## SHAC Report 2009/2010

Mission Statement: The mission of S&S School Health Advisory Committee is to protect and promote the health and well being of the students of this district.

In keeping with this mission, each program or activity conducted by the S&S School Health Advisory Committee (SHAC) will strive to obtain the most up-to-date information possible about public health conditions, to direct its resources toward the areas where improvements in student health are needed, and to make every effort to ensure that the parents of the community of S&S CISD receive the vital information and services needed to maintain and improve the health and well-being of the district, as well as the community.

SHAC Members: Jill Brown, RN District Nurse, Dr. Robert Steeber, Administrative Member, Dr. Lee Yeager, Tim Kemp, Tracy Curry, Terry Baker, Michelle Saye, Marta Popiel, Dr. Kaylene Griffin, Claudia Beilstein

\*During the 2009/2010 school year we were faced with the H1N1 virus and flu outbreak. Our district was vigilant about reminding the students about hand washing and use of hand sanitizers to decrease the spread of germs. The district has been required by the health department to report all absences and confirmed cases of flu/H1N1. This is still being monitored and reported.

\*In February, approximately 100 of our students received free H1N1 vaccinations administered by the health department.

\*Michelle Saye presented criteria for food service requirements. Our district has met the standards for a couple of years. We have incorporated more fruits and vegetables in the menu. The district doesn't offer carbonated drinks in any student vending machines.

\*Tim Kemp ordered brochures titled "The Truth About Sexting". They were sent in the mail with middle school students' report cards. Mr. Kemp is currently working on setting up a presentation given by a member of the Sheriff's Department in hopes of educating the students about the legalities and dangers of "sexting".

\*The Pregnancy Care Center has done their presentation to the middle school students for the third year in a row. This has been very educational on an appropriate middle school level.

\*\*\*Goals for next year include increasing SHAC membership to include participation from the Elementary and High School campuses.

Also, it was discussed that "Less Tears, More Years" would be an excellent presentation to begin for our high school students. Dr. Yeager suggested that we contact Pottsboro ISD for more information.