



FEBRUARY 2015

Jamie Ongman Principal

Erik Lathen, Assistant Principal / Athletic Director

COUGAR HAPPENINGS AT IVHS.....

To All Parents & Guardians,

The end of January also brings the end of the 1st Semester, and with it a great appreciation from me for the staff that works at this school. The past few weeks have been a constant effort in providing students time to re-assess or be re-taught the content in their classrooms. The staff has met this with poise and confidence. A goal of the building is to increase the student completion rate across the curriculum. The staff, in trying to reach this goal, has put in extra time and investment in students during extended learning times. We look forward to the 2nd Semester in increasing the student course completion success rate even more. We thank you in advance in partnering with us in this effort.

Looking Forward


The start of the 2nd semester brings many activities.
A few things that will happen this spring:



- **OAKS State Assessment** – Juniors will be taking the OAKS Science OAKS State Assessment in February. This will be the last time that students will test with the OAKS assessment bank. In the coming years, Juniors will assess using the **Smarter Balanced** assessment.
- **Essential Skills** - In order to graduate, all seniors need to meet the essential skills part of the diploma in **Math, Reading** and **Writing**. We are currently in the process of working with current seniors that have not passed one or more of these. Seniors current are, and will continue into the spring, to take the State assessment in order to meet. We are also working on other state approved avenues for students to meet the essential skills. Please have conversations with your senior on their current status of their essential skills, and if needed, contact the school for information or questions.
- **Academic Masters**- This year, Illinois Valley High will host the **Academic Masters** competition. This competition will take place on April 29th, and will showcase Academic talent in the areas of Mathematics, English, Science, Social Studies & Music. The schools that will be competing will be Illinois Valley, Hidden Valley, North Valley and Grants Pass. The school with the highest attendance from the student body wins an attendance award, we would really like to show the other schools our Cougar pride, especially with us hosting.

Finally, you can follow all things from Cougar Nation, including activities, academics and school culture, on Twitter at @ivhscougars.

Way to Go Cougars!!


Jamie Ongman, Principal



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Three Rivers School District Board Meeting
Tuesday, February 17th
6:00 PM

JAM THE GYM
IVHS vs Cascade Christian
Friday, February 6th

Winter Ball
'A Night in the Wardrobe'
Saturday,
Feb 14th, 2015
8:30—11:30 PM
\$15 each/\$25 couple

THREE RIVERS SCHOOL DISTRICT



February 2015

Erik Lathen, Athletic Director

Ms. Heather Merrill, Athletic Secretary

SPORTS & COMPETITION REPORT FROM THE COUGAR DEN

SOUTHERN CASCADE LEAGUE SPORTS: [HTTP://WWW.SOUTHERNCASCADELEAGUE.ORG](http://www.southerncascadeleague.org)

February 2015 Sports & Events

GIRLS BASKETBALL

02/06/2015	Girls JV	4:00pm	Cascade Christian
02/06/2015	Girls Varsity - Senior Night	5:30pm	Cascade Christian
02/07/2015	Girls JV	3:30pm	@ Rogue River
02/07/2015	Girls Varsity	6:00pm	@ Rogue River
02/10/2015	Girls JV	4:00pm	@ Prospect
02/10/2015	Girls Varsity	6:00pm	@ Prospect
02/13/2015	Girls Varsity	5:30pm	@ St. Mary's
02/18/2015	Girls Varsity	TBD	Tourney
02/21/2015	Girls Varsity	TBD	Tourney



BOYS BASKETBALL

Date	Activity	Time	Versus
02/02/2015	Boys JV	4:00pm	@ St. Mary's
02/06/2015	Boys JV (@ LBMS)	5:30pm	Cascade Christian
02/06/2015	Boys Varsity - Senior Night	7:00pm	Cascade Christian
02/07/2015	Boys JV	5:00pm	@ Rogue River
02/07/2015	Boys Varsity	7:30pm	@ Rogue River
02/10/2015	Boys Varsity	7:00pm	@ Prospect
02/13/2015	Boys JV	4:00pm	@ St. Mary's
02/13/2015	Boys Varsity	7:00pm	@ St. Mary's
02/17/2015	Boys Varsity	TBD	Tourney
02/20/2015	Boys Varsity	TBD	Tourney



