upon entering the building. If you are here to pick up your student, we ask that you wait in the office and the student will be called down. For safety reasons, visitors are not allowed to walk the halls or enter any area, without being accompanied by a staff member.

Thank You!  
The Office Staff

### Cassie's Corner...

#### End of the Quarter

Reminder- the end of the 1st quarter is Thursday, October 27th.

Communicate with your teachers now if you have questions about your grade and/or work you need to complete. Check your StudentVUE account. Utilize extra learning opportunities (ELO) as well as tutoring after school.

If you need additional help/support, please reach out to me-Mrs. Cassie (School Counselor).

Parents- please email teachers if you have specific questions about classes, missing work and/or a student grade.

Conference information will be sent out soon but they will be later in the week of October 31st.

### The Book Shelf LBMS Library News

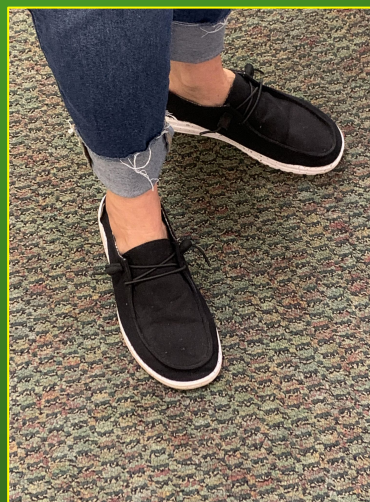
#### Reading Websites



Click the icon above or go to:

<https://soesdor.libraryserve.com/10/45/en/SignIn2.htm?branchid=2991&URL=Default.htm#>

Southern Oregon Education Service District. **SORA** is the new user-friendly app that lets you access it through your laptop, phone or tablet. The **SORA** app was designed around the modern student reading experience. It empowers students to discover and enjoy ebooks and audiobooks from their school, for both leisure and class-assigned reading. Log on with your first.last and your password, just like logging onto your Chromebook for school. Apps available through Google Play and The App Store.



The first student to correctly name the staff member and tell Mr. Jeff, will win a brand new book of their choice from the library!

\*Contest goes until the next Weekly Viking comes out. Students may win once each semester.

### WHO'S SHOES?



Click the buttons at left for our social media and links to other important sites

# Lorna Byrne Middle School



# SPORTS



## 2022 LBMS FOOTBALL SCHEDULE

Date	Day of the Week	Location	Start Time
September 14	Wednesday	Bye	
September 21	Wednesday	Home vs White Mountain	4:30 PM
September 28	Wednesday	@ Rogue River	4:30 PM
October 5	Wednesday	@ Prospect	4:30 PM
October 12	Wednesday	@ St. Mary's Lithia & Driveway Field	6:00 PM
October 19	Wednesday	Home vs Hanby	4:30 PM

## 2022 LBMS VOLLEYBALL SCHEDULE

Date	Day of the Week	Location	Start Time
September 12	Monday	@ Hanby Middle School	4:00 PM
September 14	Wednesday	Home vs Valley	4:30 PM
September 17	Saturday	@ Hanby Jamboree	9:00 AM
September 19	Monday	Home vs Kids Unlimited	4:30 PM
September 21	Wednesday	Home vs Butte Falls	4:30 PM
September 26	Monday	Home vs Rogue River	4:30 AM
September 28	Wednesday	Home vs Ruch	4:30 PM
October 3	Monday	@ Rogue Valley Adventist	4:00 PM
October 5	Wednesday	Home vs St. Mary's	4:30 PM
October 10	Monday	@ Cascade Christian	4:00 PM
October 12	Wednesday	Home vs Prospect	4:30 PM
October 17	Monday	@ Applegate	4:30 PM
October 19	Wednesday	Home vs New Hope	4:30 PM

## 2022 LBMS CROSS COUNTRY SCHEDULE

Date	Day of the Week	Location	Start Time
September 15	Thursday	@ Ruch	4:30 PM
September 22	Thursday	@ Holmes Park Medford	4:30 PM
September 28	Wednesday	@ Jackson County Expo Central Point Pre Conference Meet	4:30 PM
October 6	Thursday	@ Lincoln Savage	4:30 PM
October 13	Thursday	@ Valley of the Rogue Park	4:30 PM
October 20	Thursday	@ Jackson County Expo Central Point Conference Meet	2:00 PM



