

Fort Sam Houston Independent School District
SCHOOL HEALTH ADVISORY COUNCIL
Summary Report

- Received training on the purpose, function, roles, and responsibilities of the School Health Advisory Council
- Held four meetings during the school year:
 - September 21, 2010
 - November 30, 2010
 - January 26, 2011
 - March 8, 2011
- Conducted a Comprehensive Needs Assessment that included, but was not limited to the following:
 - Reviewed, disaggregated and discussed Fitnessgram Data for three school years
 - Completed the School Health Index developed by the Center for Disease Control
 - Discussed current bullying prevention measures in place at both campuses
- Included Coordinated School Health initiatives in both District and Campus Improvement Plans
- Increased partnerships to include:
 - Mayor Castro's Health Initiative to include the Communities Putting Prevention to Work
 - FSH Health Community Health Promotions Council
- Reviewed Public Schools Nutrition Policies to include the Healthy, Hunger-Free Kids Act of 2010
- Discussed and agreed to initiate a "Good Eating" marketing campaign focused on breakfast.
 - 'Grab and Go' Breakfast Initiative at secondary campus
 - Campaign to inform and encourage elementary student participation in the school's breakfast program
- Reviewed the proposed development of "Distinction Designations" outlined in the State of Texas Assessment of Academic Readiness (STAAR) Transition Plan for 2013 and Beyond
- Reviewed and discussed pending legislative bills impacting health and wellness
- Supported professional development for school nurses, district physical education coordinator, secondary health teacher and physical education teachers
- Reviewed and discussed, *Gaining Costs, Losing Time: The Obesity Crisis in Texas*, published through Susan Combs, Texas Comptroller of Public Accounts