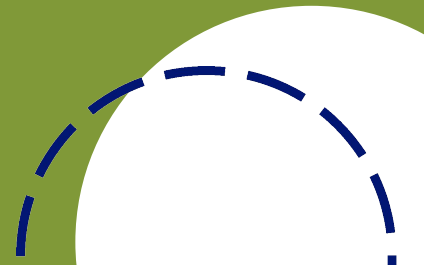




# Social Emotional Learning

Update to Board of Education  
May 2026



# Purpose



- Provide an update since February
- Clarify our evolving SEL approach
- Present recommended next steps

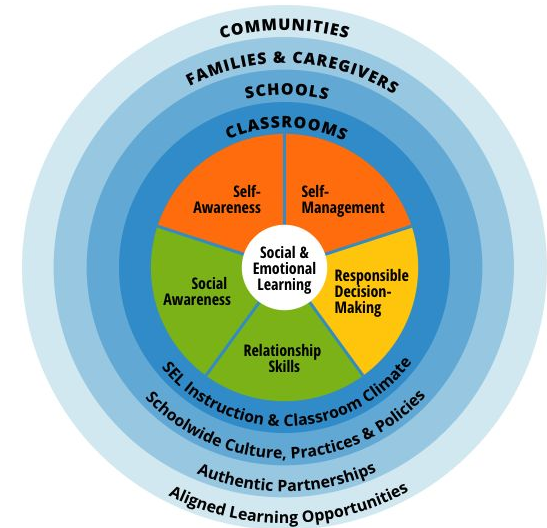
# SEL: Foundation to Learning



Student success requires more than academics

Our view of SEL includes:

- CASEL Standards
- Social-emotional skills
- Decision-making
- Executive functioning
- Behavior & self-regulation
- Student independence



Executive functioning = the bridge to applying SEL skills

# A More Cohesive System

- No single program meets all needs
- Current programming has gaps in:
  - Executive functioning
  - Proactive behavior support
- Need:
  - Proactive supports
  - Clear, consistent structures
  - Practical strategies
  - More leadership opportunities

# Recommendation: Build a Layered System

## Continue:

- Emotional Awareness/Regulation (RULER)
- Schoolwide expectations (Foundations work)

## Add:

- Targeted consistent instruction in:
  - Executive functioning
  - Problem-solving
  - Goal setting
  - Self-management
- Strengthen proactive behavior supports
- Develop internal systems where needed



## Strengthen Tier 1 supports with explicit, proactive instruction in both SEL and executive functioning

### Schoolwide Systems:

- PAWS expectations and celebrations
- More explicit teaching of classroom & common area expectations (including CHAMPS)
- Increased Student Leadership opportunities through Fox Families

### Explicit Instruction

#### Continue RULER

- Emotional awareness & regulation
- Mood Meter & Classroom Charters

#### Supplement with *Second Step*:

- Growth mindset
- Goal setting
- Problem-solving
- Self-management



**Equip students with the independence, self-management, and decision-making skills needed for middle school and beyond**

## **Schoolwide Systems:**

- “Wellness Wednesdays”
- Bluffer Traits/Cards
- More explicit teaching of classroom & common area expectations
- Behavior playbook
- Increased Student Leadership opportunities

## **Explicit Instruction:**

### Homegrown SEL + Exec Functioning

- Advisory
- Health classes
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### Emphasis:

- CASEL Standards
- Bluffer Traits/Portrait of a Learner
- Organization & planning
- Self-regulation
- Goal setting
- Decision-making

# Impact/Next Steps

## Goals for students:

- Manage emotions effectively
- Build independence
- Strengthen relationships
- Improve problem-solving
- Be better prepared for learning

## Next Steps

- Finalize resources & structures
- Provide staff training
- Continue gathering feedback and making adjustments



**Questions?**