## Fruitdale Elementary School

1560 Bill Baker Way Grants Pass, Oregon 97527 541-476-2276







December 2008

# Principal's Message

We are just ending this year's first trimester, and our Fruitdale community has been richly blessed in many ways. It has been such a joy to watch our children grow and learn and succeed in so many ways.

It has been my goal to encourage our staff to develop strong and significant relationships with every one of their students. I visit classrooms almost everyday and have been watching how those relationships are progressing, and I can proudly report that we are doing an exceptional job in that area. Because of those relationships, students are highly engaged and really enjoy being at Fruitdale.

As the New Year approaches, my goal is to implement a Positive Behavior Support (PBS) system that will improve our school environment with a positive approach. I am certain we will see significant improvement not only with behavioral issues, but also academically. We are committed to keeping the sign on the front of our building that identifies Fruitdale as an **EXCEPTIONAL** school.

As the holidays quickly approach, it is my hope that we all can enjoy a peaceful and enriching time. I hope we can teach the joy and happiness that comes from giving. I hope we can all benefit from a safe and loving environment wherever we are and I hope we can all take great joy in being with family and friends.

I would like to take this opportunity to thank you for being supportive parents/guardians to the students who attend Fruitdale Elementary School. Your support is felt and appreciated every day in many different ways. Thank you for donating time, money, talents, and energy when and where it is needed the most. Thank you for helping and guiding your children through homework and in their social lives so they are great citizens at school.

May all the joy and happiness of the season be yours, and may you find peace of mind in all you encounter each day.

Sincerely,

Kelly Christensen





# **December Calendar**

Dec.1<sup>st</sup>-Clerical Day No school Dec.2<sup>nd</sup>-School Resumes
Dec.3<sup>rd</sup>- Parent/Teacher Conferences 2:00pm-7:00pm Dec.4<sup>th</sup>-No School Parent/Teacher conferences 7:00am-7pm Dec. 5<sup>th</sup>-No School
Dec. 10<sup>th</sup>-Vision Screening Dec.15th- Christmas/Winter **Program** 6:30pm-7:00pm (Kinders-2<sup>nd</sup> grade) Dec.16th- Christmas/Winter program 6:30pm-7:00pm (3rd -5th grade) **Dec.16th- Site Council Meeting** 2pm **Dec.17th**- Winter/Christmas Lunch Dec.18th- Kidzone Night 5:30pm-7:30pm Dec.19 th-Christmas Luncheon Dec.22nd-Jan.2nd-Winter **Break (No School)** Jan.5th- Classes resume from Christmas/ Winter Break



Lost and Found
We will be displaying the lost
and found during conferences on
Dec.3<sup>rd</sup> and Dec. 4<sup>th</sup>. Please
check the tables as you come into
the building. We will be
donating ALL leftovers on
Dec.5th as we do not have the
room to store them.



# 5 Quick Ways To Tackle Tension

- 1- **Blow it off** Inhale, hold your breath for a few seconds, then exhale slowly. Repeat several times.
- 2- **Stretch it away** Take a few minutes to stretch your arms, back, shoulders, neck, or legs.
- 3- **Rub it out** Massage your temples, shoulders, and the back of your neck.
- 4- **Soak it up** Pause to enjoy a glass of cool water.
- 5- **Move it over-** Do a short exercise, such as torso twists, shoulder shrugs, or tippy-toe stands.



## **Note From Your Family** Advocate

I have had a recent out pouring of clothing donations and I am running out of room!! If your child is in need of clothing, particularly shirts and sweaters PLEASE call the office and set up a time to go through our clothing bins. There are many, many nice things.

Thank you to all who donated!! Jolie Kern

Fruitdale Family Advocate



## **Looking Ahead** January Calendar

Jan1st-Holiday New Years Day-No School

Jan2nd-No school

Jan5th- Classes Resume from

Christmas Break

**Jan13th-** Parent Pack Meeting

5:30pm-6:30pm

Jan15th- Kidzone Night 5:30pm-7:30pm

Jan19th- Martin Luther King

Day- No School

Jan20th-Site Council Meeting

2:00pm

Jan23rd- Progress Reports Out



### North Valley Christmas Bazaar

Saturday, December 6<sup>th</sup>, 2008 9:00AM to 4:00PM North Valley High School

6741 Monument Drive

Directions: 1-5 to Merlin Exit follow sign to intersection of Merlin-Galice Road and Monument Drive

The "Most Talked About" craft Fair in the area, featuring some of Southern Oregon's Finest Handcrafts

FREE ADMISSION

Holiday Raffles throughout the day Serving: Famous Taco Soup, sandwiches and yummy desserts!

Proceeds to benefit the Class of 2009 Drug

and & Alcohol Free



## **Christmas Luncheon**

Please join your child for a traditional Christmas Lunch at Fruitdale Elementary on Wednesday, Dec. 17<sup>th</sup> 2008. Mrs. Garcia's class may come to lunch on this day too. Please fill out the flyer that will be going home for a reservation to this wonderful Holiday Luncheon. Please Please send in the reservation as soon as possible to assure that our kitchen manager has the correct number of lunches to serve.

