



Classes

- **ZUMBA**

Monday - Thursday 12noon at the Wellness Gym

BISD Employee Only Programs

- **POWER WALKING**

Starts every January and ends in March

- **5K/10K/HALF MARATHON TRAINING**

Starts in January and ends in October

- **TENNIS**

Offered every May

- **SELF DEFENSE**

Tentative for 2019-2020 School year



Employee Leagues:

- Men's Basketball
- Indoor Soccer
- Co-Ed Volleyball
- Ultimate Frisbee
- Softball



Special Events

(depending on sponsorships)

- Splash & Dash
- Doc Talk Lunch & Learns
- Zumbathons
- Fill the Pack Back to School Health Fair

Currently on the TO-DO LIST:

- 5K Run to benefit the Mile of Hope Foundation
- Brownsville Tennis Center Agreement with BISD
- Summer Softball League
- Flag Football League
- Glow in the Dark Zumbathon

