

DENTON PUBLIC SCHOOL FOUNDATION

CrossFit North Texas supports at-risk students with \$8,000 donation

CrossFit of North Texas has become an avid supporter of Denton ISD, its students and its staff over the past few years. The organization promotes physical fitness and healthy lifestyles thru its workout programs and counts several district families and staff as dedicated members.

That promotion of health and wellness led to CrossFit of North Texas partnering with the Denton Public School Foundation to start the Barbell Bash fundraiser in 2013. To date the Barbell Bash – a competition of aerobic and strength-training exercises – has raised more than \$15,000 for at-risk students in Denton ISD.

Included in that amount is a donation of more than \$8,300 for this year, presented by representatives of CrossFit North Texas and Amy Gulley, a dyslexia therapist for the district.

Cook Children's donates \$4,300 to support health and safety at schools

Drs. David and Karen Goff, with support from Cook Children's Health Care System, recently partnered with the Denton Public School Foundation to donate more than \$4,300 to the district's department of health services.

Cook Children's sought to make the biggest impact possible to assist Denton ISD students and staff in regards to health and safety, and found it could do that by supplying funds for automatic external defibrillators or AED. AEDs are used to treat life-threatening cases of cardiac arrhythmia.

On hand to present the donation is Jamie Handy, marketing specialist for Cook Children's, and Drs. David and Karen Goff.