

SISD Special Olympics Delegation



Special Olympics
Texas

Special Olympics Mission

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

Young Athletes

- The Young Athletes Program (YAP) is a sports play program designed to introduce children ages two to seven to the world of physical activity.
- Children with and without intellectual disabilities participate together, prior to and regardless of Special Olympics eligibility at age eight.
- The program concentrates on applying the skills learned through these activities in preparation for Special Olympics or traditional sports competitions.

Athletes in Training

- Bocce- November to February
- Athletics (Track and Field)- March to May
- Ages 8 to 18 +



MATP

- The Motor Activities Training Program is designed specifically for athletes who are unable to participate in traditional Special Olympics sports.
- The program was created to enhance individual motor skills, sport skills, and physical fitness.
- MATP is its own program, has its own lessons, and is primarily for those who are severely physically disabled - wheelchairs, extreme assistance, etc.

What we have done...

1. Volunteer Recruiting
2. Bocce and MATP Coaches Training
3. Bocce Field day for parents and students. Hook, Gilbert, and SHS life skills classes attended.

What are we doing?

1. Bocce practice M/W/F during PE time at the high school for all students in the life skills classrooms. (23 students)
2. After school Bocce Practice on Tuesday evenings for all students with intellectual disabilities ages 8 to 18+ from 5:15 to 6:00pm.
3. MATP for students with the most significant physical disabilities during PE times at the high school. Mr. Wayne Cooper, PT assistant is providing instruction to volunteers.
4. Young Athletes twice weekly at Chamberlin and Central.
5. We currently have 10 volunteers from Tarleton who are serving in different capacities throughout the programs.

The Impact

- ★ **Approximately 55 students with intellectual disabilities have the opportunity to participate in a sports program built with them in mind.**
- ★ **Our school district is partnering with our athletes and their families to provide facilities, volunteers, and a quality sports program to ALL students.**

Athlete Oath

"Let me win. But if I cannot, let me be brave
in the attempt."



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