



## Discussion Item

**Date:** April 7, 2026

**Division:** Schools - Guidance and Counseling

**Subject:** Guidance and Counseling Update

### **Background Information:**

- This is an update on the impact of the work of the Guidance and Counseling department initiatives.
- The scope of the Guidance and Counseling department includes programming to address personal, social, academic and mental health needs of students in order for them to be successful academically, personally and socially.
- Forty campuses were recognized by the Texas School Counselor Association for exemplary Texas Model Comprehensive School Counseling Programs and all counseling programs are defined by 2 TEC 33.005, 2 TEC 33.006.

### **Administrative Consideration:**

- Erin Walter, Director, will be presenting data and information regarding the Guidance and Counseling programming and services for students, families and staff.
- Through the implementation of the Texas Model for Comprehensive School Counseling Programs, counselors are able to focus on the four components: responsive services, guidance, individual planning and system support.
- With the utilization of a time tracker tool the data shows that professional school counselors are able to spend more than 80% of their time on counseling duties and programming as defined by the Texas Model for Comprehensive School Counseling Programs.