

LVISD Wellness Plan



January 19, 2026

Presented by Mr. Paul Goetzke, Executive Director of Human Resources, Angela Rodriguez, Child Nutrition Director and Alysha Evans, Health Services Coordinator

2025-2026 Wellness Plan

Purpose & Oversight

- Annual Review Process
- Supports Board Policy FFA (Local)
- Meets federal and state wellness requirements
- Reviewed with stakeholder input through SHAC (School Health Advisory Council) at January 14, 2026 meeting.

Key Health Services & Nutrition Updates

- Nutrition education promotes healthy decision making
- Healthy food choices reinforced across campuses
- No changes to Smart Snack fundraiser exemptions at NSLP campuses
- Collaboration between Health Services & Child Nutrition

Fundraisers & High School Nutrition Clarifications

NSLP Campuses

- Primary, Intermediate, Junior High
- Smart Snacks apply
- Up to 6 exempt fundraiser days

High School

- Does not participate in NSLP/SBP
- Smart Snacks do not apply
- Internal nutrition standards used

Governance, Accountability, & Next Steps

- SHAC provides review and recommendations
- Health Services Coordinator, Alysha Evans, BSN, RN, responsible for updates and implementation
- Triennial assessment and public posting of Wellness Plan required