

## Polar Plunge 2024

We are writing on behalf of the Neah-Kah-Nie Unified Club and The National Honor Society as the advisors of these two clubs. NKN is a Unified Champion School which means we promote inclusive sport, activities and leadership for students with and without intellectual disabilities working together while engaging in the whole student body. The National Honor Society elevates a school's commitment to the values of scholarship, service, leadership, and character.

We are planning a Polar Plunge on February 24th to raise money for the Special Olympics which helps coordinate events for our Unified Club. This event raises money for the [SpecialOlympics Oregon](#), which helps to coordinate events for our Unified Club at the High School and for the [Tillamook County Local Program](#). We have signed up as an at home plunge as we wanted to include our local community rather than traveling to a SOOR sponsored plunge in the valley. We anticipate approximately 20 participants, but we will have a more accurate number when we get closer to the event. NKN staff, students, and family members can participate by signing up to plunge or donating to a member at the school who is taking the plunge. This is a link to our team's fundraising page: <https://support.soor.org/team/553709>

We have been in contact with Katey Astleford, Guest Services Director of Twin Rocks Friends Camp, who has graciously allowed us to use their waterfront free of charge. They have asked that we provide a certificate of liability insurance or event insurance. Camp staff will provide a brief orientation for people before the plunge. Participants must wear footwear. Plungers will have the opportunity to warm up around a fire and drink warm coffee, cocoa or tea. We plan to conduct a walk through with a Twin Rocks staff member soon to iron out any details.

Carlotta Roddy and Kim Gores