

SPDG

State Personnel
Development Grant

Three goals under the SPDG

1. Staff/student morale and school climate. (RULER)
2. Building systems. (MTSS)
3. Research based instructional practices. (PD)

RULER

- **R**ecognizing emotions in oneself and others
- **U**nderstanding the causes and consequences of emotions
- **L**abeling emotions with a nuanced vocabulary
- **E**xpressing emotions in accordance with cultural norms and social context
- **R**egulating emotion with helpful strategies

Ruler builds a common language and set of strategies for the entire school community. Beginning with a shift in mindset, leaders, educators, students, and families learn why emotions matter and how the skills of emotional intelligence can be cultivated.

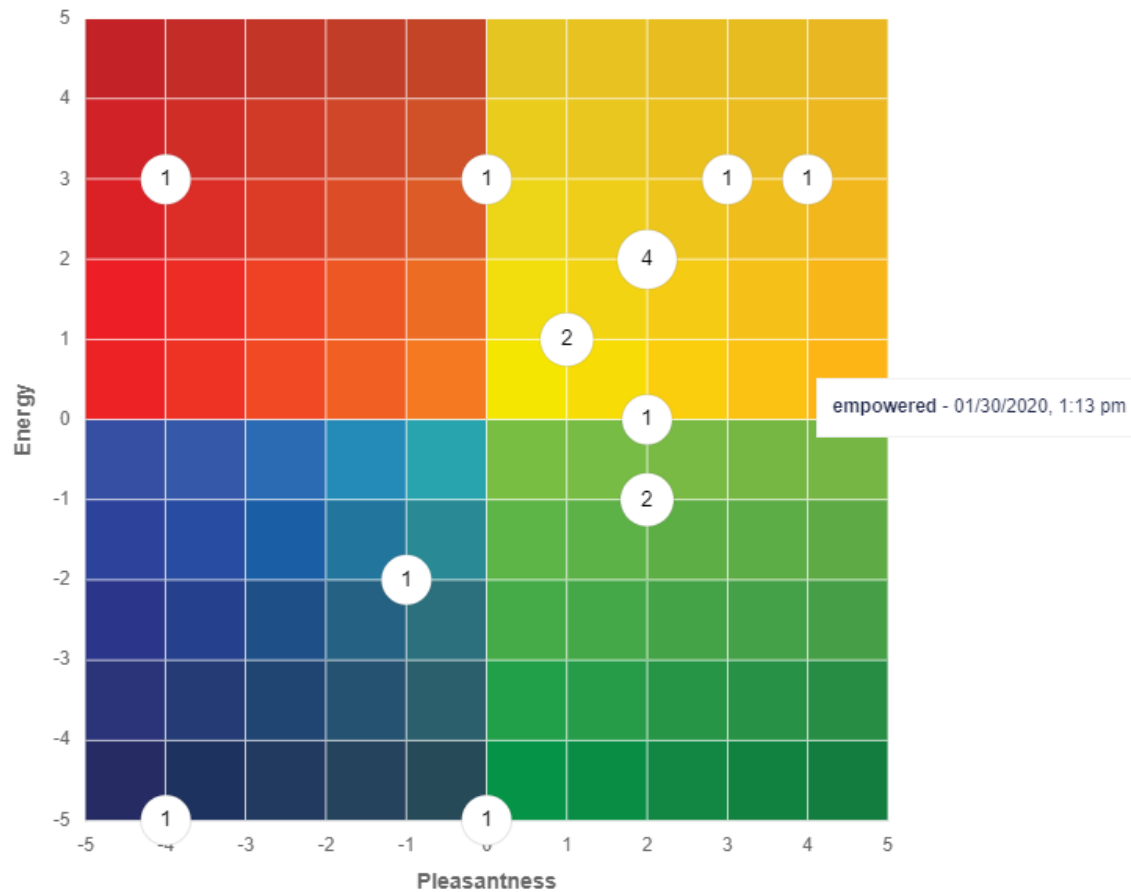
SHS

Jan 30, 2020, 01:06 PM

🕒 Expired

16 people have plotted their mood

This group is closed and cannot be reopened.



“I’ve learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”

Maya

Angelou

❖ Charter

- Trusted
- Appreciated
- Motivated
- Respected
- Supported
- Happy



BETWEEN STIMULUS AND RESPONSE
THERE IS A SPACE

IN THAT SPACE
OUR POWER TO CHOOSE OUR FUTURE
IN THAT SPACE
OUR FREEDOM AND OUR RESPONSIBILITY

Viktor Frankl