## The Scoreboard



**Volleyball** - 10/10 @ Cascade Christian: WIN for JV and Varsity. 10/12 vs Prospect: See next Issue

**Cross Country** - 10/6 @ Lincoln Savage: Jaycee Workman and Skyler Szijarto took 3rd place in each of their races! 10/13 @ Valley of the Rogue: See next issue

**Football** - 10/12 @ St. Mary's: See next Issue

# LET'S GO VIKINGS!!





# LBMS LUNCH MENU

17

## American Classics

- Whole Grain Dinner Roll
- Herb Marinated & Roasted Chicken
- Peach Cobbler Yogurt Parfait.
- Low Fat Mozzarella String Cheese
- Honey Graham Crackers

## Grill

- Spicy Chicken Sandwich
- Classic Chicken Sandwich
- Tater Tots

## So Deli

- Deli Turkey
- Sliced Turkey Ham
- Hummus
- American Cheese
- Provolone Cheese
- Whole Grain Hoagie
- Whole Grain Sliced Bread
- Soft Flour Tortilla
- Shredded Lettuce
- Sliced Tomatoes
- Pickles

## Fruit & Vegetable Bar

- Fresh Red Delicious Apple
- Fresh Banana
- Chilled Peaches
- Fresh Orange Wedges
- Carrot & Celery Sticks
- Fresh Broccoli Florets
- Corn & Black Bean Salsa Salad
- Garlic Rosemary Bean Dip

## Milk & Condiments

- 1% Low-fat Milk
- Chocolate Fat Free Milk
- Creamy Ranch Dressing
- BBQ Sauce
- Mayo
- Yellow Mustard
- Ketchup
- Pickles

18

## American Classics

- Tater Tot Casserole
- Whole Grain Dinner Roll

## Pizza

- Classic Cheese Pizza
- Garlic Chicken Pizza
- Meatball Pizza
- Garlic Rosemary Bean Dip

## Grill

- Classic Cheeseburger in Bun
- Classic Chicken Sandwich
- Crinkle Cut French Fries

## So Deli

- Deli Turkey
- Sliced Turkey Ham
- Hummus
- American Cheese
- Provolone Cheese
- Whole Grain Hoagie
- Whole Grain Sliced Bread
- Soft Flour Tortilla
- Shredded Lettuce
- Sliced Tomatoes
- Pickles

## Fruit & Vegetable Bar

- Fresh Red Delicious Apple
- Fresh Banana
- Chilled Peaches
- Spinach & Romaine Salad
- Carrot & Celery Sticks
- Sliced Cucumbers

## Milk & Condiments

- 1% Low-fat Milk
- Chocolate Fat Free Milk
- Creamy Ranch Dressing
- BBQ Sauce
- Mayo
- Yellow Mustard
- Ketchup
- Pickles

19

## American Classics

- Toasted Cheese Sandwich
- Campbell's Tomato Soup

## Grill

- Spicy Chicken Sandwich
- Classic Chicken Sandwich
- Tater Tots

## So Deli

- Deli Turkey
- Sliced Turkey Ham
- Hummus
- American Cheese
- Provolone Cheese
- Whole Grain Hoagie
- Whole Grain Sliced Bread
- Soft Flour Tortilla
- Shredded Lettuce
- Sliced Tomatoes
- Pickles

## Fruit & Vegetable Bar

- Fresh Red Delicious Apple
- Fresh Banana
- Fresh Orange Wedges
- Blueberries
- Carrot & Celery Sticks
- Corn Salad with Ranch
- Green Peas

## Milk & Condiments

- 1% Low-fat Milk
- Chocolate Fat Free Milk
- Creamy Ranch Dressing
- BBQ Sauce
- Mayo
- Yellow Mustard
- Ketchup
- Pickles

20

## American Classics

- Macaroni and Cheese
- Buffalo Diced Chicken
- Seasoned Peas

## Pizza

- Classic Cheese Pizza
- Garlic Chicken Pizza
- Hawaiian Pizza

## Grill

- Classic Cheeseburger in Bun
- Classic Chicken Sandwich
- Crinkle Cut French Fries

