

Executive Summary

Prepared for Board of Trustees Meeting

July 29, 2008

2009 Employee Wellness Program

Purpose of Report

This report is to provide information to the Board of Trustees regarding the recommendations for the 2009 Employee Wellness Program.

Objectives

- Maintain a flexible, comprehensive employee wellness program
- Investigate available options in the marketplace

Operational Impact

Wellness Program - The Board of Trustees, as well as the employees, have expressed a desire for the District to maintain its current wellness program and to enhance the program wherever possible to encourage employees to seek a healthier lifestyle. Our current program has been handled since 2005 through Principal Wellness, formerly known as Molloy Wellness.

As wellness companies are emerging and developing more comprehensive programs, the District placed its wellness program out for proposals on May 12, 2008. We received four responses. The attached spreadsheet summarizes the costs.

Other Options

- An employee health clinic is an option to the campus based wellness day assessments and follow-up currently offered by Principal Wellness.
- The proposal from Circle Wellness Blue Option Circle Health is an option for intravenous blood draws as compared to the current finger stick option with Principal Wellness.

Results

The staff recommendation is to continue with the Principal Wellness campus assessments for 2009, but continue examining the viability of an employee based health clinic.