WRESTLING

Date	Activity	Time	Versus	Location
02/05/2015	Boys Varsity - MEET	4:00pm	vs Coquille, Pleasant Hill	Coquille High School
02/06/2015	Boys Varsity - Tourney	9:00am	@ Cottage Grove	Cottage Grove High School
02/07/2015	Boys Varsity - Tourney	9:00am	@ Cottage Grove	Cottage Grove High School
02/12/2015	Boys Varsity - MEET	4:00pm	Glide, Rogue River	Illinois Valley High School
02/20/2015	Boys Varsity - DISTRICT	TBD	TBA	Districts @ Rogue River HS
02/21/2015	Boys Varsity - DISTRICT	TBD	TBA	Districts @ Rogue River HS
02/27/2015	Boys Varsity - STATE	TBD	Away vs. TBA	Portland Convention Center
02/28/2015	Boys Varsity - STATE	TBD	Away vs. TBA	Portland Convention Center

MATHLETES

Date	Activity	Time	Location
02/10/2015	Tournament	7:00 AM	@ North. Medford

SPEECH & DEBATE

Date	Activity	Time	Versus
02/20/2015	Tournament	TBD	@ University of Oregon
02/21/2015	Tournament	TBD	@ University of Oregon

EQUESTRIAN

Date	Activity	Time	Location
2/1/2015	Tournament	TBD	Jackson Cty Fairground
2/27/2015	Tournament	TBD	Jackson Cty Fairground

Please note: This schedule is subject to change. Events could be added or cancelled, and, times could be adjusted. Talk with your student and their coach to stay informed of any changes.

SPRING SPORTS INFORMATION

In an effort to be ready for **Spring Sports**, please review the information contained here so that your student will be ready to practice on the first day, and, be eligible to participate in the first contest. If you have any questions or concerns, please contact our Athletic Department.

- ⇒ Sign ups for Spring Sports begins—2/9/2015
- ⇒ Spring Sports practice begins—3/2/2015
- ⇒ Paperwork/Items needed to be eligible
 1. Current Physical on file
 2. Completed Athletic Participation packet. (including insurance information)
 3. Payment (or arrangements made) for Participation fee.



ILLINOIS VALLEY HIGH SCHOOL

FACTS YOU SHOULD KNOW.....

IVHS STUDENT-BASED HEALTH CENTER NEWS

SPORTS PHYSICAL INFORMATION:

ALL SPORTS PHYSICALS WILL COST \$25. THIS PRICE IS GOOD ALL THE TIME, AND AVAILABLE AT ALL SISKIYOU COMMUNITY HEALTH CENTER SITES. THIS INCLUDES THE SCHOOL-BASED HEALTH CENTERS, THE CLINICS IN CAVE JUNCTION AND GRANTS PASS, AND SISKIYOU'S WALK-IN CLINIC IN GRANTS PASS.

PHYSICALS NEED TO BE COMPLETED OR UPDATED IN ORDER TO BE ELIGIBLE FOR SPORTS. CALL OR STOP BY THE HEALTH CENTER TO SCHEDULE AN APPOINTMENT!



CALENDAR OF EVENTS

FEBRUARY 2015

- 1st First Day of 2nd Semester
- 6th "Jam the Gym" - IVHS vs Cascade Christian 7:00 PM
- 9th IVHS SPIRIT WEEK – 2/9 through 2/13
- 14TH IVHS Winter Ball Dance 8:30 – 11:30 PM
Valentine's Day
- 16th PRESIDENT'S DAY – HOLIDAY No School
- 17th TRSD Board Meeting @ District Office 6:00 PM



COMMUNICATIONS:

SYNERVOICE—AUTOMATED VOICE MESSAGING
& ATTENDANCE NOTIFICATIONS

We will use **Synervoice** to send out important messages about school closures and school events. When you get a call from the school using **Synervoice**, it is important that you say "Hello" as this triggers the message. If you have voicemail, it will leave a message. If you have email registered with the school, we will often send emails as well.



At this time, our Attendance Clerk, Mary Paul, personally follows up on absences on a daily basis. If your student missed all or part of school, please call the school the next morning to clear your student's absences. The number is 541-592-2116; ask for the attendance office. You may also send Ms. Paul an email to verify or excuse an absence or tardy: mary.paul@threerivers.k12.or.us. *It is very important for you and your student to have these absences cleared. Students end up doing lunch detentions for un-cleared absences.*



'A Night in the Wardrobe'
Saturday, Feb 14th, 2015
8:30—11:30 PM

SENIOR PARENTS –

We need help for the Winter Ball!