Fifth Grade -11:00am

Kinders-11:15

First Grade-11:30am

Second Grade-11:45am

Third Grade-12:00noon

Fourth Grade-12:15pm

Camp Sunrise-12:15pm

# Autumn Poems by Ms. Ellis 2<sup>nd</sup> grade class

#### Autumn

I taste pumpkin pie in Autumn and I smell burnin leaves. Here and there leaves everywhere. And apples falling. Trees turning bare. And people in costumes. by Jacob Carrick

#### Autumn

Rivers flowing
See the bright leaves
Beavers building
Birds chirping
Rabbits racing
Ducks flying
by Dillon Corley

#### Autumn

In Autumn I hear elk bugles yelling, "I love the colors of fall." by Issac Chapman

#### Autumn

Yellow trees Red, yellow, brown, orange trees Dark houses You get the taste of candy by Anthony Pio

#### Autumn

In Autumn there's lots of things to see
The sound of wind blowing the leaves
The trees are always so beautiful
You'll never want to miss the last day of
fall

by Alexis Garcia

#### Autumn

I hear leaves gettin stepped on I like to hear the leaves go like Krenck, krenck, krenck I like to see squirrels get their peanuts and eat them

by Breanna Kirman

#### Autumn

I know about Autumn
You see colorful leaves on the ground
And hear chitter-chatter
Smell a fresh smell of air
Jump in piles and piles
Taste lots and lots of apples
Wondering what they taste like
Seeing the fall days grow
by Tessa Armstrong

#### Autumn

I see apple trees And I see yellow leaves And I smell plum trees by Tamora Buschke

#### Autumn

Squirrels talking
Yellow trees
Leaves are red and yellow
by Makayla Gayler-Camacho

#### The Beautiful Fall

The colors of the leaves in the fall!
The yellow, the red, the orange, the orangish-yellowish
In two more days it's Halloween!
I smell the beautiful wind.
The apples falling from the trees
by Miyah Weidenbach

#### <u>Autumn</u>

I know Autumn is here.
I can hear squirrels talking.
I can hear leaves shaking on the trees.
The leaves are red, yellow, orange
Leaves!

by Cody Rush





# Missing Breakfast this Morning?

Your mother was right:
Breakfast really is the most important meal of the day.
Not only does it give you energy to start a new day, but breakfast is linked to many health benefits, including weight control and improved performance.

Studies show that eating a healthy breakfast can help give you:

- A more nutritionally complete diet, higher in nutrients, vitamins and minerals
- Improved concentration and performance in the classroom or the boardroom
- More strength and endurance to engage in physical activity
- o Lower cholesterol levels

Eating breakfast is important for everyone, but is especially so for children and adolescents. According to the American Dietetic Association, children who eat breakfast perform better in the classroom and on the playground, with better concentration, problemsolving skills, and eye-hand coordination.

## DID YOU KNOW?????

Three Rivers School District offers Breakfast at no charge to all students at the following schools:

Williams Elementary
Evergreen Elementary
Fort Vannoy Elementary
Fruitdale Elementary
Jerome Prairie Elementary
Madrona Elementary
Manzanita Elementary
Wolf Creek Elementary
Lorna Byrne Middle School

Have your student join us for breakfast in the morning and increase their performance while saving you some valuable time and money in the process!

# WINTER IS.... By Mrs. Duewel's Class Third Grade Poems

A snowman stands so very still
He spies a cougar on the hill
The cougar
Runs, climbs, plays and leaps.
By Madison, Erica and Corey

Winter is...
spending a cold day outside building an igloo,
playing with friends and family in the snow,
snowball fights in the backyard!
By Madison, Erica and Corey

A snowman stands so very still
He spies a deer on the hill
The deer
Jumps, gallops, prances and lands.
By Brier and Ali

Winter is...

Making ice cliffs in the backyard,
Making snowmen in the yard with
family,
Sipping hot cocoa by the fireplace.

By Ali and Brier

A snowman stands so very still
He spies a doe on the hill
The doe
Leaps, runs, skates and jumps.
By Sarah and Emily

Winter is...
Cold, wet rainy days,
Animals hibernating,
Spending time outside making
snowmen.
Being filled with Christmas spirit
By Emily and Sarah

Winter is...
Little kids opening presents on
Christmas Day,
Kids frolicking in the snow,
Having snowball fights at the park.
By Summer and Nicole

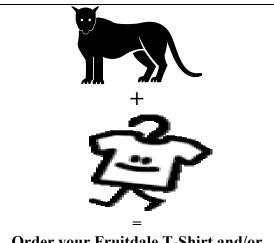
A snowman stands so very still
He spies a cat on the hill
The cat
Meows, searches, prances and plays.
By Jake and Misha

Winter is...
Opening presents on Christmas Day,
A cold wonderland of snow,
A time to sled and have snowball fights.
By Misha and Jake

A snowman stands so very still
He spies a bird on the hill
The bird
Chirps, hunts, pecks and eats.
By Wesley and Elijah

Winter is...
Snowball fights with friends,
Sledding down hills on a cold, clear day,
Making snow angels in the backyard.
A fun time of year
By Elijah and Wesley





### Order your Fruitdale T-Shirt and/or Sweatshirt

Please see the office if you would like to order one

<u>T-shirts</u>- Children sizes \$8.00 Adult Sizes \$10.00

Sweatshirts- Children sizes \$10.00 Adult sizes-12.00- add \$2.00 extra for 1X&2X



Canned Food Drive
Here At Fruitdale!
Please help us raise food for
the food pantry. The
holidays are hard for a lot of
families especially this year.
Fruitdale staff and students
have decided to help. We
will be collecting food goods.
Thank you!



Please help us help the bus drivers get your child home safely. Mr. Christensen had a meeting with all bus riders and went over what was expected of them. Please talk with your child about what they learned and how they are helping the bus drivers.



Parent pack meets every second Tuesday of the month from 5:30pm-6:30pm in the conference room at Fruitdale. There will be no meeting in December. Our next meeting is on Jan 13<sup>th</sup>. Please come join us!