

SEL Task Force 2021-22

The vision of Roselle District 12 is to prepare students to ethically engage in our global society.

SEL Task Force

- Community/Board Members
 - Ms. Duris, Mr. Zurek, Ms. Montgomery, Ms. Janik, Ms. Ohlson, Ms. Ross, Ms. Keil, Ms. Mcnamara. Ms. Howard, Ms. Lawson, Mr. Wittig, Ms. Henrichs
- Teachers
 - Lisa Steiner, Michelle Nelson, Brie Kelly, Jen Balice, Julie Miller, Jana Lopuszanski, Olga Wiatr, Janien Balgemann, Jenny Gabel, Tara Lawson, Chrissa Stimson, Nia Kerr
- Social Workers
 - Georgina Meyer, Deb Burns
- Administrators
 - Mary Henderson, Kelly Lynn, Lew Girmscheid, Nate Molby, Karen Petelle, James Zinni



What is SEL?

@CASELORG

#SEL101

SEL is...

The process through which all young people and adults acquire and apply the knowledge, skills, and attitudes to:

- develop healthy identities
- manage emotions and achieve personal and collective goals
- feel and show empathy for others
- establish and maintain supportive relationships
- make responsible and caring decisions





CASEL Framework

SELF-AWARENESS

The ability to accurately recognize one's own emotions, thoughts, and values and how they influence behavior. The ability to accurately assess one's strengths and limitations, with a well-grounded sense of confidence, optimism, and a "growth mindset."

- **⇒** IDENTIFYING EMOTIONS
- **⇒** ACCURATE SELF-PERCEPTION
- ⇒ RECOGNIZING STRENGTHS
- **⇒** SELF-CONFIDENCE
- ⇒ SELF-EFFICACY

SELF-MANAGEMENT

The ability to successfully regulate one's emotions, thoughts, and behaviors in different situations — effectively managing stress, controlling impulses, and motivating oneself. The ability to set and work toward personal and academic goals.

- ⇒ IMPULSE CONTROL
- STRESS MANAGEMENT
- **⇒** SELF-DISCIPLINE
- SELF-MOTIVATION
- **□** GOAL SETTING
- ORGANIZATIONAL SKILLS

SOCIAL AWARENESS

The ability to take the perspective of and empathize with others, including those from diverse backgrounds and cultures. The ability to understand social and ethical norms for behavior and to recognize family, school, and community resources and supports.

- ⇒ PERSPECTIVE-TAKING
- **⊃** EMPATHY
- ⇒ APPRECIATING DIVERSITY
- ⇒ RESPECT FOR OTHERS

RELATIONSHIP SKILLS

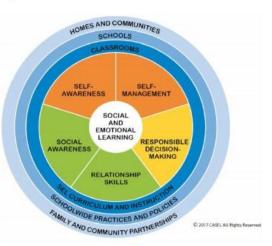
The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups. The ability to communicate clearly, listen well, cooperate with others, resist inappropriate social pressure, negotiate conflict constructively, and seek and offer help when needed.

- **○** COMMUNICATION
- ⇒ SOCIAL ENGAGEMENT
- ⇒ RELATIONSHIP BUILDING
- **⊃** TEAMWORK

RESPONSIBLE DECISION-MAKING

The ability to make constructive choices about personal behavior and social interactions based on ethical standards, safety concerns, and social norms. The realistic evaluation of consequences of various actions, and a consideration of the wellbeing of oneself and others.

- □ IDENTIFYING PROBLEMS
- ⇒ ANALYZING SITUATIONS
- ⇒ SOLVING PROBLEMS
- **⇒** EVALUATING
- REFLECTING
- **⇒** ETHICAL RESPONSIBILITY



Build Foundational Support + Plan

Step One:

Develop a shared vision and aligned goals for SEL

A districtwide vision establishes SEL as **essential** to the district's educational **mission**, aligns SEL to core district values and articulates shared language around SEL. The vision is informed by and shared with all key stakeholders (students, district and school staff, parents, and community partners).



Belief + Vision + Mission of D12

Belief	Vision	Mission
 all students are OUR students everyone in D12 must learn and grow school must be a safe space for everyone where we prioritize relationships and connections all students deserve to be prepared for limitless opportunities decisions are made based on the needs of students 	The vision of Roselle District 12 is to prepare students to ethically engage in our global society.	The mission of Roselle District 12 is to ensure students excel in the skills critical for success: • adaptability to change • confident and compassionate collaboration • critical thinking and problem-solving • communication • creativity • digital competency Roselle D12 SCHOOL DISTRICT 12

Draft of Revised Mission/Vision

Mission Statement

The mission of Roselle District 12 is to provide explicit instruction and authentic experiences so that students develop the social, emotional, academic, and life skills critical for success:

- adaptability to change
- confident and compassionate collaboration
- critical thinking and problem-solving
- communication
- creativity
- digital competency
- executive functioning: organization, time management, and goal-setting



Hearing from Students and Parents

Student Panel

- 7 RMS and LPHS students
- Stress from managing school and life
- Study skills
- Remember many of the strategies and lessons

Next Steps

- Thought Exchange survey for parents
- Survey for students



Task Force Work

- Schoolwide Implementation
- Curriculum Integration
- Home-School Partnership
- Executive Functioning