This is a combined fundraiser for the Senior Class & Leadership. The more parents and seniors that help the more money for the All-Night Grad Party.

WE NEED HELP IN THE FOLLOWING AREAS:

- * DANCE SET-UP & CLEAN-UP AND
- * CHAPERONING.

Please contact Erica Butler,
(Erica.butler@threerivers.k12.or.us),
or call IVHS @ 541-592-2116

ILLINOIS VALLEY HIGH SCHOOL

FACTS YOU SHOULD KNOW (CONT)

FLUID DELIVERY During School Hours



It is always our goal to help students learn, succeed, and thrive, and, as parents/guardians, you know that healthy eating is one tool that is beneficial.

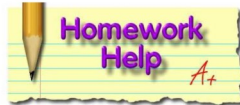
We encourage our students to eat during the regularly scheduled breakfast and lunch times. We do understand that there may be times when this does not work as planned. As a supplemental time, the school schedule provides a morning break, and, for most of the week, an afternoon break, which allows students to grab a quick snack or drink, should they choose to.

If you need to bring food/drink to the school for your student, please understand that there is a guideline in place that will not allow class time to be disrupted.

The process of how food and/or drinks are delivered to students during regular class time hours will be as follows:

- ⇒ ANY food or drink brought to the school for a student will be delivered at an end -of-class bell.
- ⇒ Food/drinks left for student athletes, or, students going on a school-sponsored field trip, will be able to pick up BETWEEN classes, or, on their way out to the bus
- ⇒ NO food or drink will be delivered to a student during ANY class time periods.

If you have any questions or concerns, please do not hesitate to contact our office.



MORNING

Homework Help hours

7:15—7:45 AM,

MONDAY THROUGH THURSDAY



AFTERNOON

Homework help hours:

3:30—5:30 PM

TUESDAYS & THURSDAYS

The afterschool bus will transport students, per the "Straight-Line" bus route, Monday through Thursday.

- Students who are staying for after-school tutoring and are riding the bus are expected to stay in the classroom the entire time.
- Students who are walking, being picked up, or driving themselves may leave when they have finished working.
- **Students may not leave the campus and return later.** Students are given a 15 minute break and snack about 4:30. There is no cost for this snack.
- **No student will be allowed to ride the activity bus if they are not in an after school program or a sport.** We will tell the bus drivers to transport the student home, but a referral will be written, followed by consequences.
- Students are required to sign in and out. If you are assuming your child is coming to after-school, you may call the school the following day to check on attendance.

Many students could benefit from this extra help, so encourage your students to attend if they need the extra help.

Illinois Valley High School Presents the 3rd Annual



Help us "JAM the GYM"

Friday, February 6th, 2015

As both IVHS Boys & Girls Basketball teams compete against the Cascade Christian "Challengers"



Game Times are:

- Girls JV game 4:00 PM
- Boys JV game (@ LBMS) 5:30 PM

- ❖ Girls Varsity game 5:30 PM
- ❖ Boys Varsity game 7:00 PM

Admission prices are:

- Adults \$ 5.00
- Students \$ 4.00
- Elementary Students (w/an adult) \$ 3.00
- Children 5 & under (w/an adult) FREE
- Senior Citizens \$ 3.00



- ❖ SENIOR NIGHT - Senior players will be recognized before the start of both Varsity games

"Jam the Gym" sponsors are; Kerby Electric, Southern Oregon Food & Beverage, and Speedy Pack & Ship.



Yearbook Sales



2014-2015 IVHS YEARBOOK

ON SALE NOW. GET YOURS ORDERED WHILE PRICE IS STILL DISCOUNTED.

YEARBOOK	\$ 45
YEARBOOK PERSONALIZATION	\$ 5

SENIORS - COMPLETE YOUR ORDER AND RECEIVE A FREE MEMORY BOOK,

ONLY WHILE SUPPLIES LAST!

\$ 25 down payment will confirm your order. To place your order, please contact our IVHS Bookkeeper, Diana Hall, 541-592-2116.





Illinois Valley High School

21st Century Enrichment

After School Programs

The following classes have been provided by a grant through the **21st Century Learning Center**, and are open to I.V. High School students, Home Schooled students at the level of 9th-12th grades, and students enrolled in a registered GED program. Parents and relatives of any of these eligible students are also welcome to participate in this program.

