

# Nehalem Nugget, JUNE 2022

*Be Safe . . . Be Respectful . . . Be Responsible*



## Important Dates/Reminders

- June 2, 2022 - Spring Concert Preschool-grade 5, 6:30-7:30, on NES Field, bring a chair/blanket (weather permitting) June 7th is the backup date
- June 3, 2022 - Library books all due
- June 3, 2022 - Neah-Kah-Nie High School Graduation, Friday at 7:00 p.m.
- June 3, 2022 - 5th grade swim, 1:20-2:00
- June 9, 2022 - Last day for K/1 Swim
- June 10, 2022 - Last Day for Preschool
- June 10, 2022 - Field day, 12:00-2:15 Please contact the office if you're interested in volunteering.
- June 13, 2022 - NO LATE ARRIVAL, Follow Tues. - Fri. Pick-Up and Drop Off Times
- June 13, 2022 - School Board Meeting, 6:30 p.m.
- June 14, 2022 - Last Day of School, dismiss at 12:00 p.m.
- August 16, 2022 - Open Registration for New Students

Students will have the opportunity to participate in a variety of activities through our Summer Enrichment Program. Information coming soon!

## 2022/2023 Class Assignment & Configurations

- Preschool: Ms. Calhoun.
- Kindergarten: Mrs. Archer and Brand New to the NES is Ms. Carbury (Mrs. Thysell is retiring)
- 1st Grade: Mrs. Quintana
- 2nd/3rd grade: Mrs. Christensen and Mrs. Honts
- 3rd/4th Grade: Mr. McCoy
- 4th/5th Grade: Mrs. Henderson and Mrs. Williams

Mrs. Duer is going to be our New P.E. Teacher, Mrs. Medici is retiring

Student placement will be based on Nehalem Elementary staff recommendations derived from our cumulative knowledge of a student's individual learning needs, personal characteristics and our desire to have balanced classrooms. We hope families will trust our professional judgment regarding their student's placement and not try to make requests. Final decision will be made by the building principal based on all of the factors. Due to uncertain summer time enrollment, final class lists will be posted right before Labor Day Weekend in September.

## Spring Concert

NES is having a spring concert this Thursday at 6:30pm! To make it safer, our spring concert will be outside in our soccer field by the school. All students, Preschool through Grade 5 have been preparing for the concert to show their families what they are learning in Music. Please arrive at 6:20pm and go directly to the field. Families should bring their own outside chairs or blankets to sit on. No seating will be provided. Students will be sitting with their families until their class is called up to perform. The concert should last about an hour.

**In case of Inclement weather, NES will make a decision to postpone the concert to our backup date of Tuesday, June 7th by 2:00pm on the day of the concert. If this occurs, we will email families and tell our students before dismissal that our concert is postponed!**

## Parent Survey

We want to get feedback on how this school year has been for you and your child(ren). This survey will be used for us to get better, and will be used in setting goals and program planning for our school. There is no right or wrong answers; we just need your honest opinions.

[NES K-5 Parent Survey.](#)

[NES Preschool Family Survey.](#)

Please complete before June 7, 2022. Thank your for taking the time to help us get better.

## Preschool Registration is now open for the 22/23 school year.

*The first step is to complete the interest form through the link below.*

[Preschool Enrollment Link](#)

*Then the enrollment committee will meet to determine placements and notify parents.*



*For further information, contact*

*Katie Calhoun (503)355-3508 / [katiec@nknsd.org](mailto:katiec@nknsd.org) or*

*Julee Ward (503)355-3650) / [juleew@nknsd.org](mailto:juleew@nknsd.org)*

# 5th Grade End of Year Events

**Tuesday, June 14th**

10:45-11:45 a.m. K-5 Assembly in the gym

11:50 a.m. Bell Ringing

Families are welcome to attend. If you plan to take your student home from school PLEASE let the office know.



## MISS JENNIFER

We made it! Another year is in the books. It has been an absolute joy working with your children this year, helping them foster growth in their social emotional skills.

As we head into summer I'd like to share some ideas to continue your child's social emotional learning...



- Mindfulness has been practiced daily with our school wide morning breathing practice. I encourage you to practice this with your students at home this summer. The more they practice the more automatic the mindfulness response becomes. [MindYeti](#) is a great resource for PreK - 3rd grade. It was created by the Committee for Children who is the creator of Second Step, one of the SEL curriculum used at NES. [Waterford.org](#) is another great resource for kids and mindfulness as well. Additionally, The [Child Mind Institute](#) is a great resource in learning more about supporting your children's mental health.
- Supporting children during big emotions is crucial in building their emotional intelligence. As adults, modeling for them the recognition of our own feelings and tools to work through them is so beneficial. for kids. Below is a script as a starting point to help your kiddos work through big emotions:

### BIG EMOTION COACHING

#### 1. ACKNOWLEDGE THE EMOTION

Let the Child know that you see they are experiencing an emotion

SAY: I can see something is bothering you.

#### 2. LABEL THE EMOTION

Help the child understand what emotion they may be feeling

SAY: where is your energy level? Are you feeling comfortable or uncomfortable?

