

(On District or School Letterhead)

Dear Family,

Your student has the opportunity to be involved in a program called *Making a Difference!* The lessons teach an abstinence approach to preventing sexually transmitted infections (STIs), including HIV, and pregnancy. Students will learn how HIV and other STIs are transmitted and how teens can best protect themselves and also prevent unplanned pregnancy. Abstinence, choosing not to have sex, will be given as the best choice for students. Students will learn and practice ways to resist pressure to have sex. Communication and decision-making skills will be taught throughout the lessons.

Making a Difference! is an evidence-based program and has been approved by the School Board.

As part of this program, your student will be asked to complete an entry and exit survey. These surveys are voluntary and anonymous. The intent is to assess the impact of the program on participants' knowledge and behavior as a result of participating in the program. Results from the surveys help improve the program, and your student has the option to opt out of completing any part or all of the survey at any time. Demographic information will NOT be collected. Results from the surveys help improve the program, and your student has the option to opt out of completing any part or all of the survey at any time.

Adria Masoner, a Health Education Specialist from South Central Public Health District will teach the classes. She has been teaching Abstinence Based Education in Minidoka School District for over 12 years.

You are welcome to preview the *Making a Difference!* program materials. Please contact Adria Masoner (208) 654-7403 or amasoner@phd5.id.gov and she will send you a link to preview the program.

Classes will be taught during Advisory class on a weekly basis beginning Month X, 2024. If you would like your student to participate in the *Making a Difference!* Program, you must either complete the permission slip at the end of this letter and return it to school or call the school or call and leave a message by Monday, Month X, 2024.



I, _____ (Parent, Guardian) want my student (name),
_____, to participate in the Making a Difference!

Signature: _____

Date: _____