All after school classes begin at 3:30 PM and end at 5:30 PM

Snack is provided for all after school classes.

Mondays

- ◆ Yoga for Athletes
- ◆ Healthy Cooking
- ◆ Welding Skills
 - ◆ Art Stars
- ◆ P90x Lifting Class
- ◆ Hunter Safety

Tuesdays

- ◆ Board Game Bonanza

Wednesdays

- ◆ All About Music
- ◆ Healthy Cooking
- ◆ Welding Skills
 - ◆ Art Stars
- ◆ P90x Lifting Class
- ◆ Hunter Safety
- ◆ College Dreams
- ◆ Healthy Acting skit

Thursdays

- ◆ Battle of the Books

Before School Homework Help

Mondays—Thursday 7:15—7:45 AM

After School Homework Help

Tuesdays: Math, English & Social Studies

Thursdays: Science & Elective courses

All classes are held at **Illinois Valley High School**, 625 E. River Street, Cave Junction, OR 97523

Coordinators are: **Sara Creek**, (sara.creek@threerivers.k12.or.us), &

Scott Thornhill (scott.thornhill@threerivers.k12.or.us)

For more information, send an email to either coordinator, or call, 541-592-2116.



Winter Ball



A Night in the Wardrobe



Saturday, February 14, 2015

8:00—11:30 PM

Tickets—\$15 person / \$25 couple



ILLINOIS VALLEY HIGH SCHOOL



For Juniors

- ✓ **Take the SAT:** It is suggested that Juniors take the SAT or ACT's in the spring of their junior year. The SAT exam will be given at IVHS in May. See Ms. Thornhill in the Counseling Center to see if you qualify for a fee waiver. Register for the SAT at www.collegeboard.org. Our school code is 380150. Students may also choose to take the ACT. Sign up for the ACT at www.act.org
- ✓ **Junior Girls:** If you are interested in attending Girl's State, a leadership event for 5 days sponsored by the American Legion, please see Ms. Tucker in counseling.

Seniors Planning to Enroll in College in the Fall of 2015

- ✓ **Take the SAT or ACT** if you are planning to go to a university. Go to www.collegeboard.org to register for the SAT, or www.act.org to register for the ACT.
- ✓ **Apply to Schools:** Don't forget to get your applications for admissions and scholarships in by school deadlines. If you qualify for free or reduced lunch, you may be eligible for a deferral of application fees to Oregon University System schools. Many state universities had early admissions in November, so check the admissions deadlines for the colleges you want to attend.
- ✓ **File your FAFSA (Free Application for Federal Student Aid):** Each student and one parent must complete this application for a student to be eligible for federal and state college grants (free money!!). First apply for a PIN at www.pin.ed.gov. Both the student and one parent/guardian must have a PIN (your electronic signature) to apply for the FAFSA. As soon after **January 1st** as possible, complete the FAFSA at www.fafsa.ed.gov.
- ✓ **IV Scholarship Packet:** Go through the IVHS Scholarship Packet and decide which scholarships you want to apply for. You will need **two letters of recommendation** (at least one from non-school, non-family). Ask your employers, community members, or friends of the family. You will also need to turn in two staff recommendations and typed responses to four short essay questions. The scholarship application is available online at <http://www.jocoeducationalfund.org> The deadline to get all of the materials in is: **2/20/2015**.
- ✓ **Apply for the Oregon Student Assistance Commission (OSAC) Scholarships:** This online scholarship application contains the Ford and Gear Up scholarships and many others. Complete the application at www.oregonstudentaid.gov, available in Nov. Early Bird due date 2/16/13. Final due date **3/1/15**
- ✓ **Apply for RCC Foundation Scholarships:** If you may be attending RCC you should submit their scholarships application. Three out of four students who submit an application receive a scholarship. Apply online at www.rccfoundation.org.
- ✓ **Check for additional scholarships available posted in Counseling.**

See Ms. Tucker in Counseling or Ms. Sara Creek in the Career Center if you have any questions or need assistance with scholarships or financial aid.

THE ILLINOIS VALLEY HIGH SCHOOL

PARENT & STUDENT RESOURCES

YEAR-ROUND IN-SCHOOL & ON-LINE STUDY RESOURCES AVAILABLE

ON-LINE SUPPORT TO HELP YOUR STUDENT KEEP THE SKILLS LEARNED, IN SHAPE. LIKE EXERCISING YOUR MUSCLES ON A DAILY OR WEEKLY BASIS, SO TOO DOES THE BRAIN NEED ITS PHYSICAL ACTIVITY.

