

We would like to recognize these PARTNERS Board Members who serve as our mentors & advocates in building healthy communities for kids.

<b>Keith Nelson</b> SLC Commissioner 6 <sup>th</sup> District	<b>Tom Rukavina</b> SLC Commissioner 4 <sup>th</sup> District	<b>Steve Raukar</b> SLC Commissioner 7 <sup>th</sup> District
<b>Kevin Scaia</b> Chisholm Council	<b>Ray Marsnik</b> ISD 696-Ely	<b>Gary Skalko</b> Mt. Iron – Mayor
<b>Mary Hess</b> Aurora – Mayor	<b>Scott Smolich</b> Aurora Council	<b>Nevada Littlewolf</b> Virginia Council
<b>Greg Manninen</b> ISD 706-Virginia	<b>Rob Kutsi</b> Gilbert – Mayor	<b>Larry Sokoloski</b> ISD 712-Mt.Iron/Buhl
<b>Heidi Omerza</b> Ely Council	<b>Walt Hautala</b> ISD 2711-Mesabi East	<b>Mona Putzel</b> ISD 2154-Eveleth/Gilbert
<b>Jeff Polcher</b> ISD 701-Hibbing	<b>Chet Larson</b> ISD 2142-St. Louis County	<b>Leanne Johnson</b> ISD 695-Chisholm
<b>Chip Holter</b> Hoyt Lakes Council	<b>Tom Beaudry</b> City of Cook	<b>Bernard Collins</b> ERATS
<b>Babbitt City Council</b>	<b>Tower City Council</b>	<b>Biwabik Twp Board</b>

This conference is sponsored by: St. Louis County, Partners Board, and many local businesses, agencies and community supporters

**St. Louis County IRYA Staff:**

Taryn Burnett and Tyler Erickson,  
Youth Program Coordinators  
Shelly Jamnick, Support Staff



# IRYA Youth Conference

Fortune Bay Resort – Lake Vermilion

**February 22, 2016**

8:30–9:00	Registration T-shirt pick up
9:15–10:30	Welcome Keynote speaker, Jamie Nabozny “Bullied: The Jamie Nabozny Story”
10:35–11:05	Workshop 1 Look on your nametag... It has your room assignments!
11:10–11:40	Workshop 2
11:45–1:10	Lunch and entertainment Keynote speaker, Steve Meade “Virtual Reality Tour” Visit Information Booths
1:15–1:45	Workshop 3 Attend your workshop selection!
1:45	Release students back to BUSES

Please remember to fill out your evaluation form.



Thanks for attending ... We hope you enjoyed the conference ...  
**Go Out & Make a Difference!**

# Workshops

# One: 10:35 - 11:05 #Two: 11:10 - 11:40 #Three: 1:15 - 1:45

## Success: The Right Answers (Executive Boardroom)

by Ely IRYA

Learn job interview skills.

## Got Money? (Woodland Ballroom)

by Cherry IRYA

Teen job searching skills that pay the bills.

## Let's Talk About Sex (Tamarack)

by Chisholm IRYA

Consequences and realities of teen sex.

## Drop and Give Me Zen (Sumac)

by Ely IRYA

Physical & mental benefits of Zumba & healthy eating.

## Keep Calm & Don't Stress On (Balcony)

by Southridge IRYA

Are you stretching yourself too thin?

Learn time management for stress relief.

## The Situation Room (Poolside)

by Northeast Range IRYA

Responding in controversial moments.

## Danger of Dieting (Lobby Stairwell)

by Eveleth/Gilbert IRYA

Impacts of malnutrition and fad dieting

## Life Inside a Box (Spruce)

by Mesabi East IRYA

The truth about poverty.

## What Does Your Cell Phone Mean to You?

(Hospitality Suite)

by Virginia IRYA

How much is too much? Impacts of cell phones on physical health.

## We would like to give a warm welcome to this year's "Make A Difference 2016" speakers

**Jamie Nabozny** grew up in Ashland, Wisconsin. His life changed drastically when he was targeted in middle school for being gay. His years of harassment ended with a beating that put him in hospital and required abdominal surgery. After realizing that many other young people endured similar fates, he decided to fight back. He won a Landmark Lawsuit in Federal court that establishes that all young people, including gay, lesbian, bisexual or transgendered, deserve a safe educational experience. "Bullied", a documentary, chronicles his life. Jamie now speaks out for the millions of kids bullied in our schools every day. He travels the country and shares his story so that no child has to endure what he endured.



## Today's program is presented by St. Louis County - Iron Range Youth In Action Program and students from Iron Range High Schools.

**Steve Meade** first started his exploration into the world of hypnosis, back in 1990 while preparing for his final semester of college at Iowa State University. During the fall before his final semester, he got a hold of a self-hypnosis training audiocassette that was designed to teach him how to hypnotize himself to achieve his goals.



He used the knowledge he gained from that training audio, to hypnotize himself to get better grades - and boy did it ever work. That semester he got straight A's. As a direct result of that experience, several years after graduating from college, he apprenticed with one of the top hypnotists in the world. He learned how to hypnotize people for greater success in their life. This training was even more powerful than the original training from the audiocassette, and has helped him to now become one of the country's top performing hypnotists and a powerful Hypnotherapist.