#### 3. VALIDATE THE EMOTION

All emotions are valid even if the emotion doesn't fit the problem

SAY: It sounds like you feel \_\_\_\_ because of \_\_\_\_\_. Does that sound right?

Help your child problem solve

SADNESS needs comfort



ANGER needs patience

SAY: I'm going to wait over here until you are ready.

ANXIETY needs security

SAY: You're safe, I'm here for you. Tell me about it.

I hope you have a great summer!

Love Ms. Jennifer

## Middle School Summer Enrichment Program

### 2nd Annual Summer Enrichment Program

Neah-Kah-Nie Middle School is excited to offer a FREE 1 week summer enrichment program for our students entering grades 6-8. Students will have the opportunity to participate in a wide variety of activities including: art, athletics, nature exploration, cooking, team-building, field trips, and more. Transportation and meals will be provided at no cost to participants.

**Dates:** Monday, August 22nd - Friday August 26th.

**Times:** 8:00 AM - 2:00 PM

To register, email [angied@nknsd.org](mailto:angied@nknsd.org) or contact the Middle School Office at 503-355-2990. Space is limited, so reserve your spot now.

## Current Openings for NKN school district

Go to [district website](#) (Human Resources tab) and click on Current Openings to apply.

NES is Hiring a Full Time Special Education Assistant for the 22/23 School Year. It will be posted on the District website soon! Please call NES if you have any questions.

# Substitute Employment



Beginning with the 2020-21 school year, Neah-Kah-Nie School District has contracted with [ESS](https://www.ess.com) for our substitute services. To become a substitute for the District please go to [ESS.com](https://www.ess.com), click on the Job Seeker tab and type in Neah-Kah-Nie School District to begin the application process.

If you have questions about the application process, or becoming a substitute, please contact [ABrueske@ess.com](mailto:ABrueske@ess.com) or our Human Resources office at 503-355-3506.

## COMMUNITY NEWS

### SUMMERTIME FUN @ the NCRD

#### NCRD Youth Center

Can you believe the end of the school year is here? We here at NCRD are getting ready to switch over to our summer program. If you need summer care please call, email, or go on-line at [NCRD.org](https://www.ncrd.org) and get on our wait list today as spots are limited. Daily cost for summer care is \$20 a day. NCRD youth staff will pick up registered children at Noon on NES's last day of school June 14th at which time we will then transition into our summer program schedule. \*Please note, NCRD is NOT open June 20th in observation of the June-teeth Holiday. While your child is with us we will provide a nutritious morning and afternoon snack as well as enrichment activities (outdoor play/walks, gym time, crafts, music, science, etc.) Lunches this summer will be provided by Grub Club, huge thank you to them. We have a lot of fun activities planned for this summer including field trips, camps, swimming, story time, and a virtual trip to 8 different countries. Scholarship applications are available upon request. Scholarships for students are funded through the Friends of NCRD, who support families in need through various fundraisers throughout the year. Please let any youth center staff or the welcome center know if this is needed, we will get you the form.

#### Youth Sports

Youth T-ball/Baseball starts June 7th and goes for 6 weeks, looks like a good turn out and teams are being formed now. Soccer was amazing with a larger turnout than anticipated, please watch the

NCRD website for fall soccer. We want to say thank you to all the kids who came out and gave it their all, the parents who got them there, and the talented coaches for their time, commitment, and love of the sport. If you have ever thought about coaching, there is no better time than now.

## **NCRD Pool**

NCRD AQUATICS SUMMER 2022

Effective June 27, 2022

### RECREATIONAL AND SWIM LESSONS SCHEDULE

Recreational Swim (OPEN SWIM)

Monday-----Friday (5 days a week) 1:00-----3:00pm

\$2 per student \$18(10x swim pass)

\*\*\*Children 5 years and younger must be accompanied by an adult\*\*\*

Family Swim (OPEN SWIM)

Wednesday Evening 6pm----7:30pm

(Adults must accompany children)

Swim Lessons

Tuesday & Thursday

9:15-----9:45 Parent/tots (1x per week)

- Current Seasonal pricing applies....in-district: \$42=6 lessons out of district: \$54=6 lessons

10:15-----10:45 Beginner/Intermediate level (separate groups)

- 4 sessions-----2 weeks in each session-----4 classes in each session (Tuesday & Thursday)

11:00-----11:30 Intermediate Level

- 4 sessions-----2 weeks in each session-----4 classes in each session (Tuesday & Thursday)

Sessions

#1 June 28, 30 & July 5, 7

#2 July 12, 14 & July 19, 21

#3 July 26, 28 & August 2, 4

#4 August 9, 11 & August 16, 18

Summer Swim Lessons: in-district price: \$32 (4 lessons, 1 session) \$15(second child)

Summer Swim Lessons: out-of-district price: \$40(4 lessons, 1 session) \$20(second child)

\*\*Call or e-mail for Reservations\*\* (No drop-ins)

1-855-444-6273 NCRD Aquatics #3

[suedg@ncrdnehalem.org](mailto:suedg@ncrdnehalem.org)



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