

New Standards

HHFKA

(Healthy, Hunger- Free Kids Act of 2010)



December 2016

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HHFKA: Changes for SY 2014-2015



Whole Grains: 100%? 51%

- **Beginning in SY 2014-15, all grains offered must be Whole Grain (WGR)**
 - “Whole Grain-Rich” foods must contain at least 51 percent whole grain
 - First ingredient must be a Whole Grain (e.g., Whole wheat flour) vs an Enriched Grain

HHFKA: Changes for SY 2014-2015



Breakfast:

- **Fruit/Vegetable now a required component for a reimbursable meal**
 - 1 cup fruit must be offered to each student
 - Students must choose at least 1/2 cup fruit or vegetable
 - 100% juice may only count for half of the fruit offerings per week
- **Veggies at Breakfast**
 - Vegetables may be substituted for the first 2 cups per week of any substitution from the dark green, red/orange, or “other vegetables” categories
 - So, no potatoes at breakfast unless they meet the requirements

Key Points

Meal Requirements:

- **Separation of Fruit and Vegetable Group**
- **Students must take ½ cup fruit and/or vegetable**
 - Must have vegetables of color-dark leafy greens, red/orange beans/legumes offered weekly
 - Whole grain-rich products must make up 100% of grain offerings
 - No more than 1% unflavored or fat free flavored milk
 - Sodium on a 10 year reduction timeline

Key Points

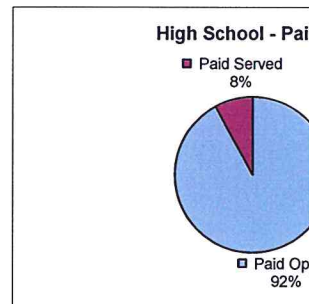
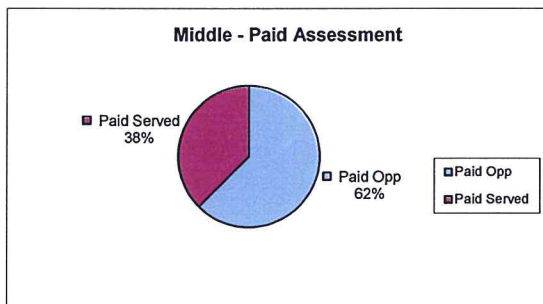
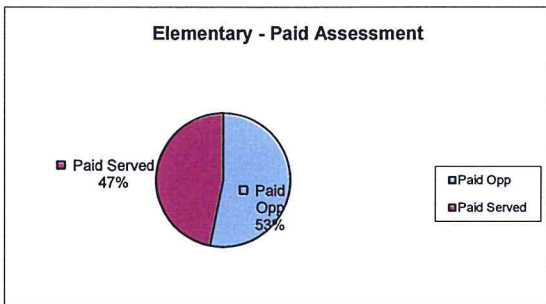
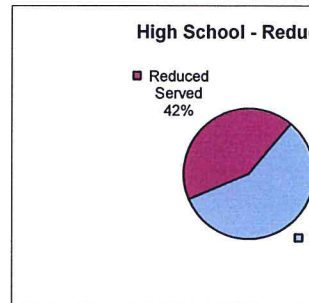
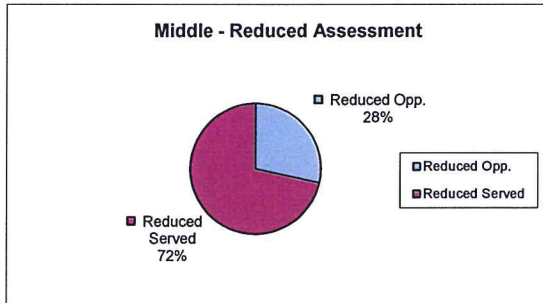
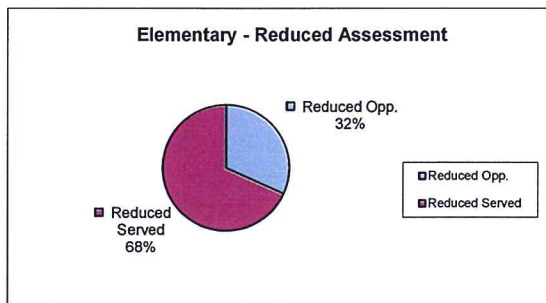
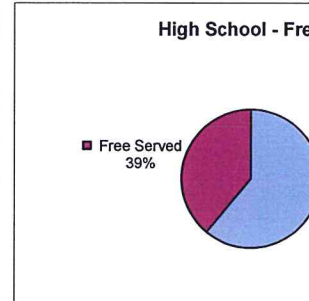
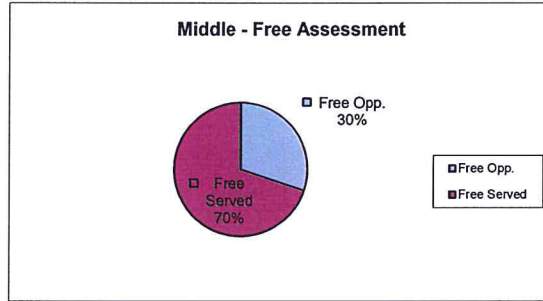
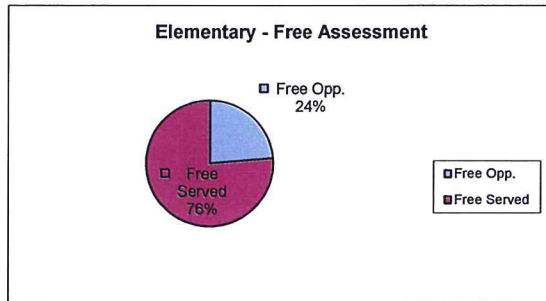
Food Based Menu Planning:

- **Food Component:**
 - 1. Grains
 - 2. Meat/Meat Alternate
 - 3. Fruit
 - 4. Vegetable
 - 5. Milk
- **Lunch: Must offer 5 components, students must have 1 component and 1 must be a ½ cup fruit and/or vegetable.**
- **Breakfast: Must offer 1,3,&5 component, student must have 3 items and 1 must be ½ cup fruit.**

November Lunch Meal Counts by Eligibility

	<i>Free</i>	<i>Reduced</i>	<i>Paid</i>
McKay	932	201	1108
PELC	2843	292	753
High School	1849	354	728
Sherwood	3653	335	1722
Sunridge	3778	669	2468
Washington	3732	322	1364
<i>Total</i>	16787	2173	8143

LUNCH Meal Assessment By Grade Level and Meal Category





Questions?