THE FOLLOWING WEB SITES ARE PROVIDED TO ASSIST WITH THE "SUMMER BRAIN EXERCISE" ROUTINE.

My student doesn't understand their homework . . . now what?

We have all been in the situation where our students don't understand the homework and we are trying to dust off the files in our head to remember how to do that math problem or remember what happened in this historic battle. It can be frustrating for both the student and the parent to get through the homework. In today's world full of technology students have numerous resources available to help them re-learn the concepts. The following are just three of the many sites available.

Khan Academy – www.khanacademy.org This website has over 4,000 videos on subjects from geometry to chemistry to computer science. This is a great tool that actually reteaches the material step by step. Many times hearing the concept explained by someone else makes that light bulb turn on and the student understands. Interactive practice is also available to solidify the concepts.

Sophia – www.sophia.org Video clips are also available at Sophia, but there is also much more. Over 28,000 tutorials including slideshows and screencasts are available anytime. The site also tailors the information according to the student's learning style, which is determined through a short quiz.

Quizlet – www.quizlet.com This is a great study tool. There are thousands of flash cards & quizzes on the site developed by students and teachers from around the world in nearly every subject you can think of. Students can use an already created tool or create one of their own to challenge themselves and others in their class. This is a great vocabulary tool.

We hope you will find these resources helpful. If you would like more information or other ideas how to help your child at home please do not hesitate to contact the office.



ODYSSEYWARE is an on-line academic website which provides innovative, 21st century learning opportunities for our students.

Three Rivers School District/Illinois Valley High School uses this program for students outside of the regular classroom setting, and for students that need to do make up classes (Credit Retrieval) to be eligible for graduation.

ODYSSEYWARE (OW) is web-based, If you have internet access, your student can access his/her assignments, which allows them the ability to complete the courses as fast as he/she needs to, whether they are in the classroom or at home.

To access the ODYSSEYWARE web site AFTER he/she is registered, your student will need to go to <https://3rivers.owschools.com>. From there, they will be able to login and access the courses that they are enrolled in.





LIBRARY BOOKS FOR ILLINOIS VALLEY HIGH SCHOOL



Reading is the most important skill a child can learn. It is vital to every child's success and it is the door opener to the 21st century for all children. No matter how advanced technology becomes, reading will continue to be the key that helps kids master all others.

When kids get older they are easily distracted. Reading often takes a backseat to other pursuits and interests. However, the more a child reads, the more confident and skilled they become. Motivating a child to keep reading and to understand and think critically and creatively about what they have read are the end goals.

So, head to the library, the bookstore, the Goodwill, or any place where books are sold. Get more involved in reading, reading to each other and reading aloud. Together we can make a difference in kid's lives that will last a lifetime. We invite and encourage all the members of our community to READ! READ! READ!

With these thoughts in mind, our local Grants Pass bookstore, **Oregon Books & Games**, is a jewel.

- They will contribute **5%** of all purchases to **Illinois Valley High School**, if the customer requests **IVHS** to be the recipient of the contribution.
- The customer must request **IVHS** at the time of payment in order for our library to receive the gift certificate.
- In return, the library will use the money to purchase new books.
- As an added convenience, people may order online at www.oregonbooks.com and pick up their purchases in the store.
- Don't forget to designate **IVHS** when paying. The bookstore does not have the ability to accept payments online but will accept credit card payments over the phone; remember to mention **IVHS**. They will mail your purchase for a fee if you are unable to pick up at the store.

Oregon Books & Games is a full-service community bookstore that has served our area for more than twenty years. They feature a full range of books for young children, teens and adults. Book choices include mystery and adventure novels, fantasy, romance, graphic novels, and the latest bestsellers from more than 100 publishers.

For more information, please contact the **IVHS Librarian, Trudy Stehelin**, or, you may contact Oregon Books Games directly at:

150 NE "E" Street
Grants Pass, OR
541-476-3132
www.oregonbooks.com



THREE RIVERS SCHOOL DISTRICT

ILLINOIS VALLEY HIGH SCHOOL
625 E. RIVER STREET
CAVE JUNCTION, OR 97523

Or Current Resident



WE'RE ON THE WEB
WWW.THREERIVERS.K12.OR.US