

## Alternative Education Board Report November 2018

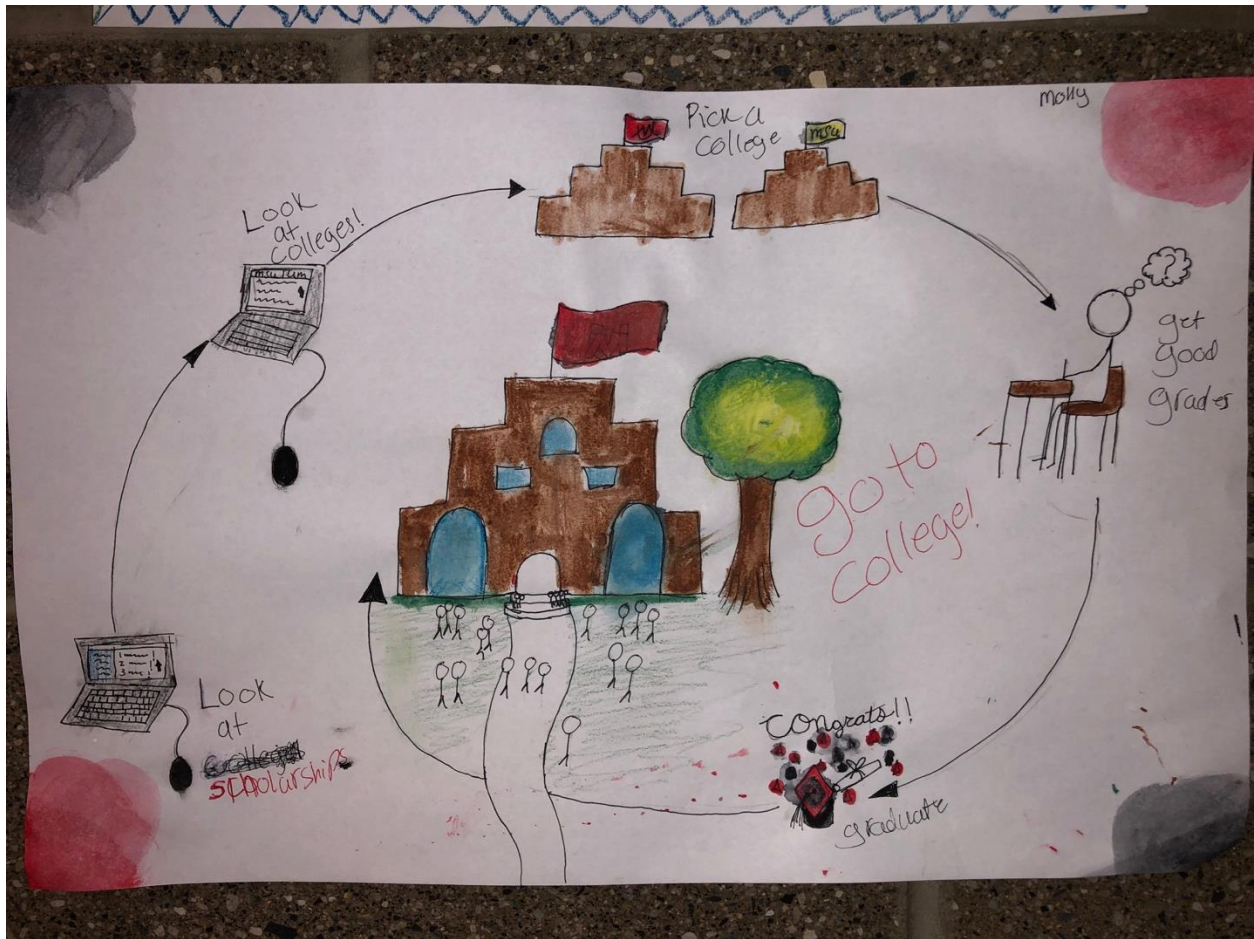
WBHA Student Recognition: Wesley BullCalf, Miran CalfLooking, Tyler Guardipee, and Jullynn Trombley

- attendance for Certified Staff = 92.29%
- attendance for Classified Staff = 88.69%
- 10<sup>th</sup> grade attendance = 74.57%
- 11<sup>th</sup> grade attendance = 58.41%
- 12<sup>th</sup> grade attendance = 64.37%
- TOTAL ATTENDANCE = 63.00 %
- 20 Home Visits
- 0 referrals
- 0 OSS
- Families brought to court
- Drops- 5 aged out and went to job corps or HI-SET. 1 is currently incarcerated.

We are beginning our 2<sup>nd</sup> quarter and have accepted more students. The students have worked extremely hard during the first quarter and we are very proud of them.

Students in Mr. Rink's first quarter English class focused in on goal making this fall, starting out with the big question of what they hoped to accomplish by the year's end. They made sure their goals were measurable and attainable and then laid out the steps they thought it would take to get there.

Last week, at the of the quarter, they revisited the goals they had set two months earlier by writing a short essay marking their progress, celebrating their successes, explaining their failures or shortcomings, and updating the steps after encountering new unexpected challenges. After setting goals for the year, working on attaining them, and monitoring their own progress, Mr. Rink's students were well equipped to set greater goals further out and outline the steps it would take to achieve them.



New teacher Katie Boyce promoted Native American Month and the students enjoyed making ribbon shirts and ribbon skirts.



We are extremely excited to be working with Montana State University to apply for a community wellness and health grant. This grant will help us address the trauma, grief and addiction issues that face most of our students and many in our community. Our goal is to create a “Mindfulness” training module and support system that can be used community wide. We have already been in contact with Dr. Michael Yellow Bird who will coordinate our training and provide ongoing technical support.

Mindfulness is a research based intervention for addressing the effects of profound trauma.

Indigenous and Tribal Peoples have a long and important history of engaging in contemplative and mindfulness practices in daily and ceremonial life. However, during different periods of European and American colonization many of the sacred and secular practices were deliberately destroyed, leaving many communities without the cultural approaches they had used for millennia to heal and restore well being. The consequences of these disruptions are evident today. Indigenous Peoples have many serious health disparities resulting in high rates of disease and disability: suicide, obesity, substance abuse, diabetes, post-traumatic stress disorder, and depression and anxiety disorders.

We also enjoyed a great Halloween and hosted a walkthrough activity with 3<sup>rd</sup> graders.





QUESTION-  
ANSWER-  
#HalloweenLovesCounseling  
Conversations @ (teacher)  
is always in the fall  
make us wonder?

