Lyon County School District
Board Memo

Date: February 24, 2026

To: Board of School Trustees

From: Stacey L. Cooper; Deputy Superintendent

Re: Policy IGDC: Extra/Co-Curricular Activities Expectations

Recommendation: To approve Policy IGDC: Extra/Co-curricular Activities Expectations, per recommendations provided by PoolPACT and statute.

Background Information: Pool/PACT has proposed recommended edits to ensure alignment with current Nevada Interscholastic Activities Association (NIAA) regulations and applicable Nevada Administrative Code (NAC).

Key updates include but are not limited to the following:

- Clarify language to ensure compliance with NIAA rules, including physical examination requirements, insurance coverage, and adherence to applicable NAC provisions (NAC 385B.336; NAC 385B.370);
- Refines language regarding required pre-participation physical examinations for middle/intermediate and high school students.
- Confirms all student athletes must provide proof of health/accident insurance or purchase the district-offered plan, with no waiver permitted.
- Reorganizes and clarifies major rule/regulation violations that may result in ineligibility, including substance use, criminal offenses, and conduct inconsistent with LCSD values.
- Updates language to ensure disciplinary consequences align with LCSD progressive discipline procedures, restorative practices, and applicable NIAA regulations for sanctioned activities and
- Reaffirms academic and citizenship standards for participation and clarifies that student athletes remain subject to NIAA eligibility requirements.

Overall, the revisions improve clarity and ensures the policy reflects current statutory and NIAA requirements. These updates support consistent implementation across schools while maintaining compliance with state regulations and interscholastic athletic standards.

Budget Considerations
None

Discussed at Previous Meeting: N/A

Attachment(s):
Lyon County School District Board Policy IGDC: Policy on Extra/Co-Curricular Activities Expectations