## So Deli

- Deli Turkey
- Sliced Turkey Ham
- Hummus
- American Cheese
- Provolone Cheese
- Whole Grain Hoagie
- Whole Grain Sliced Bread
- Soft Flour Tortilla
- Shredded Lettuce
- Sliced Tomatoes
- Pickles

## Fruit & Vegetable Bar

- Fresh Red Delicious Apple
- Fresh Banana
- Strawberries
- Chilled Diced Pears
- Spinach & Romaine Salad
- Carrot & Celery Sticks
- Fresh Tomato Wedges

## Milk & Condiments

- 1% Low-fat Milk
- Chocolate Fat Free Milk
- Creamy Ranch Dressing
- BBQ Sauce
- Mayo
- Yellow Mustard
- Ketchup
- Pickles

# 21st Century Before & After School Classes

For Sign-ups or more information, contact Tabatha at LBMS M-Th @ 541.592.2163 ext. 3006

Lorna Byrne Middle School 21st Century Programming

## October 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Cultures & Cooking 4:00-6:00pm	4 Triple Play 7:30-8:30am  Academic Support 4:00-6:00pm SMILE (5th&6th) 4:00-6:00pm	5 Triple Play 7:30-8:30am  Academic Support 4:00-6:00pm 3D Printing 4:00-6:00pm Spirit Club 4:00-6:00pm Dream Builders 4:00-6:00pm	6 Triple Play 7:30-8:30am  Academic Support 4:00-6:00pm Just Mediators 4:00-6:00pm	7 RiverSTARS! 10:00-11:00 Intergenerational Open Class 11:00-12:00 Adult Open Community Class 12:00-12:30 BREAK 12:30-2:00 EverStars Theatre and Dance 2:00-4:00 ArtNovas Theatre and Dance	8
9	10 Photography 4:00-6:00pm Cultures & Cooking 4:00-6:00pm	11 Triple Play 7:30-8:30am  Academic Support 4:00-6:00pm SMILE (7th&8th) 4:00-6:00pm	12 Triple Play 7:30-8:30am  Academic Support 4:00-6:00pm 3D Printing 4:00-6:00pm Spirit Club 4:00-6:00pm Dream Builders 4:00-6:00pm	13 Triple Play 7:30-8:30am  Academic Support 4:00-6:00pm Mediator Club 4:00-6:00pm	14 RiverSTARS! 10:00-11:00 Intergenerational Open Class 11:00-12:00 Adult Open Community Class 12:00-12:30 BREAK 12:30-2:00 EverStars Theatre and Dance 2:00-4:00 ArtNovas Theatre and Dance	15
16	17 Photography 4:00-6:00pm Cultures & Cooking 4:00-6:00pm	18 Triple Play 7:30-8:30am  Academic Support 4:00-6:00pm SMILE (5th&6th) 4:00-6:00pm	19 Triple Play 7:30-8:30am  Academic Support 4:00-6:00pm 3D Printing 4:00-6:00pm Spirit Club 4:00-6:00pm Dream Builders 4:00-6:00pm	20 Triple Play 7:30-8:30am  Academic Support 4:00-6:00pm Mediator Club 4:00-6:00pm	21  Smile Club Field Trip Rogue Creamery & Wildlife Images Bus leaves LBMS @ 9:30am Bus Returns LBMS @ 3:30pm	22
23	24 Photography 4:00-6:00pm Cultures & Cooking 4:00-6:00pm	25 Triple Play 7:30-8:30am  Academic Support 4:00-6:00pm SMILE (7th&8th) 4:00-6:00pm	26 Triple Play 7:30-8:30am  Academic Support 4:00-6:00pm 3D Printing 4:00-6:00pm Spirit Club 4:00-6:00pm Dream Builders 4:00-6:00pm	27 Triple Play 7:30-8:30am  Academic Support 4:00-6:00pm Mediator Club 4:00-6:00pm	28 RiverSTARS! 10:00-11:00 Intergenerational Open Class 11:00-12:00 Adult Open Community Class 12:00-12:30 BREAK 12:30-2:00 EverStars Theatre and Dance 2:00-4:00 ArtNovas Theatre and Dance	29
30	31 No afterschool classes	<p>Please email Tabatha with any questions  <a href="mailto:tabatha.siemer@threerivers.k12.or.us">tabatha.siemer@threerivers.k12.or.us</a>                      or call (541)592-2163 x3006</p>				